



# I Am Happy

Me and My Family

All About Me



## Resources

- [If You're Happy and You Know It Song](#)

Aspect

4

**Objective:** To join in with songs and rhymes.

**Key Words:** clap, hands, stomp, feet, happy, nod, head

## Large Group Activity

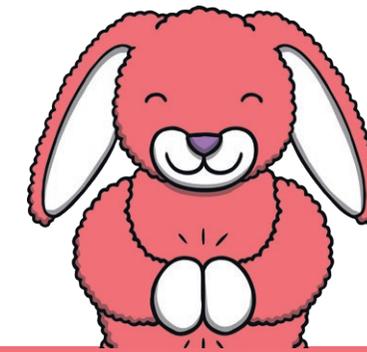
15 minutes

1. 'Today, we are going to sing a song all about being happy.'
2. 'Can you tell me something that makes you happy?' Invite children to share their ideas with the rest of the group.
3. 'The song we are singing has lots of actions so we have to listen carefully to join in.'
4. Sing the first verse. 'If you're happy and you know it, clap your hands...' Model the action.
5. Encourage the children to join in.
6. Continue singing the song, modelling each action and encouraging all children to join in.

## Extension

7. Think about what the children said made them happy in step 2. Use these answers to make songs up, using the same rhythm, e.g. 'If you're happy riding your bike, clap your hands...'

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## Aspect 4: Rhythm and Rhyme

Strands covered:

- Tuning into rhyme
- Listening and remembering rhymes

## Enhancements

- Place these [Happy and You Know It Picture Cards](#) in the music corner for children to explore independently.
- Ask children to create happy faces using these [Face Playdough Mats](#).

## Look, Listen, Note

How well can the children...?

- join in with words and actions of songs
- remember and repeat a rhythm

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