

Head, Shoulders, Knees and Toes

- Remind the children of the song 'Head, Shoulders, Knees and Toes'.
- Explain to the children that they are going to sing the song and complete the actions in a range of ways.
- They should keep singing the song and completing the actions while moving in different ways e.g. jumping, hopping, skipping, walking, jogging, hopping, tiptoeing.
- Use the cards so the children can see which action they should be completing.
- Play the game for about 5 minutes.



hop



step



leap



jump



walk



tiptoe



run



skip

