

Going to see the Doctor Activity Booklet



Parent Guide

How can I use this with my children?

Going to see the Doctor can be daunting. Take this activity booklet with you and your child can work through the puzzles while waiting.

How does this help my children's learning?

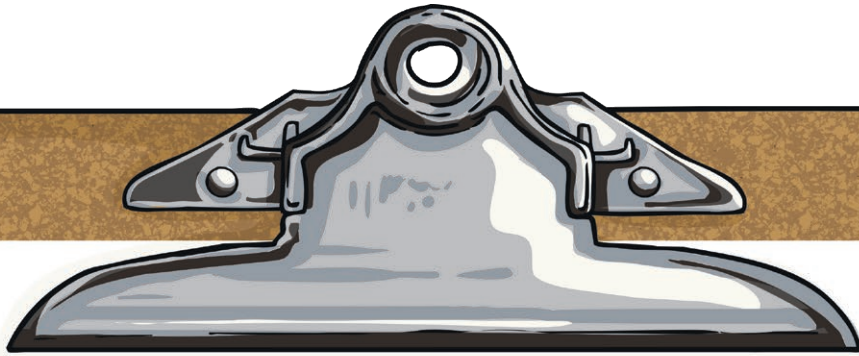
This resource may help to prepare for an appointment at your family doctor or local medical practice.

Ideas for further learning:

Why not help to plan the appointment together and talk about some of the **people who help us?**



Before your visit



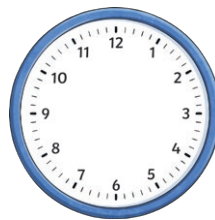
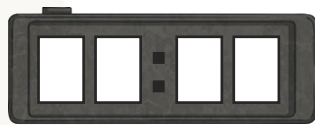
Preparing for your visit:

What day is your appointment or visit?

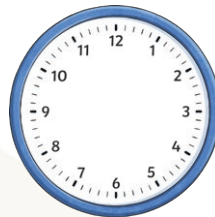
Mon	Tues	Wed	Thurs	Fri	Sat	Sun

Who are you going to see?

What time will you need to be there?



What time will you leave home to go?

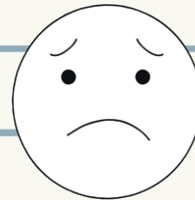


How will you get there?



Who will go with you?

How do you feel about your appointment?



What questions do you have about your appointment?

Why do people go to their family doctor?

- they are feeling unwell
- they need a health check
- for a vaccine/injection
- for a blood test
- to pick up medicine



Can you think of three more reasons to go to the Doctors surgery?

What do you think a doctor has in their bag?

Draw the items in the doctors bag

A large, empty rectangular box with a black outline, intended for drawing items that a doctor might have in their bag. The box is positioned below the text 'Draw the items in the doctors bag'.

At the Doctors Surgery Word Search

p h a r m a c i s t d r
d i e t i c i a n e b e
c g k n p s i j m y q c
w z u a m r p r i a x e
u l w u z e u w d v i p
e h t q w g i w w r k t
c h i r o p o d i s t i
p g g i a w q q f v h o
d o c t o r h c e s b n
o m w p n j c h m u t i
e k j m a n a g e r t s
a a r n u r s e b m n t

doctor

nurse

pharmacist

midwife

receptionist

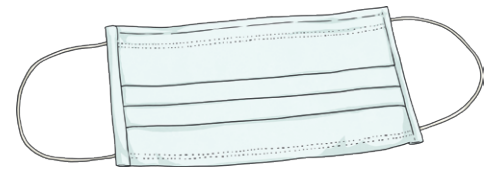
manager

chiroprapist

dietician

What would you do in these situations?

Let's Pretend



You arrive at the doctors reception 5 minutes before your appointment time and are told the doctor is running 30 minutes late.

You have been to your appointment and need to rebook to go back in two weeks for a check up.

You have arrived at the surgery and are waiting for your name to be called.

