Wild and Wonderful Dishes
Reading Comprehension Questions

1. Apart from sustenance, what else does food provide us with?

2. Why is food important to some people when living somewhere else in the world?

3. Why do regional food habits change over time?

4. In most cultures how is food meant to be enjoyed?

5. What is food-related etiquette commonly referred to in Western society?

6. How can leftovers on your plate be interpreted differently depending on where you are?

7. Why is food considered a primary reason for travel?

8. What dish means 'pot-in-the-fire' in English?

9. What are two UK food and drink habits that other countries find unusual?

10. What prizes can food eating challenges include?

Extension

- Can you think of any examples of eating habits that you have or food combinations that you like that other people find strange? Or can you think of any examples from your friends and family?
- Why do you think it is important that a country has a diverse range of foods available in supermarkets and a diverse range of restaurants?
- Eating challenges often come under fire for promoting unhealthy eating and impacting the health of those who take part in them. What is your opinion on this?

Wild and Wonderful Dishes Reading Comprehension Questions- **Answers**

1. Apart from sustenance, what else does food provide us with?
   Emotional regulation, social interaction, self control, self-identity and communication
2. Why is food important to some people when living somewhere else in the world?
   It is a way of retaining their cultural identity
3. Why do regional food habits change over time?
   People emigrate and take their practices and preferences with them and continue to share their culinary experiences as they travel
4. In most cultures how is food meant to be enjoyed?
   With friends and family
5. What is food-related etiquette commonly referred to in Western society?
   Table manners
6. How can leftovers on your plate be interpreted differently depending on where you are?
   In some cultures, some food left on your plate can indicate fullness. In others it can cause offence as it could indicate that you didn't enjoy the food. In some countries, an empty plate can indicate that you want more.
7. Why is food considered a primary reason for travel?
   Food tourism sees travellers seeking to experience true authenticity of their places of visit.
8. What dish means 'pot-in-the-fire' in English?
   Pot-au-Feu from France
9. What are two UK food and drink habits that other countries find weird?
   Putting cows' milk in tea, and eating chips with gravy and cheese
10. What prizes can food eating challenges include?
    A free meal, your picture on the restaurant's wall of fame and a cash prize