





LEARN AND PRACTISE MORE THAN 1,000 ENGLISH PHRASAL VERBS

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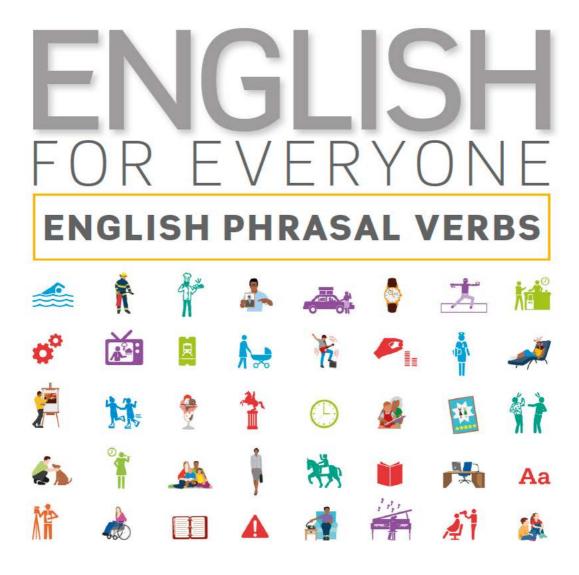
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For the curious www.dk.com



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teacher's chat https://t.me/teaching_crew

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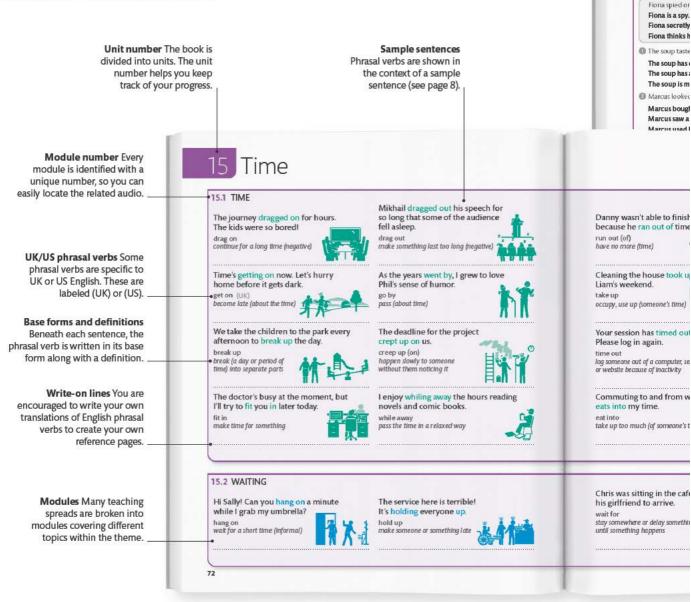
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more books https://t.me/EnglishZoneTextBooks

How to use this book

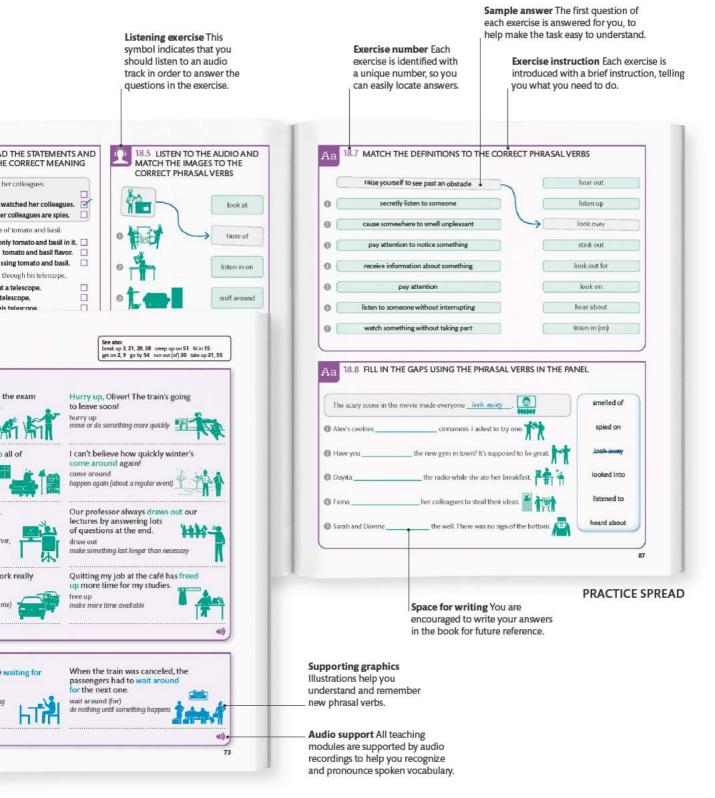
English for Everyone: English Phrasal Verbs will help you learn, understand, and remember the most common phrasal verbs in English. Each of the 56 units in the book consists of a teaching spread on a subject or theme, with illustrated sentences to place the phrasal verbs in context, and then a practice spread with exercises to reinforce what you have learned. Listen to the free audio and repeat each phrasal verb and sentence. The answers to all the exercises are at the back of the book, along with a comprehensive index.

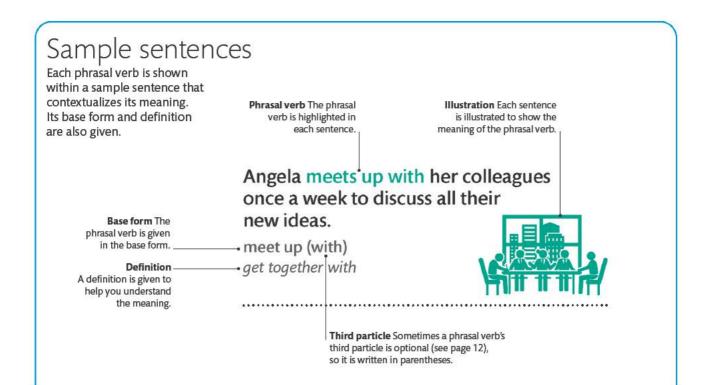


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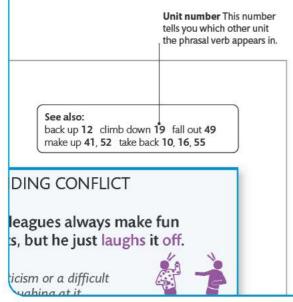
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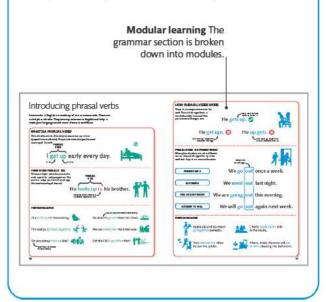
"See also" boxes

Many phrasal verbs have more than one meaning. Each unit has a "see also" box which directs you to other units where the same phrasal verbs appear with different meanings.



Introducing phrasal verbs

Pages 10-17 contain an introductory grammar section explaining what phrasal verbs are and how they work grammatically. It also covers different types of phrasal verbs, as well as phrasal nouns and adjectives.



Audio

English for Everyone: English Phrasal Verbs offers extensive supporting audio resources. Every phrasal verb and sentence in the teaching spreads is recorded, and you are encouraged to listen to the audio and repeat the phrases and sentences out loud, until you are confident you understand and can pronounce what has been said.



SUPPORTING AUDIO

LISTENING EXERCISES

FREE AUDIO website and app www.dkefe.com

This symbol indicates that audio recordings of the phrasal verbs and sentences in a module are available for you to listen to.

This symbol indicates that you should listen to an audio track in order to answer the questions in the exercise.



At the end of the book, pages 230-237 contain a reference section, which features additional information about phrasal verbs, including examples of some common phrasal nouns and phrasal adjectives.

. common par	ticles.		mmon p uns, and	adjective
wording and prints. participant and place	encompresentation (Participation)	n bengara salasika oleha gela ang ankadir (a ada dima ina ada) Thula sang biggad ta da Kara a Ta di kara sa palaga		
Wingstown to a			na data di Antonio Antonio Internetta angla Nye an	
And	Hank Annu 14 Annu 15 Annu 16 Annu 16 Annu 16 Annu 16 Annu 16			A set of each of the set of the s

Answers

The book is designed to make it easy to monitor your progress. Answers are provided for every exercise, so you can see how well you have understood and remembered the phrasal verbs you have learned.

> Answers Find the answers _ to every exercise printed at the back of the book.

Exercise numbers These _____ numbers match the number at the top-left corner of each exercise.



25.3

 The number of peo online shot up last yea
 The coach divided t two equal teams.
 Shreya counted up
 wanting coffee and we
 When Georgia was she added on a 20% tip

25.4 3 3 1 G 6 D 2

25.5

 Katie's bills have be a lot of debt now.
 The company's shal but it's finally starting t
 The temperature va but it averages out at a
 We estimated the c to be £14,900, but rou peared thour and

Index

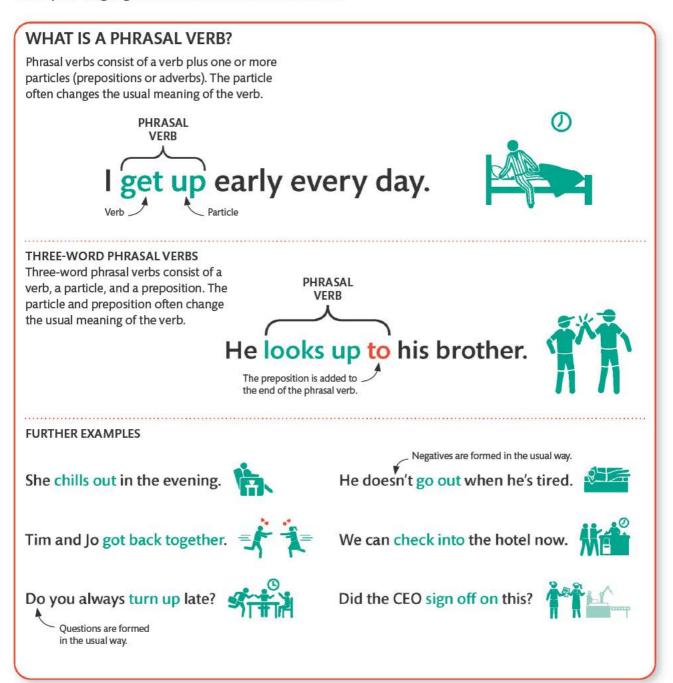
The index contains every phrasal verb from the teaching spreads, as well as the phrasal nouns and adjectives from the reference section, listed in alphabetical order, followed by each unit and module number where they appear.

