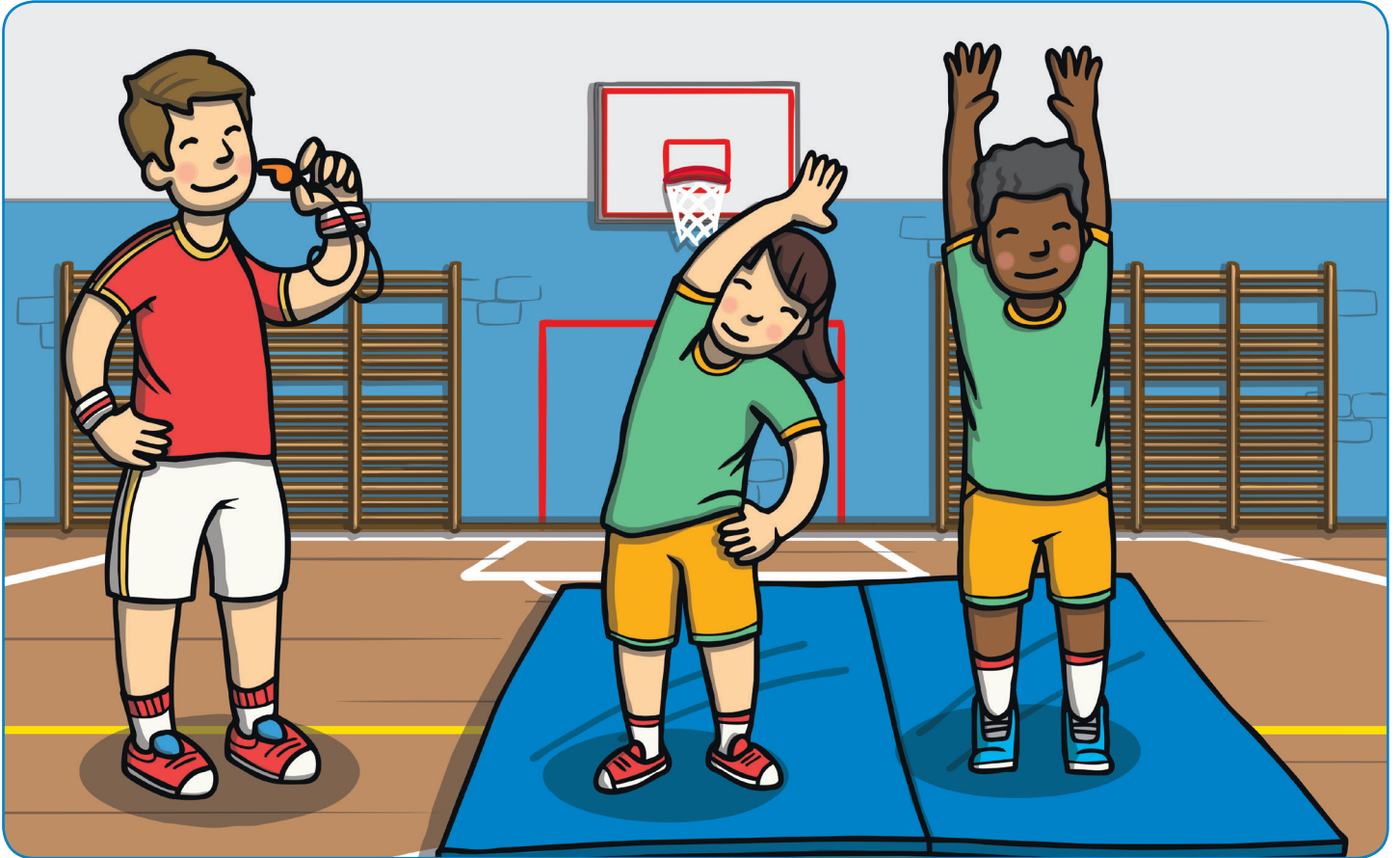


# PE Time



Look at the picture. Talk about what is going on.

- Do you ever do activities like these? If so, at what time of the week do you do them?
- Who is helping the children to do the activities? What might this person use to tell them to stop what they are doing?
- What might the teacher be saying to the children? Why is it important that the children listen carefully to the teacher?
- What other activities might the teacher get the children to do during PE, do you think?
- What does PE stand for? Can you ask your teacher or somebody else to explain what it means?
- Why do children need to wear special clothes and shoes during PE? What types of clothes and shoes do they wear for these activities?
- What do the words 'warm-up' and 'cool-down' mean?
- What is your favourite thing to do during PE? Give reasons for your answer.