You were expecting to see Dr. Lee but now your appointment is with Dr. Zain who you have not met before.

Your Doctor has said you need a blood test. You can have this done today with a nurse or book in to come back tomorrow. Which do you decide?

You are close to your appointment time but need the toilet.

Things you might be asked to do:



Wait your turn

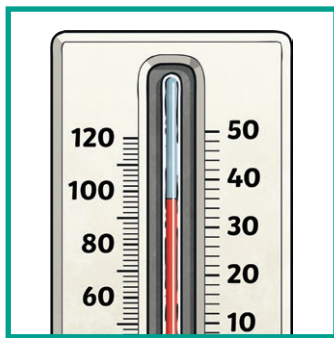


Wash your hands

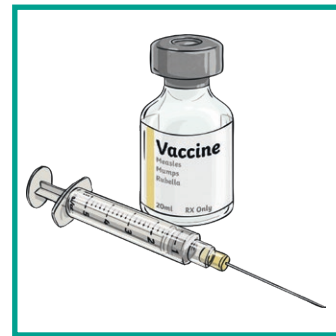


Follow instructions

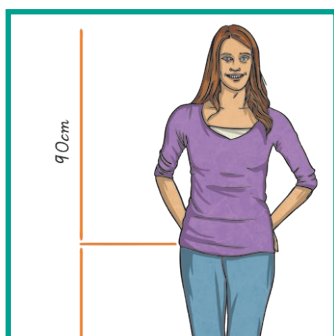
Things the Doctor or Nurse may do:



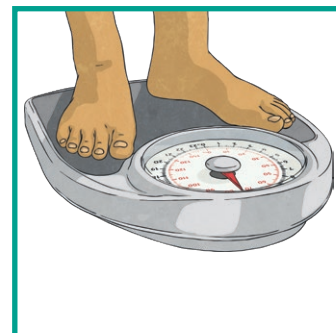
Take your temperature



Give you an injection/vaccine



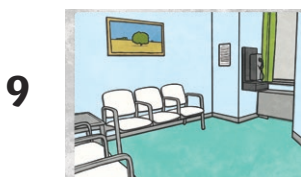
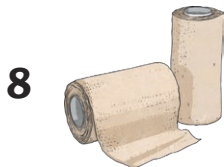
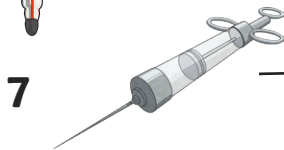
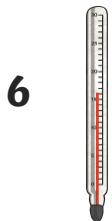
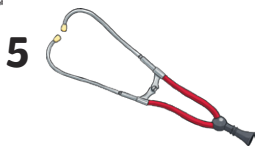
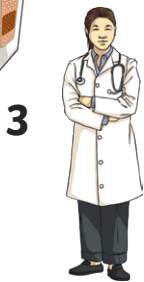
Measure your height



Ask you to stand on some weighing scales

Maze

Find your way through the maze to match the correct words to the item you might find a Doctor using.



