Frozen Yoghurt Fruity Smiling Faces

Makes 12

Ingredients

- 24 blueberries
- 6 strawberries or 12 orange segments (ensure there are no pips inside the segments)
- 200g yoghurt (of your choice)

Equipment

- 12 reusable muffin cases
- muffin tray (or baking tray)
- freezer
- spoon
- knife (adult use/ supervision)

Method

1. Wash all of the fruit before use.
2. Spoon equal amounts of yoghurt into the 12 reusable muffin cases.
3. Place two blueberries in each muffin case to look like eyes.
4. Slice the strawberries and place one on each of the yoghurt snacks to look like a smiling mouth (or use orange segments for this).
5. Place each muffin case in the muffin tray (or arrange on a baking tray).
6. Lay them flat in the freezer and freeze them until they have set/are solid.

Children could use the fruit to create different facial expressions!

We hope you find this resource useful. These recipes are intended as general guide only and involve the use of knives and kitchen appliances. It is your responsibility to assess risks and ensure the activity is safe for those participating. We will not be held responsible for the health and safety of those participating and cannot accept any liability. It is also your responsibility to ensure you are fully aware of the allergies and health conditions of anyone making or consuming these products – noting potential allergens included in the ingredients. Once frozen, keep in an airtight container or bag. It is your responsibility to consume these frozen yoghurt snacks within a reasonable amount of time after the date of freezing.