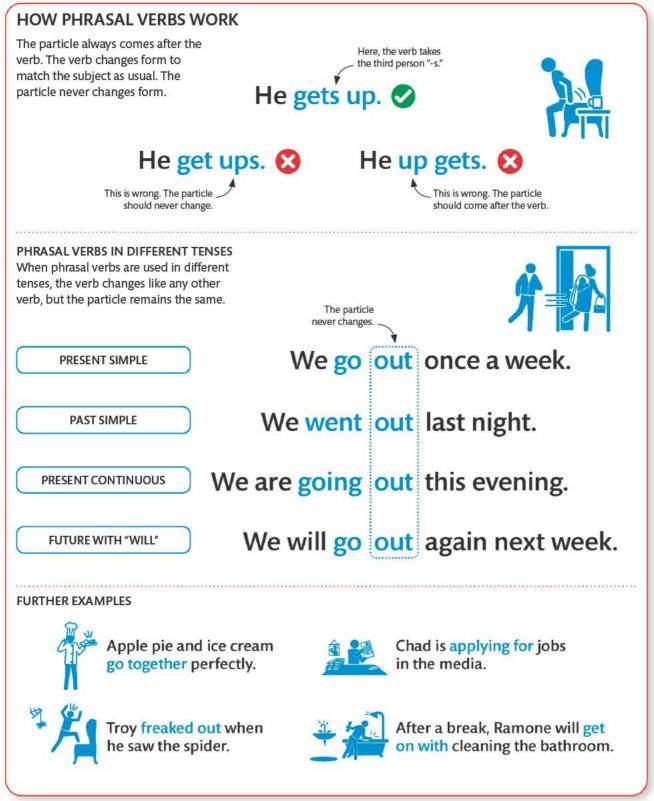
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made-up ico	87877 58 595 65
major in (US)(20.1)	Module number
make for 37.2, 52.2	The number in the
make into 34.1	index matches the module number on
make of 52.2	the teaching page.
make off with 52.2	
make out 41.2, 52.2	
make up@1.2_44.3_52.2)	Multiple units
see also made-up R6	When a phrasal verb
make up for 43.2	appears more than once, each module
mark down 20.2	number is listed.
measure out 29.1	
measure up (to) 7.2	
meet up (with) 22.2	
mess around 21.2, 41.2	
mess up 49.1	
mill around 5.1	

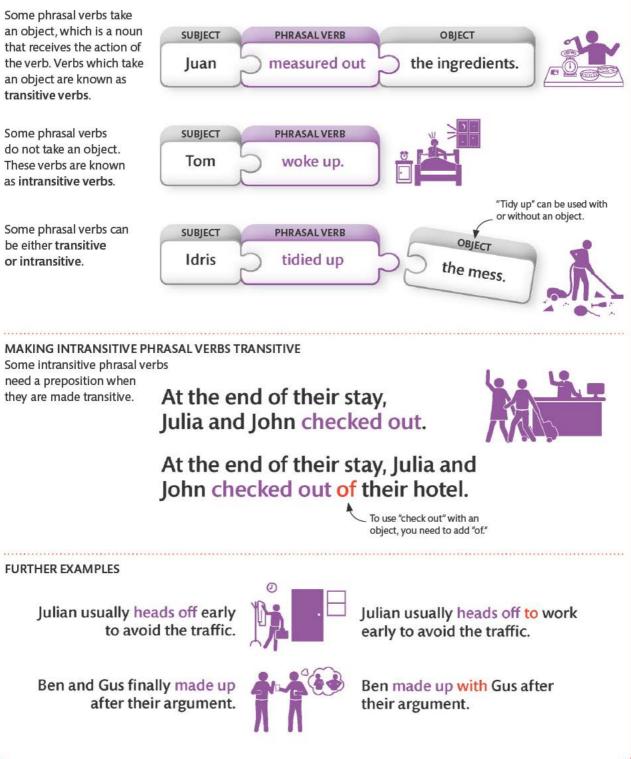
Introducing phrasal verbs

Some verbs in English are made up of two or more words. These are called phrasal verbs. They are very common in English and help to make your language sound more idiomatic and fluent.





TRANSITIVE AND INTRANSITIVE PHRASAL VERBS



DIFFERENT MEANINGS

Many phrasal verbs have more than one meaning. Some phrasal verbs appear in this book more than once with a different meaning each time.

UNRELATED MEANINGS

The phrasal verb "do up" has two unrelated meanings.

Mirek did up his coat to keep out the icy breeze.

fasten a piece of clothing

Emily is doing up her house at the moment. improve, renovate



LITERAL AND METAPHORICAL MEANINGS Certain phrasal verbs have a basic literal meaning,

and a more complicated metaphorical one.

This sentence uses the literal meaning of "break up." The chocolate is being separated into smaller pieces.

In this sentence, nothing has literally broken, but Maria and Pablo have metaphorically separated from each other.

Patrick broke up the chocolate before adding it to the cake mixture.



separate something into smaller pieces

After a huge argument, Maria and Pablo decided to break up. end a romantic relationship

REGISTER

Although some phrasal verbs can be used in formal situations, others are more informal. Many phrasal verbs have a single-word equivalent which is more formal.

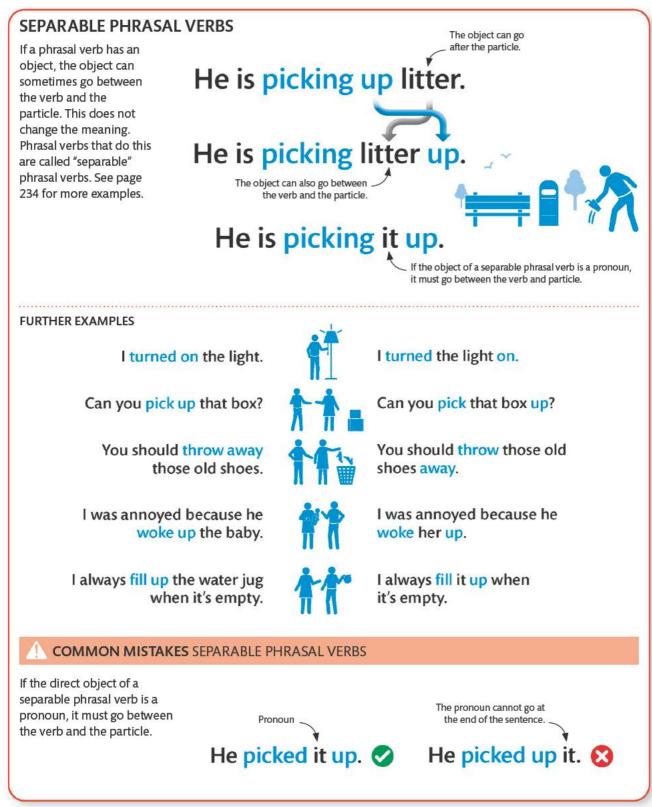


This sentence uses the high-register word "persevere," which is only usually used in formal language.

This sentence means exactly the same thing, but "soldier on" makes the sentence less formal.

Despite the storm, the engineers persevered and installed the new phone line.

Despite the storm, the engineers soldiered on and installed the new phone line.



INSEPARABLE PHRASAL VERBS

Some phrasal verbs cannot be separated. The object must always come after the particle-it can never sit between the verb and the particle. This is true whether the object is a noun or a pronoun. See page 235 for more examples.



The verb and the particle must stay together.

We had to run to get on it. 🥑

The verb and particle stay together even if the direct object is a pronoun.

We had to run to get the train on. 😢

This is wrong. The object cannot sit between the verb and the particle

FURTHER EXAMPLES

I've come across a new recipe.

I need to go over my notes.

Susan really takes after her father, they're very similar.



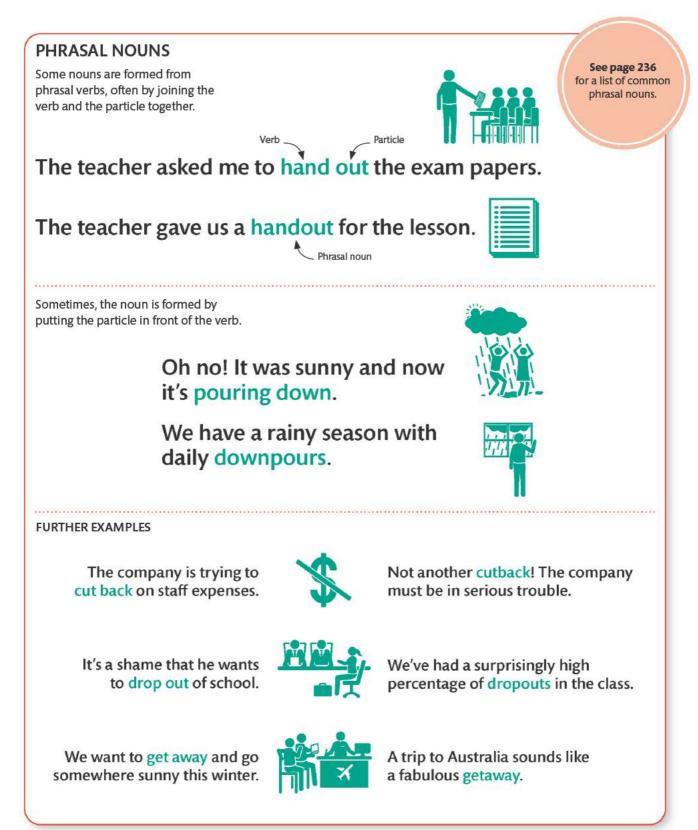
I ran into her at the supermarket.

