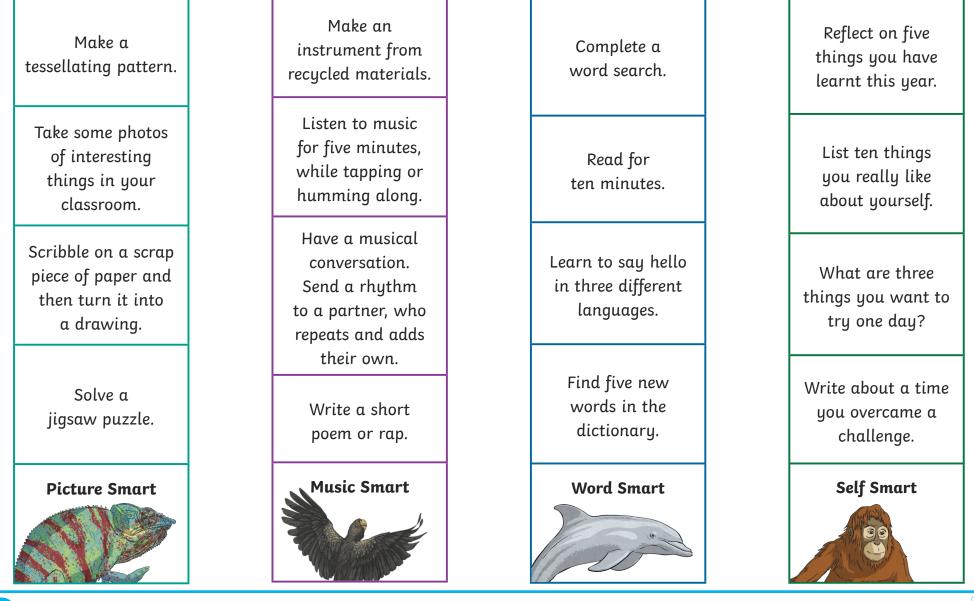
With the help of your teacher, choose at least two activities from each different type of 'smart' and try them out for yourself.



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With the help of your teacher, choose at least two activities from each different type of 'smart' and try them out for yourself.

If A=1, B=2, C=3, what would your whole name add up to?

Design a number puzzle or maze for a classmate to solve.

Find out what day of the week your birthday will be in 1, 5 or 10 years.

Practice some number challenges for ten minutes.

Number Smart

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Collect and sort five things from outside.

Watch what is happening in a tree or garden outside for five minutes and record your observations.

What kind of animal would you like to be and why?

> Learn how and where a fruit or vegetable you like is grown.

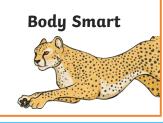
Nature Smart

Stretch your body in different ways for five minutes.

Scrunch up scrap paper and try to land it in the recycling bin five times in a row.

Go outside and toss a ball in the air. See how many times you can clap before catching it again.

Run a lap of your school (ask permission first).



Make a gift or card to give to a friend.

Interview a classmate that you don't know too well.

Brighten someone's day with a decorated note saying how you appreciate them.

Ask a classmate for help with something you find tricky.

People Smart





Choose at least three activities from each different type of 'smart' and try them out for yourself.

Make a tessellating pattern.	Make an instrument from recycled materials.	Complete a word search.	Reflect on five things you have learnt this year.
Take some photos of interesting things in your classroom.	Listen to music for five minutes, tapping or humming along.	Write a joke or riddle and share it with your classmates.	Set a goal for yourself to complete by the end of the week.
Scribble on a scrap piece of paper and then turn it into a drawing.	Have a musical conversation. Send a rhythm to a partner, who repeats and adds their own.	Read for ten minutes.	List ten things you really like about yourself.
Sketch something you can see in your classroom.	Make up a rhythm or tune and teach it to a partner.	Find five new words in the dictionary.	Write about a time you overcame a challenge.
Rearrange your pencil case or items on your desk.	Hum, tap or whistle a song and see if a partner can guess it.	Learn to say hello in three different languages.	What are three things you want to try one day?
Solve a jigsaw puzzle.	Write a short poem or rap.	Write a short story.	Write a letter to your future self.
Picture Smart	Music Smart	Word Smart	Self Smart



Choose at least three activities from each different type of 'smart' and try them out for yourself.

Number Smart	Nature Smart	Body Smart	People Smart
If A=1, B=2, C=3, what would your whole name add up to?	Research five animal facts.	Build a tower using blocks, as high as you can.	Have a chat with a friend for five minutes.
Design a number puzzle or maze for a classmate to solve.	Do something nice for your environment, such as picking up rubbish.	Act out a part of a book with a partner.	Ask a classmate for help with something you find tricky.
Practice some number challenges for ten minutes.	Learn how and where a fruit or vegetable you like is grown.	catching it again. Run a lap of your school (ask permission first).	Brighten someone's day with a decorated note saying how you appreciate them.
Find out what day of the week your birthday will be in 1, 5, 10 or 20 years.	What kind of animal would you like to be and why?	Go outside and toss a ball in the air. See how many times you can clap before	Teach a classmate a skill or trick you know.
Think of ten questions you have about a particular topic.	Watch what is happening in a tree or garden outside for five minutes and record your	Scrunch up scrap paper and try to land it in the recycling bin ten times in a row.	Interview a classmate that you don't know too well.
Make a number quiz for yourself with at least ten questions.	Collect and sort ten things from outside.	Stretch your body in different ways for five minutes.	Make a gift or card to give to a friend.





Choose at least four activities from each different type of 'smart' and try them out for yourself. Can you design your own activity in the empty spaces provided?

Make an Reflect on five Make a Complete a instrument from things you have tessellating pattern. word search. recycled materials. learnt this year. Listen to music Take some photos for five minutes, of interesting Read for tapping or things in your ten minutes. humming along. classroom. Have a musical Scribble on a scrap conversation. List ten things piece of paper and Send a rhythm you really like then turn it into to a partner, who about yourself. a drawing. repeats and adds their own. Sketch something Find five new Write about a time words in the you can see in your you overcame a classroom. dictionary. challenge. Learn to say hello What are three Hum, tap or in three different things you want to whistle a song and languages. try one day? see if a partner can quess it. Solve a Write a letter to Write a short Write a short story. your future self. jigsaw puzzle. poem or rap. **Picture Smart Music Smart** Word Smart Self Smart





Choose at least four activities from each different type of 'smart' and try them out for yourself. Can you design your own activity in the empty spaces provided?

	Collect and sort 15 things from outside.	Stretch your body in different ways for five minutes.	Make a gift or card to give to a friend.
Think of ten questions you have about a particular topic.	Watch what is happening in a tree or garden outside for five minutes and record your observations.	Scrunch up scrap paper and try to land it in the recycling bin 15 times in a row.	Interview a classmate that you don't know too well.
Find out what day of the week your birthday will be in 1, 5, 10 or 20 years.	What kind of animal would you like to be and why?	Go outside and toss a ball in the air. See how many times you can clap before	Brighten someone's day with a decorated note saying how you appreciate them.
Practice some number challenges for 10 minutes.	Learn how and where a fruit or vegetable you like is grown.	catching it again. Run a lap of your school (ask permission first).	
Design a number puzzle or maze for a classmate to solve.	Do something nice for your environment, such as picking up rubbish.		Ask a classmate for help with something you
If A=1, B=2, C=3, what would your whole name add up to?		Build a tower using blocks, as high as you can.	find tricky. Have a chat with a friend for 5 minutes.
Number Smart	Nature Smart	Body Smart	People Smart