Bandages **a**

Nurse **b**

Waiting room **c**

Medicine **d**

Stethoscope **e**

Doctor **f**

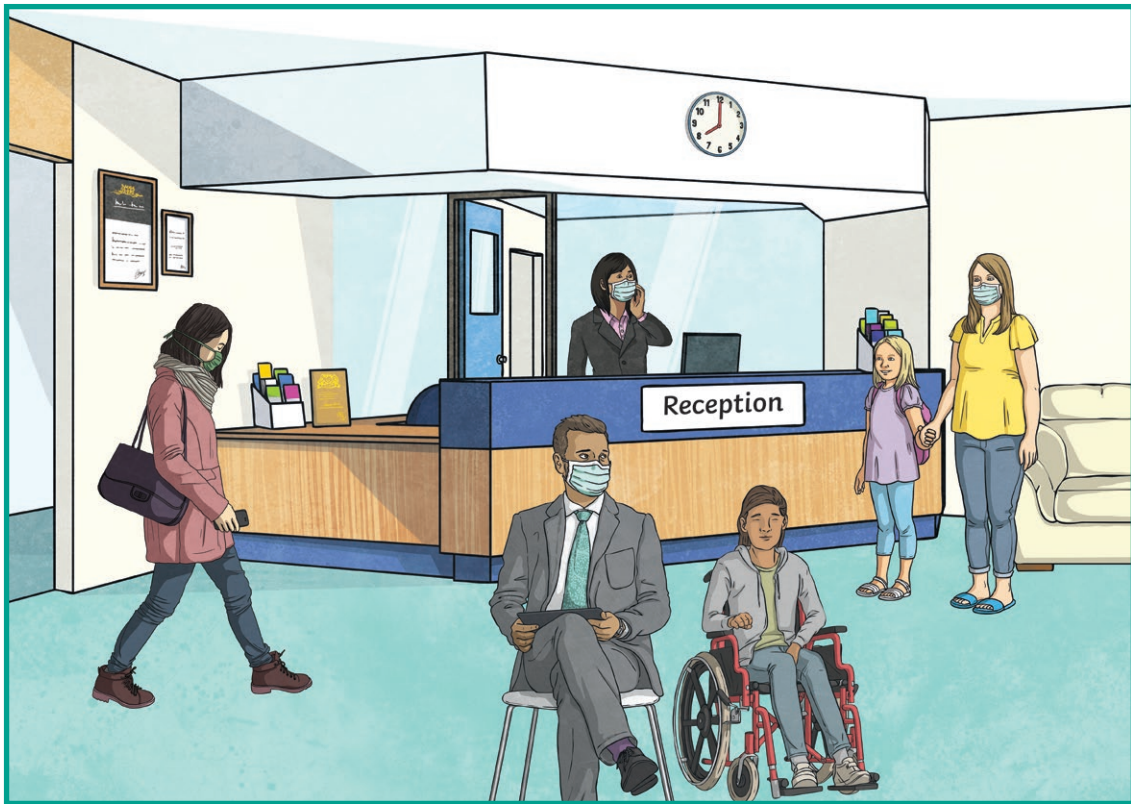
Thermometer **g**

Plasters **h**

Syringe **i**

Spot the Difference

Can you spot 10 differences between the two pictures?



During your visit

We use our senses everyday. When we are in the surgery waiting to be seen our senses can help us to adjust to the environment.

What can you sense?

What can you see?



What can you smell?



What can you hear?



Can you see any of the following things?

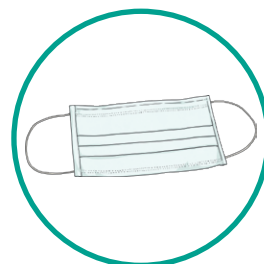
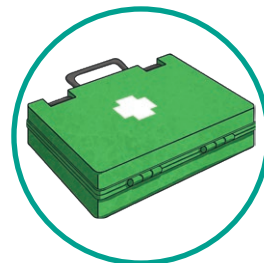
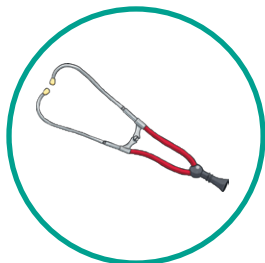
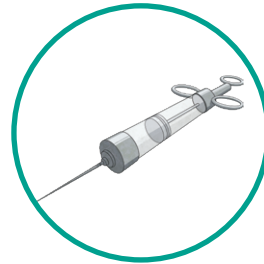
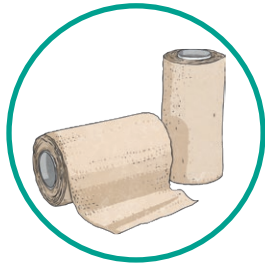
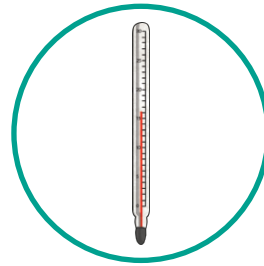
- Clock
- Computer
- Calendar
- Pen
- Thermometer
- Car Park sign
- Plants
- First Aid Kit