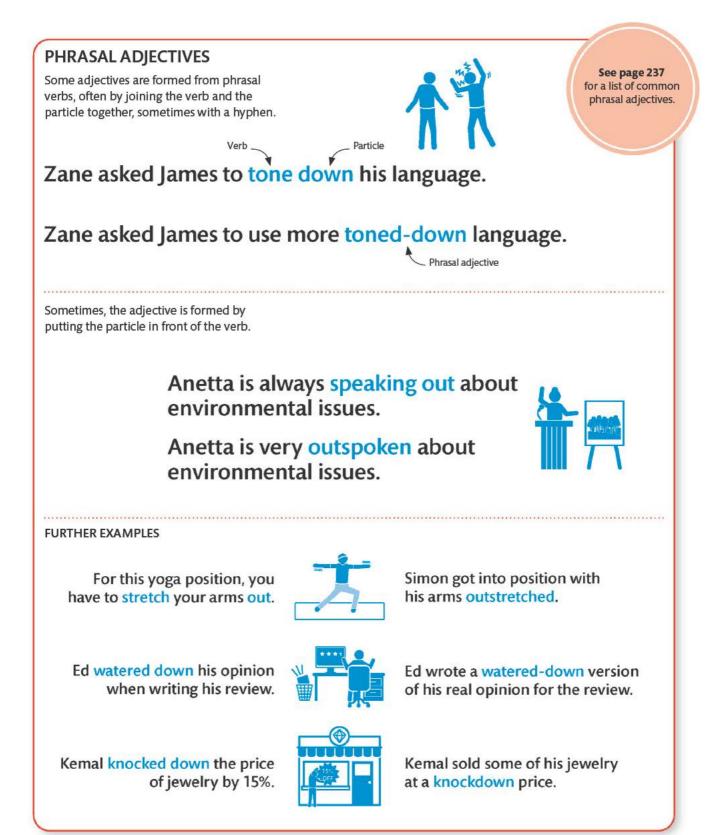
Drop by the house any time you like.



Some phrasal verbs, like "get back from," can be separable or inseparable depending on the context.







01 People and things

1.1 PEOPLE

Hundreds of people packed into the town hall to watch the debate.

pack into fit into a place in large numbers



I found it really hard to fit in with the art class. They're all much younger than me.

fit in (with) feel like you belong in a group



Sheila's neighbors look down on her because her house is smaller than theirs.

look down on think you are better than another person



I bumped into Sandra at the park. She was asking after you. (

ask after ask for news about someone



Some of the older children have been ganging up on me and calling me names.

gang up (on) form a group to hurt someone



I got my son a puppy for his birthday. After asking me for months, he finally wore me down!

wear down convince someone to do what you want (often by asking many times)



Thousands of fans flooded into the stadium to watch the singer perform.

flood in(to) enter a space in large numbers





See also: come across 39, 52 fit in 15 get back (from) 35 turn to 27 turn up 4, 27

My sister watched over our son while Ania and I went shopping.

watch over make sure nothing bad happens to someone or something



Adi has got a temper. He turned on me the instant I suggested he buy a new suit.

turn on attack someone without warning



Toshiro's been buttering his brother up because he wants to borrow his car.

butter up praise or flatter someone so that they will do you a favor



Jordan's aunts always fuss over him when they come to visit.

fuss over pay a lot of attention to someone



Barney really looks up to his grandfather. He loves listening to his stories.

look up to admire someone



1.2 THINGS

Nuwa gathered up the plates from the table and took them to the kitchen.

gather up collect things together



It was really hard to part with my old car. I'd had it since I was a student.

part with relinquish something important to you



While looking through things in my attic, I came across an old portrait of my great-grandfather.

come across find something by chance



Mel lent Dave her lawnmower a month ago, and she finally got it back from him.

get back (from) retrieve something



Ava lost her passport ages ago. It turned up when she was cleaning the living room.

turn up be found (usually by accident)



Aa 1.3 READ THE STATEMENTS AND MARK THE CORRECT MEANING	Aa 1.4 MATCH THE PICTURES TO THE CORRECT SENTENCES
Barney really looks up to his grandfather.He loves his grandfather.He admires his grandfather.He hates his grandfather.	I found it hard to fit in with the art class.
 After the concert, everyone spilled out of the stadium. People entered the stadium together. People ran around the stadium together. People left the stadium in large numbers. 	It was hard to part with my old car.
 Toshiro's been buttering his brother up. He has been flattering him for a favor. He has been yelling at him. He has been arguing with him. 	2 Sandra was asking after you at the park.
 Sheila's arrogant neighbors look down on her. They think they are better than her. They think she is better than them. They think she is wonderful. 	3 Jordan's aunts fuss over him when they visit.
 I came across an old portrait of my great-grandfather. I threw away the portrait. I found the portrait by chance. I looked for the portrait. 	• Nuwa gathered up the plates from the table.

Aa 1.5 CROSS OUT THE INCORRECT WORDS IN EACH SENTENCE

Hundreds of people packed into /_over /_through the town hall to watch the debate.

1 Some of the older children have been mobbing / ganging / teaming up on me and calling me names.

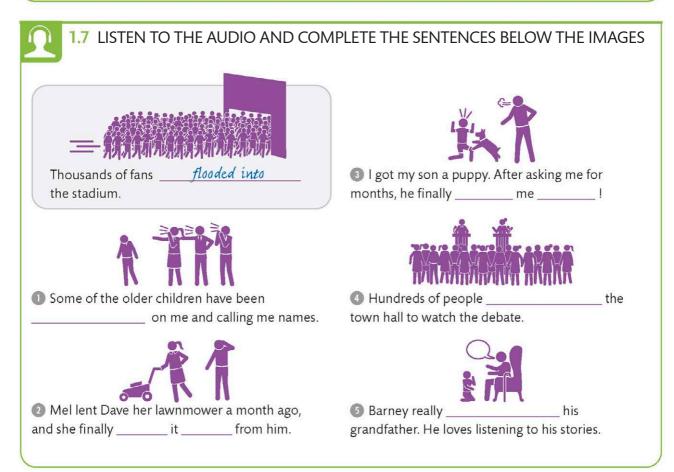
2 Ava lost her passport ages ago. It turned out / on / up when she was cleaning the living room.

I Adi has got a temper. He pivoted / turned / rotated on me the instant I suggested he buy a new suit.

If the second se

1.6 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION

retrieve somethin	ng		=	get back (from	n)
D be found (usually	by accident)		Ξ		
2 make sure nothir	ng bad happens	to someone	=		
3 attack someone	without warning	Ş	=		
4 convince someor	ne to do what yo	ou want	=		
5 fit into a place in	large numbers		=		
watch over	turn up	wear down	pack into	-get back (from)	turn on



02 Family

2.1 FAMILY

Dan and Sheila have brought up their children to be kind to animals.

bring up teach children how to behave



Colin lives with his son in a house at the edge of town.

live with share the same house

......



Jenny's grown out of her old toys. She prefers playing video games now.

grow out of lose interest in something as you get older



Liam gets on very well with his elder sister. They're always laughing together.

get on (with) have a good relationship with someone



Sam wants to be a pilot when he grows up.

grow up develop from child to adult



Albert's parents named him after his great-grandfather.

name after give someone the same name as someone else



2.2 PETS

Lisa puts her rabbit in its cage each evening before bed.

put in place inside



I let the cat out every morning

after I've woken up.

let out allow to leave



Fiona's cat doesn't like strangers, but he's warming to Dan.

warm to become fond of



I let the cat in when it started

to rain. let in allow to enter



See also: get on 9, 15 grow out of 6 let out 6 live with 47 settle down 45

After traveling for a few years, Bill settled down and bought a house next door to his parents.

settle down live in one place



My mother looks after my children while I'm at work.

look after care for, take responsibility for



Jasmine takes after her mother. They're very similar people.

take after have the characteristics of a parent or relative



My family pulled together when my father was unwell.

pull together work as a group to deal with a difficult situation



Will and Joe are identical twins. It's almost impossible to tell them apart.

tell apart recognize the difference



Whenever his children stay out late, Carlo waits up until they get home.

wait up wait for someone to get home before going to bed





Olly's dog ran away last week while they were at the park.

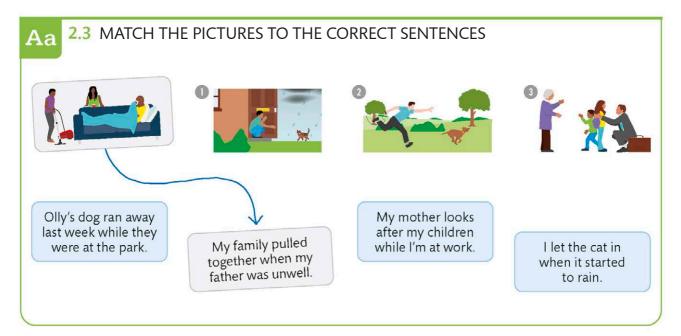
run away escape



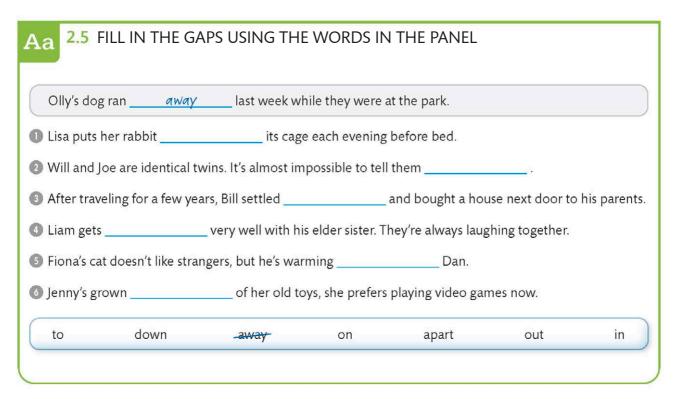
After a few days, Olly's dog came back all by herself.

