Does Television Have Any Educational Benefits?

I strongly agree that television is not educational for children. Watching television creates laziness, wastes time and can increase different sorts of negative behaviours.

First of all, many studies have shown that watching large amounts of television can cause a decrease in a person's physical and mental abilities. It can be seen to make people lazy. Children should be outside, experiencing all that life has to offer such as, riding around on bikes, climbing trees and playing sports. However, studies have shown that there has been an increase in children staying home and watching television instead. This then leads to many health issues like obesity and diabetes, and a decrease in both physical and mental fitness. They cannot improve their cardio-vascular health, nor can they improve on simple things like coordination.



Furthermore, it is without a doubt that watching television does not leave much room for the imagination. Sitting down watching television requires you to watch, and not think. Sure, television can be entertaining, however, sitting down and watching it for hours at a time is a waste of time. These days, children come home from school and generally need to complete some sort of homework. How are they expected to do this when all they want to do is sit down and watch television? Looking at a television screen can cause problems for your eyes, and if watched too late at night, may cause you to not go to sleep straight away. This can have devastating effects on school life as children will most likely come to school tired and not want to work.

My final reason to support the view that watching television is not educational is the amount of shows that are not suitable for younger children. Many popular and well-known shows in today's society focus on violence. This is not suitable for children because what they watch on television has the ability to be transferred into their everyday life. They may believe that whatever they see occurring on television, it is acceptable to do in real-life situations. This is not the case at all! Watching these sorts of negative, aggressive and violent behaviours promotes attitudes that society does not want to see. For this reason, it is clear that television is anything but educational.

To conclude, I agree with the statement that television is not educational as it makes children lazy, wastes time, and promotes aggressive behaviour in our society.