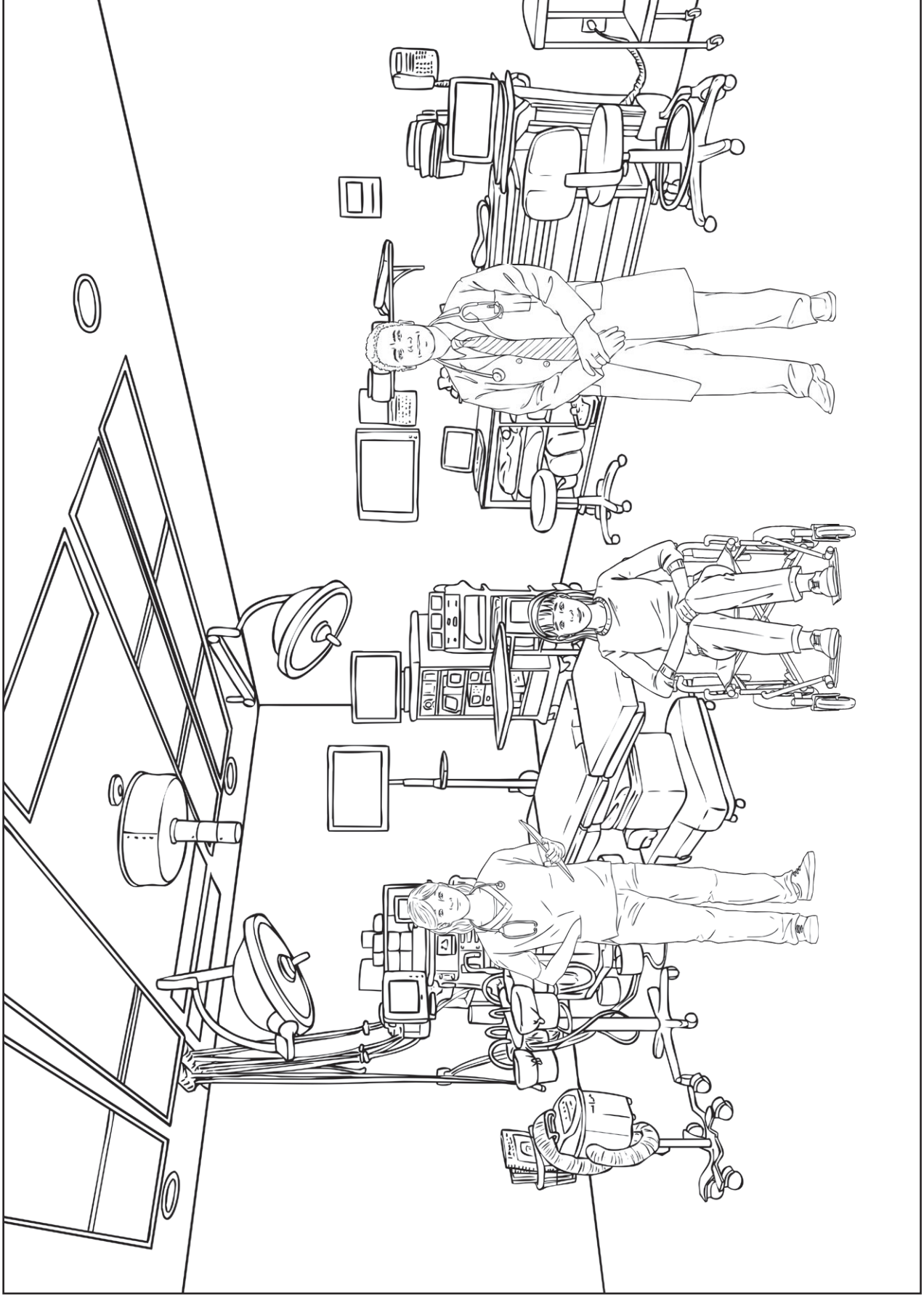


Can you Find?