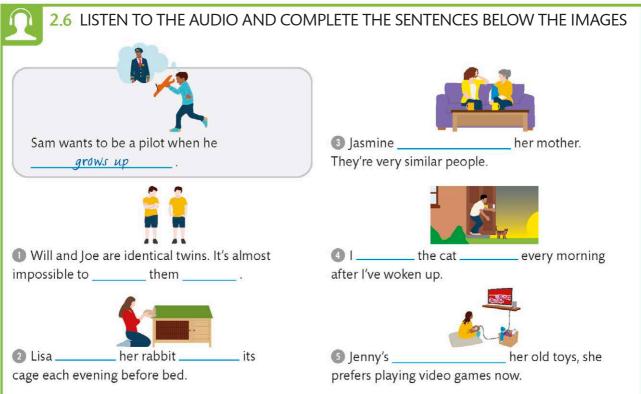
come back return

(ال



Aa 2.4 MARK THE SENTENCES THAT ARE CORRECT	
My mother looks after my children while I'm at work.	
My mother looks over my children while I'm at work.	
I After a few days, Olly's dog came back all by herself.	
After a few days, Olly's dog came under all by herself.	
2 Jasmine takes over her mother. They're very similar people.	
Jasmine takes after her mother. They're very similar people.	
,	
I let the cat around every morning after I've woken up.	
I let the cat out every morning after I've woken up.	
4 Albert's parents named him after his great-grandfather.	
Albert's parents named him behind his great-grandfather.	
S After traveling for a few years, Bill settled up and bought a house.	
After traveling for a few years, Bill settled down and bought a house.	
Olin lives on his son in a house at the edge of town.	
Colin lives with his son in a house at the edge of town.	





03 Relationships

3.1 FRIENDSHIPS

Our shared interest in music has really brought us together.

bring together create a close relationship



Ken stuck by Cath when her restaurant went bankrupt.

stick by continue to support someone who is in a difficult situation



I've really gone off Paul since I saw him at the party. He behaved

very badly. go off like something or someone less



Misha stood by Colin when he decided to quit college.

stand by support or defend someone when other people don't



3.2 ROMANTIC RELATIONSHIPS

Jack and Ula really care for each other. They've been together for 50 years.

care for love someone or like them very much



I think Pierre has fallen for Clara. Have you seen how he looks at her?

fall for start loving someone, fall in love

Luisa has finished with Ben. He's very upset.

finish with (UK) end a relationship with someone



Sonia is trying to win Claude back because she's still in love with him.

win back persuade someone to start having a romantic relationship with you again



My brother set me up with a woman who works at his office.

set up arrange a date for someone else



They started going out with each other when they were at school.

go out (with) have a romantic relationship with someone



After we left school, my friends and I drifted apart. I became more interested in my career than music.

drift apart slowly become less close



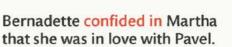
My best friends and I have stuck together since high school.

stick together stay together and support each other



Although I haven't seen Zaira for many years, I always hear from her on my birthday.

hear from receive news from



confide in share a secret with someone vou trust



Katia and I dated for a few weeks, but our relationship fizzled out.

fizzle out lose energy over a period of time, slowly come to an end



For our first date, Phil took me out to an expensive restaurant.

take out take someone on a date







Robin asked Helen out yesterday. They're going to the movies together.

ask out invite someone to go on a date with you



After a huge argument, Maria and Pablo decided to break up.

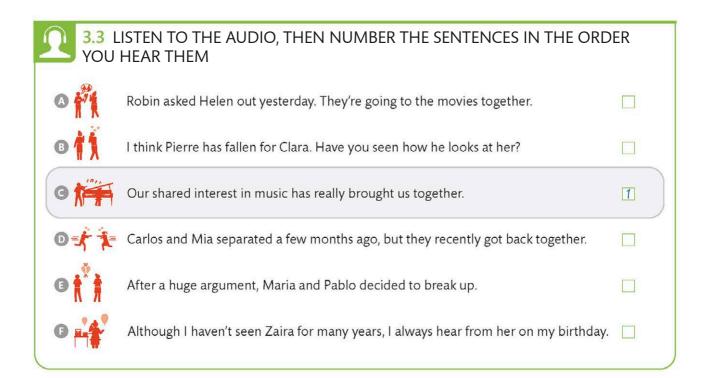
break up (with) end a romantic relationship



Carlos and Mia separated a few months ago, but they recently got back together.

get back together restart a romantic relationship

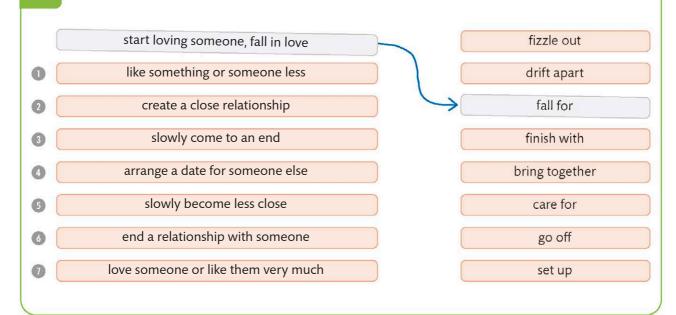
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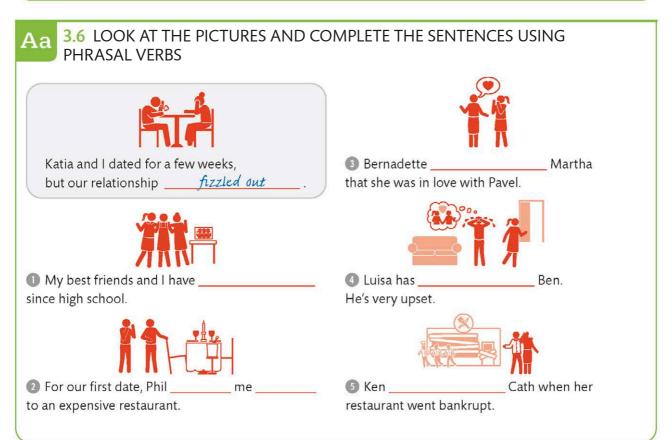


Aa 3.4 FILL IN THE GAPS, PUTTING THE WORDS IN THE CORRECT ORDER

After a huge argument, Maria and Pablo decided <u>to</u> <u>break</u> <u>up</u> .
me up set Image: My brother with a woman who works at his office.
for care really 2 Jack and Ula each other. They've been together for 50 years.
with going out ③ They started
by stood Colin Image: Imag

a 3.5 MATCH THE DEFINITIONS TO THE CORRECT PHRASAL VERBS





04 Visiting people

4.1 VISITING PEOPLE

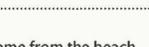
I popped in to see Brian on Saturday morning.

pop in (UK) visit someone at their home (informal)



Angelo turned up at my house at 6am. I was still in bed!

turn up arrive (often unexpectedly)



On our way home from the beach, we called in to see Grandma.

call in (UK) visit someone at their home (often on your way elsewhere)



My new neighbors, Kaito and Leiko, had me over for dinner last night.

have over have people as guests at your home



It looks like Kia has invited everyone she knows along to the party.

invite along (to) ask someone to go somewhere with you

We chatted for hours, and he suggested I stick around for dinner.

stick around stay somewhere longer than planned



After chatting on the doorstep for a moment, Malik invited me in.

invite in(to) ask someone to enter your house



Following the interview, the secretary showed Connor out.

show out take someone to the door as they leave



They showed me around their beautiful home.

show around give someone a tour







See also: call in 22, 50 come in 56 turn up 1, 27

While you're in town, try to swing by. It would be good to see you.

swing by visit someone's house on your way somewhere else

......



My father came into the house and took off his coat.

come in(to) enter a place



Yesterday afternoon, Liam dropped in for a cup of coffee and a chat.

drop in visit someone at their home (informal)



On her way home from the gym, Miriam stopped off at the supermarket to get something for dinner.

stop off stop during a journey to do something



While everyone was in the garden, I found Klaus snooping around the kitchen.

snoop around secretly look for something



()

4.2 A PARTY INVITATION

Dear Mason and Emily,

We'd like to invite you over for a barbecue to celebrate Beth's birthday on Saturday. Feel free to come over any time after 2pm, and please bring the kids along, too!

Love, Omar and Beth P.S. You are all welcome to stay over if you like!

We'd like to invite you over for a barbecue to celebrate Beth's birthday.

invite over invite someone to your home



Omar told us to come over any time after 2pm.

come over visit someone (at their home)



Mason and Emily brought the kids along to the barbecue.

bring along bring someone or something with you



We ended up staying over at Beth and Omar's house.

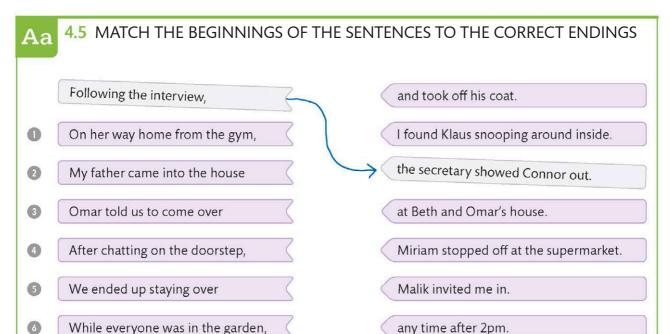
stay over stay at someone's house overnight



 4.3 LISTEN TO THE AUDIO AND MARK THE PHRASAL VERBS YOU HEAR

 Image: Come into more into more

4.4 READ THE STATEMENTS AND MARK THE CORRECT MEANING Aa I popped in to see Brian on Saturday morning. Image and Emily brought the kids along. I called Brian. They took their kids away. I visited Brian at his home. They left their kids behind. I invited Brian to my home. They brought their kids with them. Angelo turned up at my house at 6am. We'd like to invite you over for a barbecue. He arrived at 6am. We'd like you to come to our home. He left at 6am. We'd like you to call us. He fell asleep at 6am. We'd like you to host a barbecue. 2 They showed me around their beautiful home. Iiam dropped in for a cup of coffee and a chat. He dropped coffee on himself. They asked me to leave. They asked me to come in. He visited me at my home. He took me out for coffee. They gave me a tour.



