



Silly Mouth Dance

Me and My Family

All About Me



Resources

- Mirrors (enough for one each)
- Music

Aspect

6

Objective: To explore different mouth movements.

Key Words: mirror, face, lips, mouth, tongue, blowing, wiggling, sucking

Small Group Activity

5-10 minutes

1. **'Today, we are going to explore the way our mouth moves.'**
2. Give each child a mirror. **'We are going to use our mirrors to watch what happens to our mouths, lips and tongues when we make different movements.'**
3. Invite each child to hold their mirror in front of them so that they can see their mouth.
4. **'Pretend you have a sweetie in your mouth and you are sucking it.'** Model sucking action. **'What happens to your mouth and cheeks?'**
5. Repeat sucking action. **'Did you see anything else happen to your face this time?'**
6. In the same way, model blowing, tongue-stretching, tongue-wiggling and mouth opening wide for the children to repeat.
7. Once the children have practiced each movement, introduce the silly mouth dance. **'We are going to do a silly mouth dance. Keep your mirrors up so you can watch your face when we make different movements.'**
8. Play music.
9. **'Don't forget to copy me!'** Carry out a routine of mouth movements for the children to copy. Make this as fun as possible, you could start slow and make the movements speed up.

Extension

10. Pair the children. Invite one child in each pair to make mouth movements to the music for the other child to copy. Ensure every child has had a turn at leading and copying.

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Aspect 6: Voice Sounds

Strands covered:

- Tuning into different mouth movement and sounds
- Listening and remembering mouth movement and sounds

Enhancements

- Provide [Blank Face Templates](#) and mirrors in the drawing area for children to draw the shapes their mouths make.
- Leave the mirrors and music in the continuous provision for children to explore independently.
- Provide [Emotions Flashcards](#) for the children to explore making different mouth shapes and facial expressions in the mirror.

Look, Listen, Note

How well can the children...?

- copy mouth movements
- talk about mouth movements
- use appropriate vocabulary when talking about mouth movements

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