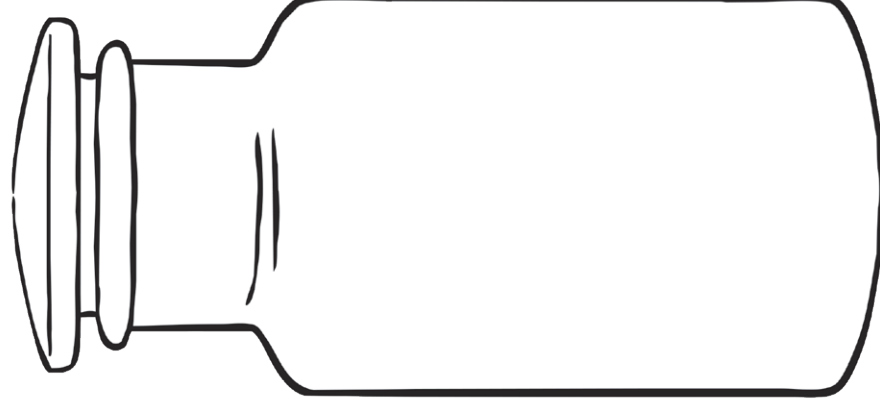
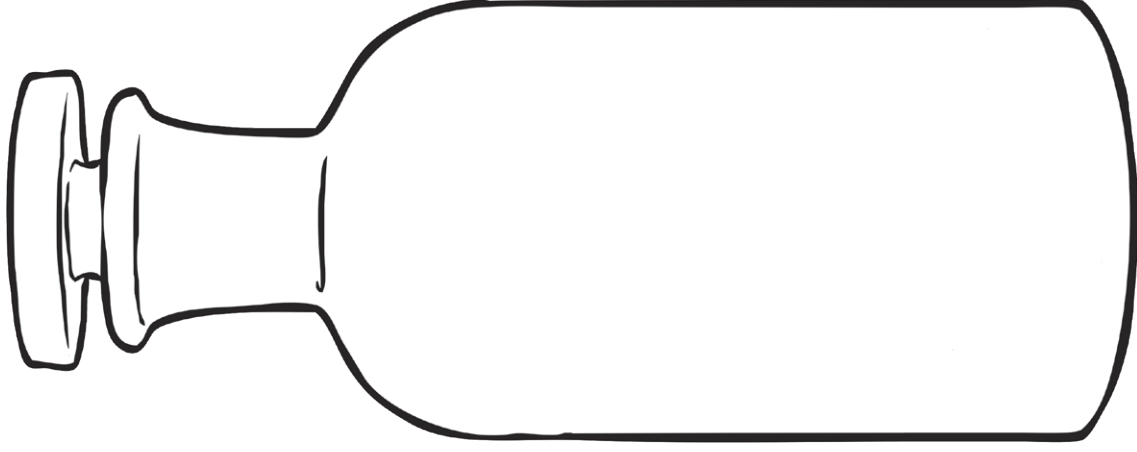
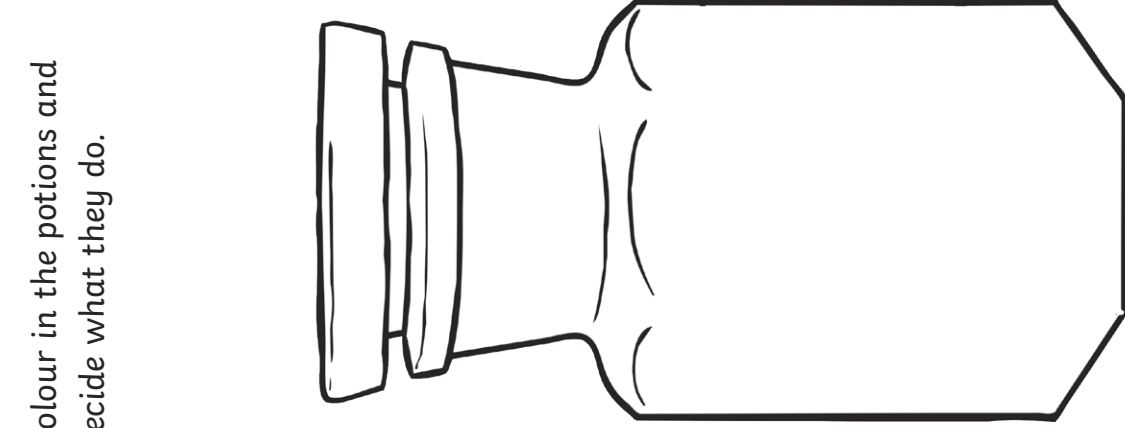
Can You Find Checklist