Aa 4.6 REWRITE THE SENTENCES, CORRECTING THE ERRORS
Yesterday afternoon, Liam dropped out for a cup of coffee and a chat.
Yesterday afternoon, Liam dropped in for a cup of coffee and a chat.
My new neighbors, Kaito and Leiko, had me under for dinner last night.
We chatted for hours, and he suggested I stick up for dinner.
We chatted for hours, and he suggested I stick up for dinner.
On our way home from the beach, we called out to see Grandma.
Omar told us to come above any time after 2pm.
While you're in town, try to swing off. It would be good to see you.

05 Socializing

5.1 SOCIALIZING

Katie asked Lisa if she wanted to come out to play.

come out go somewhere with someone



Chris spends most weekends hanging out with his friends.

hang out (with) spend time at a certain place with your friends (informal)



Vincent and Maya decided to stay in. They ordered some pizza and watched a movie.

stay in remain at home



Once a year, my school friends and I go out for a meal together to catch up.

catch up (with) talk to friends who you have not talked to recently



As I was leaving for the art exhibition, I asked Joe if he wanted to come along.

come along (with) accompany someone, go somewhere with someone



The carnival was amazing. We stayed out until dawn.

stay out remain away from home until late



5.2 LEAVING

Joe suddenly took off without saying where he was going.

take off leave (often unexpectedly)



We headed off to the beach early because we wanted to avoid the crowds.

head off (to) leave, begin a journey



The movie was terrible, so we slipped out halfway through.

slip out leave without telling people



Neil was turned away from the nightclub because he was wearing casual clothes.

turn away (from) refuse to let someone enter



See also: come along 31, 52 come out 12, 41 get together 53 go out 3, 27, 54 hang out 28 head off (to) 8 slip out 51 take off 6, 9, 22, 55 turn away 19

Lots of guests were milling around, waiting for Raj to make his speech.

mill around slowly move around a room or space (often waiting for something)



Fleur and Clare were getting ready to go out for the evening.

go out go somewhere with someone, socialize with friends



I was glad to see Marvin at the party. He always manages to liven things up.

liven up make something more exciting



Amara let her little sister tag along when she went to the ice rink with her friends.

tag along go somewhere with someone (often without an invitation)



Our local hotel has a large room that it hires out for parties.

hire out (UK) allow someone to use something in exchange for money



Ella likes to get together with her friends at the ice cream parlor on Friday evenings.

get together meet and spend time with friends

Charlie stormed out of the store when the manager refused to give him a refund.

storm out (of) leave somewhere because you are angry



Paul had to shoot off at the end of the meeting to catch his train home.

shoot off (UK) leave quickly (informal)



I hate to tear you away, but we're going to miss the last train.

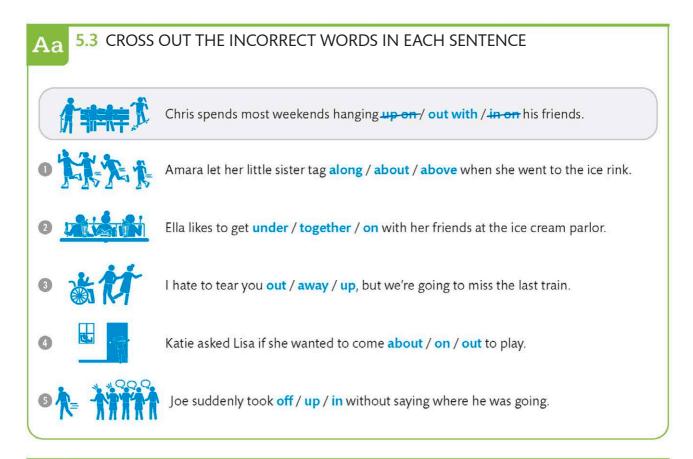
tear away (from) make someone leave a place even though they want to stay



Nadiya had to dash off to pick up the kids from school.

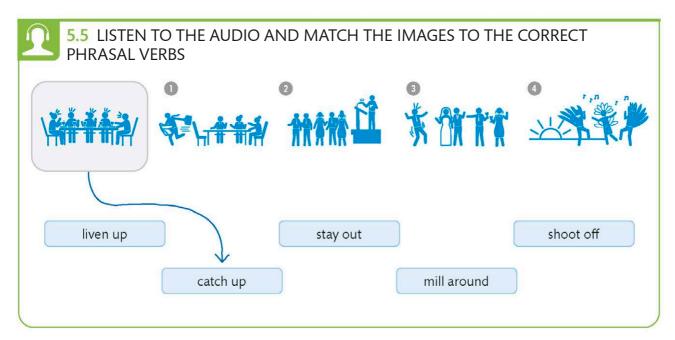
dash off (UK) leave quickly (informal)





Aa 5.4 FILL IN THE GAPS USING THE WORDS IN THE PANEL TO CREATE PHRASAL VERBS

Charlie stormed	the stor	e when the manager	refused to g	ive him a refund	
As I was leaving for t	he art exhibition, I asked				
Lots of guests were	milling	waiting for Raj to	o make his sp	beech.	
Vincent and Maya d	ecided to stay	. They	ordered pizz	za and watched a	a movie.
We headed	the beach e	early because we wa	nted to avoid	the crowds.	
Once a year, my sch	ool friends and I go out f	for a meal together to	catch) .
along up	away from	out of	around	off to	in



Aa 5.6 FILL IN THE GAPS, PUTTING THE WORDS IN THE CORRECT ORDER
out through halfway slipped
The movie was terrible, so we <u>slipped</u> out <u>halfway</u> through.
off to dash pick
Nadiya had to up the kids from school.
stayed We until out
2 The carnival was amazing dawn.
to ready out go ③ Fleur and Clare were getting
it out hires for ④ Our local hotel has a large room that

06 Clothing

6.1 CLOTHING

Angelica helped her son to button up his shirt as he got ready for school.

button up fasten the buttons on a piece of clothing



As Hasan was running across the school yard, one of his shoes came off.

come off fall off by mistake



I hope this juice stain comes out when I wash my shirt.

come out (of) be washed clean (about a stain)



Arnie's so proud of his new jacket. He's been showing it off to everyone.

show off (to) show people something you are proud of



Carly's shoes are too big for her, but she'll grow into them.

grow into become big enough to wear an item of clothing



When Tom realized he was late, he threw on a jacket and tie, and ran for the bus.

throw on put a piece of clothing on quickly



All the children at the party had dressed up as dinosaurs.

dress up (as) wear a costume to look like something

Gemma's shoes go really well with that dress.

go with look good with another piece of clothing



Mirek did up his coat to keep out the icy breeze.

do up fasten a piece of clothing



Gio's grown out of his sweater, so he's going to give it to his little brother.

grow out of become too big for an item of clothing



See also: come off 26, 52 come out (of) 52 cover up 41 do up 52 grow out of 2 hang up 38 let out 2 put on 27, 41, 55 take in 51, 55 take off 5, 9, 22, 55

This dress is a bit too big. We'll need to take it in a little.

take in make a piece of clothing smaller



Kelly stopped to tie up one of her shoe laces.

tie up fasten (usually your shoe laces)



Alex put on her prettiest dress to go out for her wedding anniversary.

put on wear a piece of clothing



Maurice hung up his coat as he walked in.

hang up place a piece of clothing on a hook or hanger



The sun is really strong today, so make sure you cover up.

cover up protect your skin with clothing



The jacket is too tight. We need to let it out a bit.

let out make a piece of clothing bigger



It was very hot in the lecture theater, so Mario took off his sweater.

take off remove (a piece of clothing)



Make sure you wrap up before heading out into that cold weather.

wrap up wear certain clothes to keep you warm



Zane folded up his clothes and put them in the wardrobe.

fold up make a piece of clothing smaller by folding it neatly

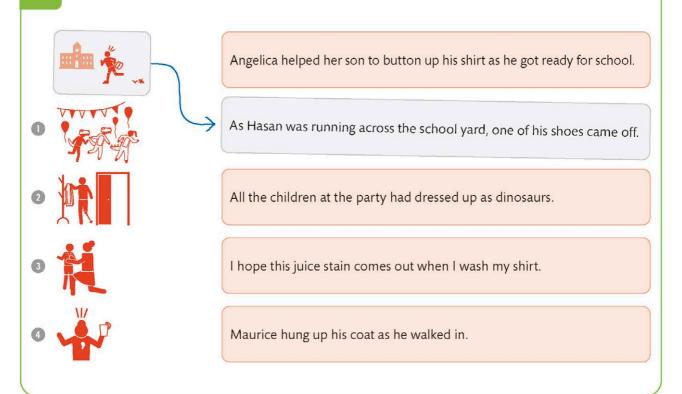


Marlon zipped up his leather jacket and walked toward the door.

zip up fasten the zipper on a piece of clothing

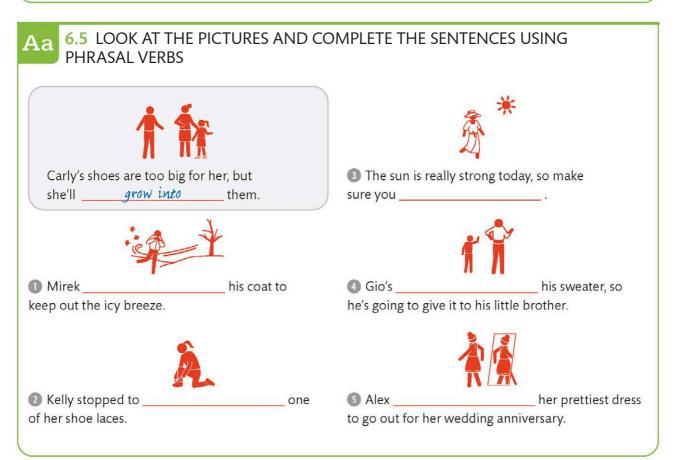
10

6.2 MATCH THE PICTURES TO THE CORRECT SENTENCES



6.3 MARK THE SENTENCES THAT ARE CORRECT I hope this juice stain comes out when I wash my shirt. I hope this juice stain comes in when I wash my shirt. Marlon zipped up his leather jacket and walked toward the door. Marlon zipped down his leather jacket and walked toward the door. Gemma's shoes go really well about that dress. Gemma's shoes go really well with that dress. Arnie's so proud of his new jacket. He's been showing it on over everyone. Arnie's so proud of his new jacket. He's been showing it off to everyone. Zane folded up his clothes and put them in the wardrobe. Zane folded away his clothes and put them in the wardrobe.