Design A Magical Potion

Colour in the potions and decide what they do.



Potion 1

Name:

Properties:

Potion 2

Name:

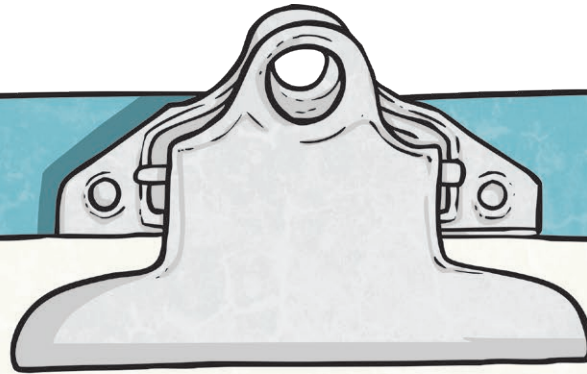
Properties:

Potion 3

Name:

Properties:

After your visit

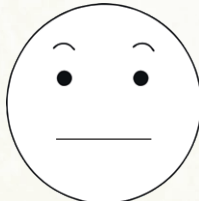


Who did you see while you were at the Doctors surgery?

What did you do after your visit?

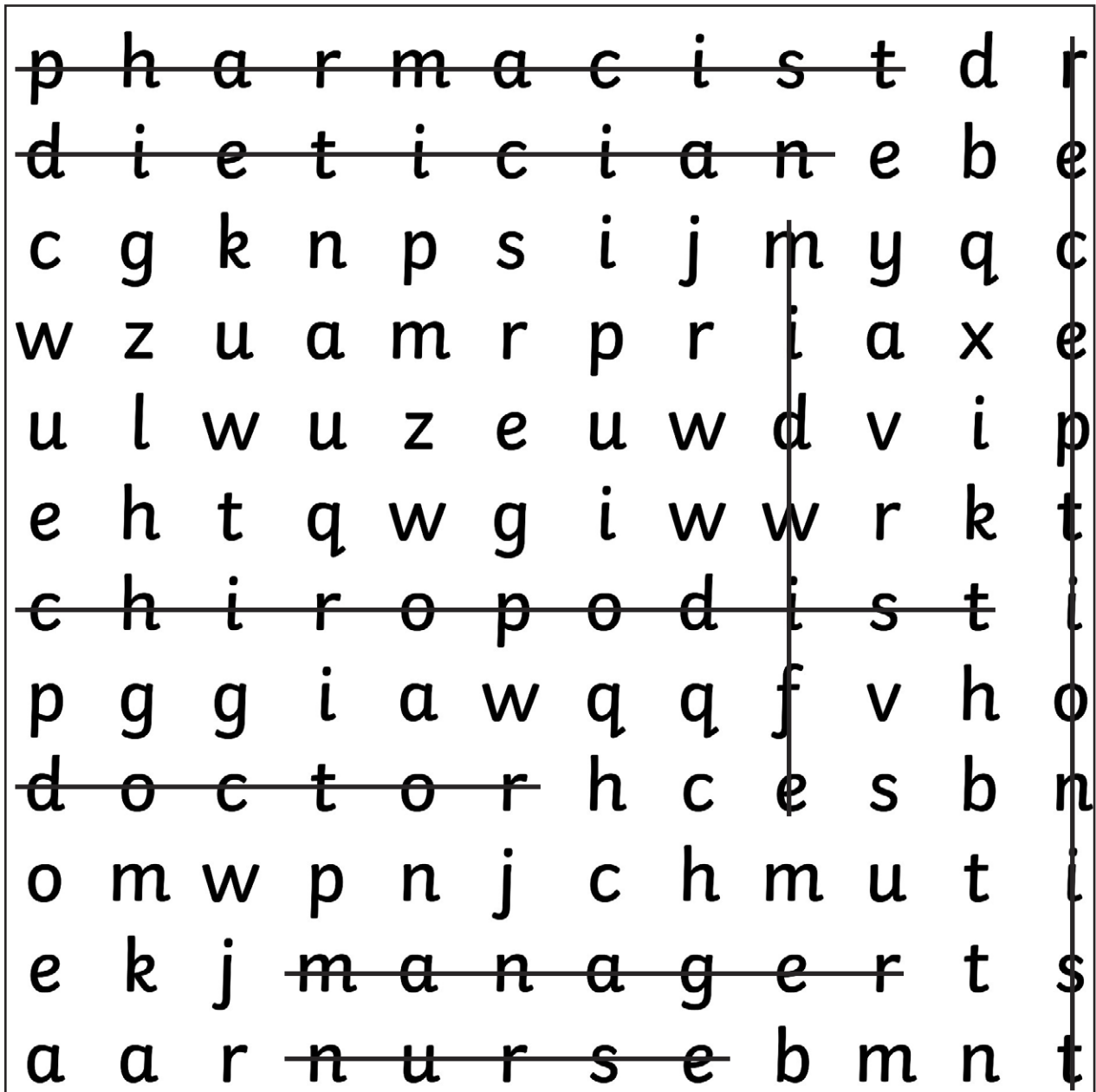
What did you like the most about your visit?

How do you feel about your appointment?



Answers

At the Doctors Surgery Word Search



doctor

nurse

pharmacist

midwife

receptionist

manager

chiroprapist

dietician

Maze

1d, 2h, 3f, 4b, 5e, 6g, 7i, 8a, 9c