6.4 LISTEN TO THE AUDIO, THEN NUMBER THE SENTENCES IN THE ORDER YOU HEAR THEM It was very hot in the lecture theater, so Mario took off his sweater. The jacket is too tight. We need to let it out a bit. All the children at the party had dressed up as dinosaurs. This dress is a bit too big. We'll need to take it in a little. Make sure you wrap up before heading out into that cold weather. When Tom realized he was late, he threw on a jacket and tie, and ran for the bus. Angelica helped her son to button up his shirt as he got ready for school.



07 Before and after

7.1 CAUSE AND EFFECT

Heavy traffic has impacted badly on the city's air quality.

impact on have a strong effect on something



The heavy rain resulted in floods throughout the city.

result in cause something to happen



Scientists think that an asteroid colliding with Earth caused the dinosaurs to die out.

die out disappear, become extinct



Due to her injury, Colleen had to face up to the fact that she couldn't play in the match.

face up to

accept and deal with a bad situation



The discovery of some ancient ruins has led to an increase in tourism.

lead to cause something to happen



The invention of the computer brought about the end of the typewriter.

bring about cause something to happen



7.2 MAKING COMPARISONS

Old cell phones can't compete with today's smartphones.

compete with be as good as something else



To get into college, you'll need to improve on last year's results.

improve on do something better than before





Sanjay got 100% on his exam. He more than measured up to his parents' expectations.

measure up (to) be as good as people had hoped

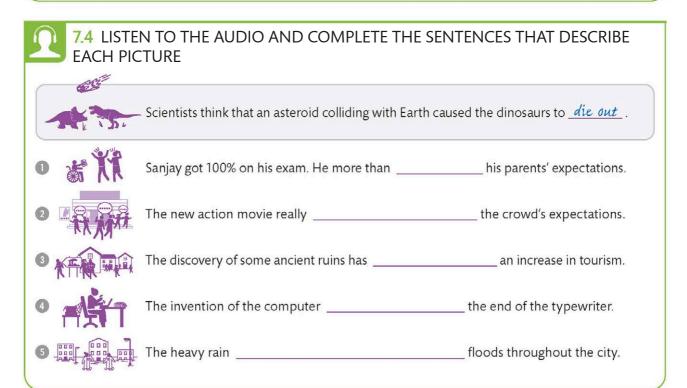


The new action movie really lived up to the crowd's expectations.

live up to be as good as people had hoped



7.3 MATCH UP THE PAIRS OF SENTENCES THAT MEAN THE SAME THING The heavy rain resulted in floods Old cell phones aren't as good as throughout the city. today's smartphones. The heavy rain caused floods Heavy traffic has impacted badly on 0 throughout the city. the city's air quality. Due to her injury, Colleen had to accept Old cell phones can't compete with 2 the fact that she couldn't play in the match. today's smartphones. Due to her injury, Colleen had to face up to To get into college, you'll need to get 3 the fact that she couldn't play in the match. better results than you got last year. To get into college, you'll need to Heavy traffic has had a strong effect on 4 improve on last year's results. the city's air quality.



08 Everyday life

8.1 DAILY ROUTINE

My alarm goes off at 7am every morning during the week.

go off begin ringing (about an alarm clock)



I usually head off to work at 8 in the morning.

head off (to) leave, begin a journey



In the evening, I often don't get in until after 7pm.

get in arrive home



Orla went to the bathroom to freshen up before going out.

freshen up make yourself look clean and tidy



Kieran woke up in the middle of the night when he heard a noise outside.

wake up stop sleeping, become alert



④

Nico usually gets up at about 10am on Saturdays.

get up get out of bed

sleep in

8.4 PHRASAL VERBS ABOUT SLEEP

I tried to wake Mia when I saw she had dozed off at her desk.

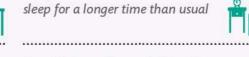
doze off fall asleep, often during the day

.....



Quite a few people nodded off during the speech.

nod off fall asleep (without meaning to)



sleep in as late as 11am.

Hanif slept through his alarm again. He's going to be late for work.

On Sunday mornings, I sometimes

sleep through not wake up when your alarm rings





See also: drop off 9 get in 9, 53 get up 53 go off 3, 27, 30, 35 head off (to) 5

8.2 RELAXING

When Noel got home from work, he sat down and read a book.

sit down take a sitting position



Sara was feeling tired, so she lay down on the couch and tried to get some rest.

lie down take a lying position



Alfred spent the afternoon pottering about in the garden.

potter about do small tasks in a relaxed way



())

8.3 TASKS

Once the guests had left, Marco set about doing the dishes.

set about (UK) begin doing something (with energy or enthusiasm)



After a short break, Ramone got on with cleaning the bathroom.

get on with concentrate on doing something (usually after a break)



Martina stayed up late revising for her exam the following morning.

stay up go to bed later than usual

Uma is still sleeping off the effects of the anesthetic. She'll be able to see you soon.

sleep off sleep to allow you to recover from the effects of a drug



I'm exhausted. I know it's only half past eight, but I'm going to have to turn in.

turn in go to bed



Bradley is sleeping over at his cousin's house tonight. He's so excited about it.

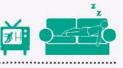
sleep over sleep at someone else's house (usually about children)



(0)

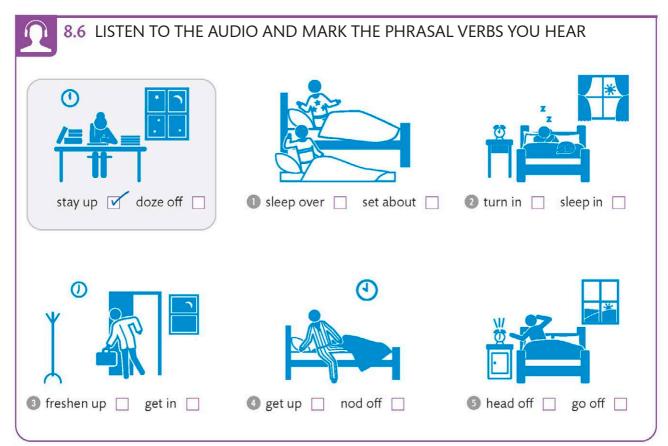
After a long day at the office, Andrew dropped off in front of the TV.

drop off fall asleep



- 1)

8.5 MATCH THE PHRASAL VERBS TO THE CORRECT DEFINITIONS do small tasks in a relaxed way drop off make yourself look clean and tidy sleep through 0 fall asleep turn in 2 get out of bed stay up 3 not wake up when your alarm rings lie down 4 potter about go to bed 5 freshen up go to bed later than usual 6 take a lying position get up 9



Aa 8.7 WRITE THE PHRASAL VERBS FROM THE PANEL UNDER THE CORRECT DEFINITIONS						
fall asleep (without meaning to) <u>nod off</u>		3 fall asleep, o	ften during the day	717		
 stop sleeping, become alert 		4 take a sitting	gposition			
2 leave, begin a journey		begin doing energy or enthu	something (with usiasm)			
wake up sit down	doze off	set about	- nod off	head off (to)		

Aa 8.8 FILL IN THE GAPS, PUTTING THE WORDS IN THE CORRECT ORDER
In the evening, I often <u>don't</u> <u>get</u> <u>in</u> until after 7pm.
on got with 1 After a short break, Ramone cleaning the bathroom.
up Iate stayed 2 Martina
dozed at off ③ I tried to wake Mia when I saw she had
Off nodded during Image: Off

09 Transportation

9.1 VEHICLES

Christina's motorcycle broke down while she was traveling through the desert.

break down stop working



Angelo left his house and got into the taxi.

get in(to) enter (a car or taxi)



George and Yolanda got on the train to Paris.

get on enter (public transportation)



Clive tried to restart the motorboat's engine after it cut out without any warning.

cut out suddenly stop working



As the movie star got out of the limousine, photographers surrounded him.

get out (of) exit (a car or taxi)



Gina got off the bus when it arrived at her stop.

get off exit (public transportation)



9.2 DRIVING

George checked the road for other vehicles before driving off.

drive off drive away, leave



Tanya turned off the main road and drove along the track to the beach.

turn off leave a road and drive onto a different one



Jen turned back when she realized that she had forgotten her phone.

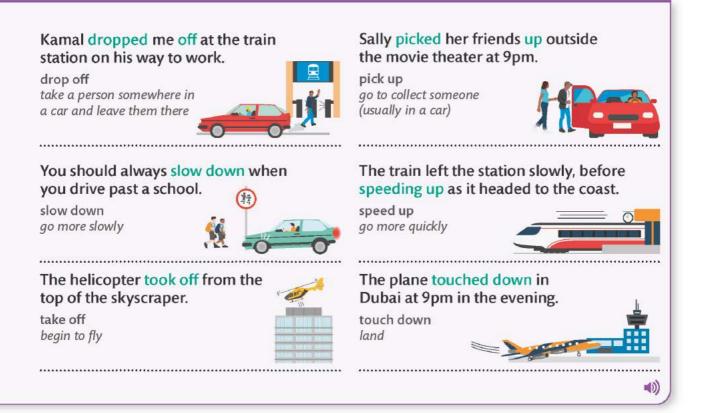
turn back return in the direction you have just come from

When you reach the castle, turn onto the highway and head west.

turn onto join a road from a different one



See also: break down 46, 50 cut out 37 drop off 8 get in 8, 53 get off 22 get on 2, 15 get out 53, 56 pick up 10, 11, 28, 31, 38 pull over 13 pull up 28 take off 5, 6, 22, 55 turn off 27



We pulled in at a small roadside café, where we could have some breakfast.

pull in(to) stop and park somewhere



Marion didn't notice the motorcycle as she pulled out of the junction.

pull out (of) move from one road to another



I pulled up by the train station to let my daughter out.

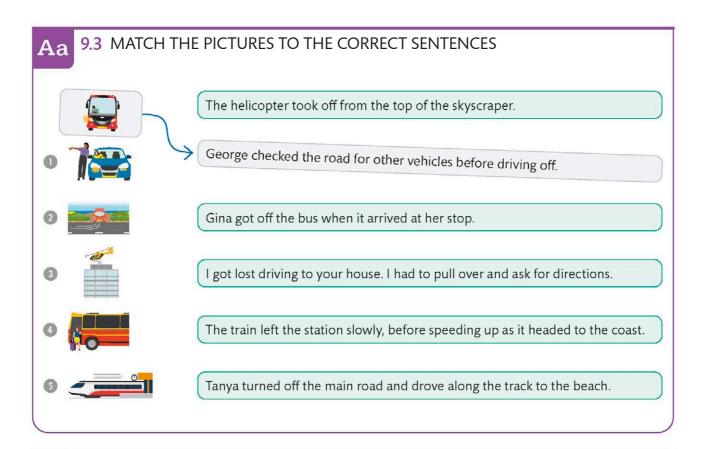
pull up stop driving (often for a short time)



I got lost driving to your house. I had to pull over and ask for directions.

pull over drive to the side of the road and stop





Aa 9.4 CROSS OUT THE INCORRECT WORDS IN EACH SENTENCE

Gina got-up-/ off / through the bus when it arrived at her stop.

In turned down / back / up when she realized that she had forgotten her phone.

2 I pulled **up** / **down** / **out** by the train station to let my daughter out.

3 Sally picked her friends on / in / up outside the movie theater at 9pm.

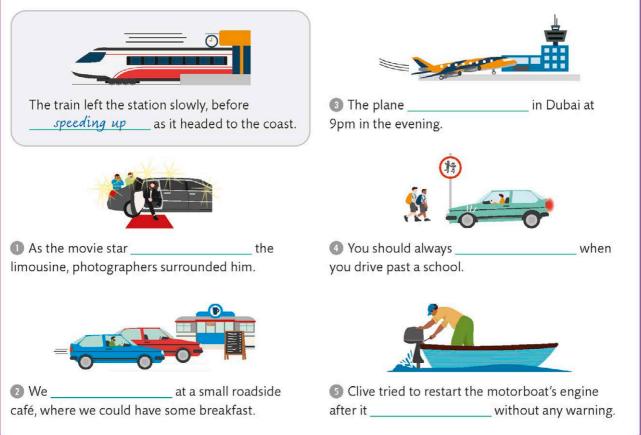
If When you reach the castle, turn over / onto / with the highway and head west.

(5) Jamie dropped me off / on / in at the train station on his way to work.

6 Angelo left his house and got into / over / up the taxi.

Marion didn't notice the motorcycle as she pulled over on / out of / up to the junction.

9.5 LISTEN TO THE AUDIO AND COMPLETE THE SENTENCES THAT DESCRIBE EACH PICTURE



9.6 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION, FILLING IN THE MISSING LETTERS

begin to fly	=	<u>take off</u>
• enter (public transportation)	=	<u>g</u> 0
2 go more slowly	=	<u>s</u> d
3 stop working	=	<u>bd</u>
4 drive away, leave	=	<u>d</u> o
5 join a road from a different one	=	<u>t</u> o

10 Shopping

10.1 SHOPPING

Once Ellie had found a scarf that she liked, she went to check out.

check out (US) pay



look around

what is there

visit a place and see

Ellie used her credit card to pay for the scarf.

pay for give money for something you are buying

Peter bought up all the pizzas in the store before his party.

buy up buy the entire supply of something



Joshua crossed off each item on the shopping list as he found it.

Kemal knocked down the price

of jewelry by 15% to attract

shoppers to his new store.

knock down

reduce prices

cross off put a line through a word in a list



Luis put the melon in his basket and checked it off his shopping list.

Aziz had been looking around the store for

ages, but couldn't find a shirt he liked.

check off (US) put a check mark next to a word in a list



I bought my new laptop online, and went to pick it up at my local store the following day.

pick up collect an item that you bought online



My favorite author has just brought out a new novel.

bring out put a new product on sale



Fans are lining up outside the bookstore to buy it.

line up wait in a line for something



See also: check out 35, 50 pick up 9, 11, 28, 31, 38 take back 16, 44, 55

Ethan's going camping this weekend, so he's stocking up on insect repellant.

stock up (on) buy a lot of something in case you need it



Before buying a new car, it's worth shopping around. You might find a bargain.

shop around visit several stores (or websites) to compare their products and prices



I went to the market to buy some bread, but they had sold out.

sell out (of) sell all the available items



Carla didn't like the sweater she'd bought, so she decided to take it back.

take back return a product to the store where you bought it



The fitting rooms are over there if you'd like to try it on.

try on wear an item of clothing to see if it fits

The mugs I bought online are broken. I'm going to send them back.

send back return an item to the seller by mail



Aisha decided to splash out on clothes for her summer vacation.

splash out (on) spend a lot of money without thinking too much about it



Marta couldn't wait to try out her new games console.

try out try a new product to see what it is like



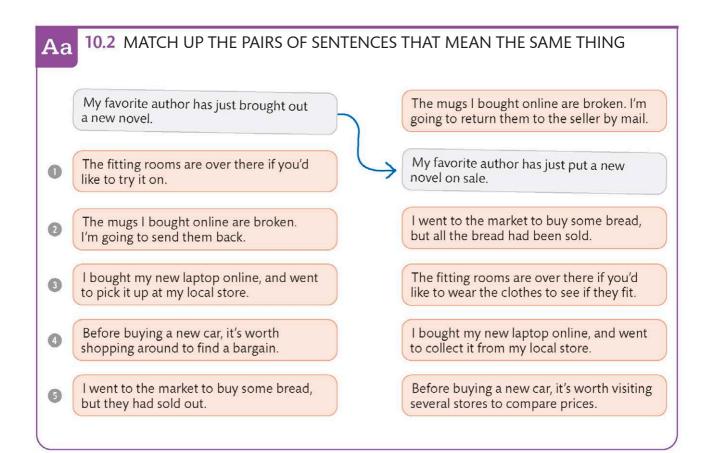
Shoppers had already snapped up all the bargains at the sale by the time I'd arrived.

snap up buy something quickly, as soon as it becomes available









Aa 10.3 WRITE THE PHRASAL VERBS FROM THE PANEL UNDER THE CORRECT DEFINITIONS

mail an item b <u>send back</u>	ack to the seller		3 put a line	through a word in	a list
1 wait in a line fo	or something		4 sell all the	e available items	
2 buy a lot of sor you need it	nething in case		5 buy some soon as it be	ething quickly, as comes available	
cross off	snap up	line up	sell out (of)	-send back	stock up (on)

10.4 LISTEN TO THE AUDIO AND COMPLETE THE SENTENCES THAT DESCRIBE EACH PICTURE

	Before buying a new car, it's worth <u>shopping around</u> . You might find a bargain.
0	Marta couldn't wait to her new games console.
2	Kemal the price of jewelry by 15% to attract shoppers to his new store.
3	Luis put the melon in his basket and his shopping list.
4	Aisha decided to clothes for her summer vacation.
5	Ellie used her credit card to the scarf.

Aa 10.5 FILL IN PHRASAL V	N THE GAPS USIN /ERBS	G THE WORD	S IN THE PAN	IEL TO CREATE			
Peter bought u	p all th	e pizzas in the sto	ore before his pa	rty.			
Aziz had been looking the store for ages, but couldn't find a shirt he liked.							
Shoppers had already snapped all the bargains at the sale by the time I'd arrived.							
③ Once Ellie had found a scarf that she liked, she went to check .							
④ Carla didn't like the sweater she'd bought, so she decided to take it .							
5 Joshua crossed each item on the shopping list as he found it.							
up	back _	lb_	off	out	around		

11 The weather

11.1 THE WEATHER

As dark storm clouds rolled in from the east, Arthur tried to get home before the rain started.

roll in (about bad weather) approach, come nearer



It looks like the weather's clearing up. We'll be able to start the game again soon.

clear up (about weather) improve, become less cloudy



The weather's been awful, but it's finally starting to brighten up.

Once the storm had calmed down.

brighten up become sunnier, less cloudy



Chris and Mel had to leave the beach when it started bucketing down.

bucket down rain very heavily (informal)



Minutes after Ben had lit the grill, the sky clouded over. He hoped it wouldn't rain.

cloud over become more cloudy



Don't go outside yet, Pamela. It's pouring down!