Spot the Difference

The clock is showing a different time.

The woman on the right has a different coloured shirt.

The man sitting down is missing a mask.

The sofa on the right is missing.

A cacti has been added in front of the reception desk.

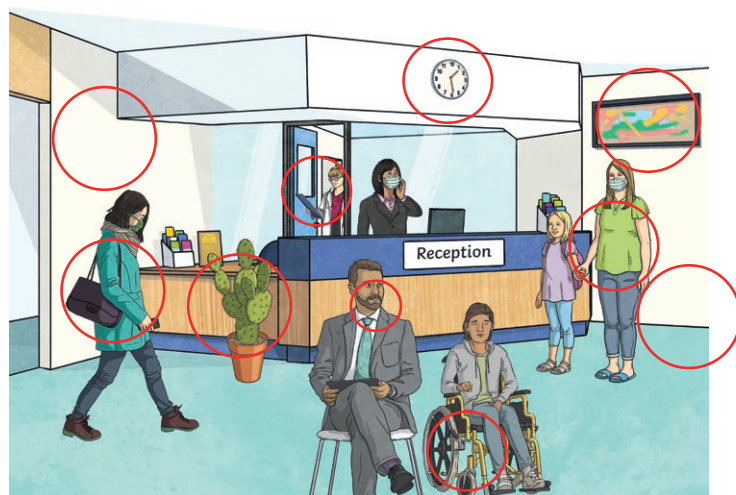
The woman on the left has a different coloured coat.

The photos from the wall on the left are missing.

A doctor has been added inside the door behind the reception desk.

The colour of the girl's wheelchair is different.

A painting has been added to the wall on the right.



Can you Find?

Answers



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