Grace checked her house

become less stormy or windy

for damage.

calm down

pour down rain heavily

Oh, thanks Martin. I'll wait until it eases off a bit.

ease off become less strong or intense

See also:

brighten up 45 calm down 45 clear up 32, 50 cool down 11 pick up 9, 10, 28, 31, 38 warm up 33

The wind's picking up. It's perfect weather for flying a kite.

pick up increase, become stronger



As soon as the storm had blown over, the hikers left the cave and continued walking.

blow over (about a storm) move away



After days of bad weather, the rain finally started to let up.

let up become less severe



Ella stood in a bus shelter waiting for the wind to die down.

die down (about a storm or wind) become calmer



By the end of May, the weather starts to warm up and the tourists start to arrive.

warm up become warmer

Alice likes to sit on the balcony when the weather cools down in the evening.

cool down become cooler



People go ice-skating when the lake freezes over in the winter.

freeze over completely freeze

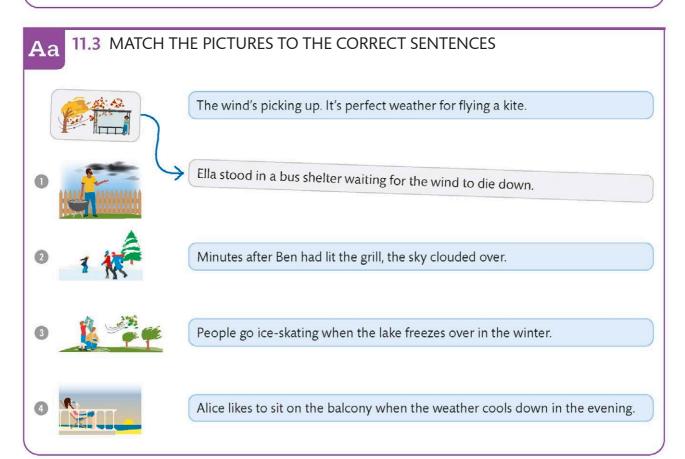


Today started off nicely, so we ate our breakfast on the terrace. start off begin



())

Aa 11.2 MARK THE SENTENCES THAT ARE CORRECT	
Don't go outside yet, Pamela. It's pouring down! Don't go outside yet, Pamela. It's pouring up!	
Today started off nicely, so we ate our breakfast on the terrace. Today started on nicely, so we ate our breakfast on the terrace.	
2 After days of bad weather, the rain finally started to let down. After days of bad weather, the rain finally started to let up.	
Ohris and Mel had to leave the beach when it started bucketing under. Chris and Mel had to leave the beach when it started bucketing down.	
The weather's been awful, but it's finally starting to brighten up. The weather's been awful, but it's finally starting to brighten off.	



a 11.4 REWRITE THE SENTENCES, CORRECTING THE ERRORS

Minutes after Ben had lit the grill, the sky clouded off. He hoped it wouldn't rain. Minutes after Ben had lit the grill, the sky clouded over. He hoped it wouldn't rain.

① As soon as the storm had **blown under**, the hikers left the cave and continued walking.

2 As dark storm clouds rolled out from the east, Arthur tried to get home before the rain started.

③ It looks like the weather's **clearing off**. We'll be able to start the game again soon.

If a start of the start of t

⑤ Once the storm had calmed up, Grace checked her house for damage.

11.5 LISTEN TO THE AUDIO, THEN NUMBER THE PICTURES IN THE ORDER YOU HEAR THEM



12 Technology

12.1 COMPUTER SYSTEMS

To access your account, log in with your username and password.

log in(to) enter an account or system



As soon as Sherelle gets into work, she boots up her computer.

boot up (UK) (about a computer) start, turn on



This is the third time that our system has gone down this morning!

go down (about a network) stop working



Some criminals hacked into our computer system and stole the new designs.

hack into access a computer or network illegally



Always make sure you log out of your account after using it, so hackers can't steal your data.

log out (of) leave an account or system



You should shut down your computer at night to save electricity.

shut down (about a computer) turn off



I back up all my photos in case my computer breaks. I keep them on an external hard drive.

back up make a copy of something



Our company hired a technician to set up the new printer.

set up get something ready to use

12.3 NEW PRODUCTS

My office has started rolling out some new software. People are very confused by it.

roll out (about a product) introduce



The new phone model came out today. There was a long line outside the store.

come out (about a product) be released



See also: back up 44 come out 5, 6, 12, 41, 52 go down 32, 54 set up 3, 53

12.2 USING TECHNOLOGY

Pete scrolled up to the top of the document to find the company's address.

scroll up (to) move toward the top (of a page)



When Amy zoomed in, she noticed the red car in front of the restaurant.

zoom in get a closer view of something



You have to type in your password to access the website.

type in enter information using a keyboard



If you click on the link at the bottom of the page, you will see the answers.

click on select something on a computer screen



I had to scroll down to the bottom of the page to find the information I was looking for.

scroll down (to) move toward the bottom (of a page)

	A	
	VI.	-

Amy zoomed out to look at the whole picture.

zoom out get a more distant view of something



I type out my essays because it's quicker than writing them by hand.

type out write a piece of text using a keyboard



I printed out a copy of the contract for the clients to sign.

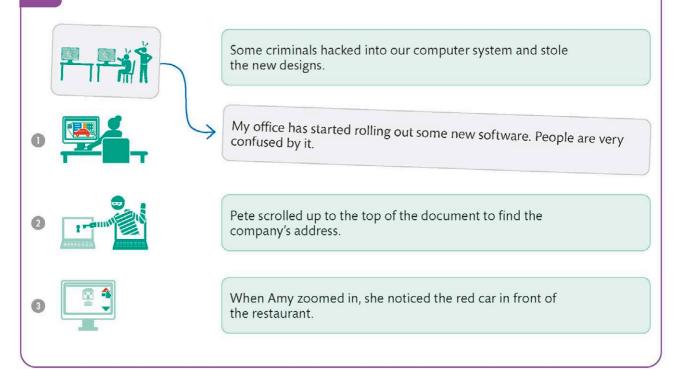
print out make a paper copy of a text

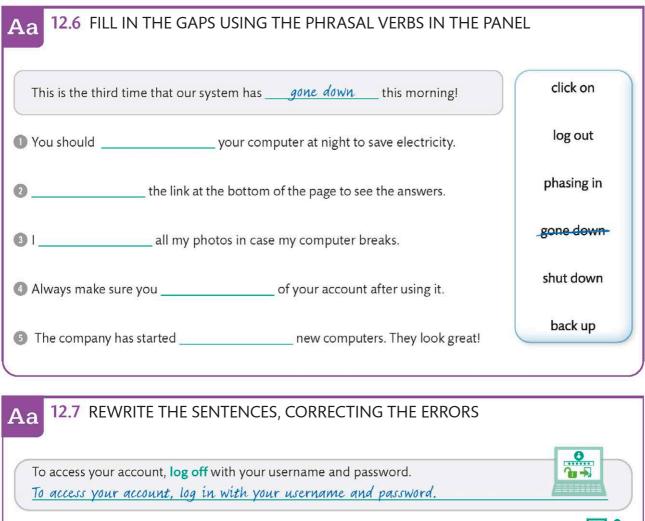
The company has started phasing in new computers. They look great! I agree. I'm so glad that they're phasing these old models out. phase in (about a product) introduce slowly I agree. I'm so glad that they're phasing these old models out. phase out (about a product) replace slowly

12.4 LISTEN TO THE AUDIO, THEN NUMBER THE SENTENCES IN THE ORDER YOU HEAR THEM

As soon as Sherelle gets into work, she boots up her computer.	
B When Amy zoomed in, she noticed the red car in front of the restaurant.	1
I had to scroll down to the bottom of the page to find the information I was looking for.	
D I printed out a copy of the contract for the clients to sign.	
This is the third time that our system has gone down this morning!	
B The new phone model came out today. There was a long line outside the store.	
G To access your account, log in with your username and password.	

Aa 12.5 MATCH THE PICTURES TO THE CORRECT SENTENCES





I type in my essays because it's quicker than writing them by hand.

I printed up a copy of the contract for the clients to sign.

③ Our company hired a technician to **put up** the new printer.

4 You have to type down your password to access the website.

6 Amy zoomed up to look at the whole picture at once.

13 Crime, the law, and politics

13.1 CRIME AND THE LAW

Gustav broke out of prison by digging a hole under the main wall.

break out (of) escape from a prison



Phil had to go to the hospital after somebody beat him up.

beat up injure someone by hitting them repeatedly



The police are cracking down on illegal parking in the city.

crack down (on) become stricter about existing rules



The police cordoned off the area where the crime had taken place.

cordon off use a barrier to stop people from entering an area



After robbing the store, the thieves got away in a stolen car.

get away escape



Someone broke into my house and stole all my jewelry.

break in(to) enter a building to steal something



The police ordered the criminal to hand over the stolen money.

hand over return something to its owner



Janice is leading a campaign to stamp out littering in the park.

stamp out make something bad or unpleasant stop happening

Dan tipped off the police about the location of the stolen artworks.

tip off give someone information anonymously



The police could tell from the tire tracks that the thieves had escaped by car.

tell from draw a conclusion from evidence



See also: get away 35 pull over 9 turn to 21, 45, 50

The local government has brought in a new law banning cars from entering the city center.

bring in introduce a new law



Watch out for pickpockets when you're on the train!

watch out for be aware of potential danger



While I was driving home, the traffic police pulled me over for speeding.

pull over make a driver stop for doing something illegal



The detectives tracked down the thief using fingerprints on the door handle.

track down work to find something or someone



My brother turned to crime after he lost his job.

turn to start doing something different



())

13.2 POLITICS

Activists are calling on the government to protect the country's forests.

call on ask someone publicly to do something



Senators voted on the new law after a long debate.

vote on make a decision about a law using a vote



The protestors are calling for better public transportation in the town.

call for ask publicly for something to happen



One of my old school friends is running for mayor.

r**un fo**r be a candidate for a political position



I'm definitely going to vote for her.

vote for support something or someone by using a vote



Aa 13.3 MATCH UP THE PAIRS OF SENTENCES THAT MEAN THE SAME THING

Someone broke into my house and stole all my jewelry.

- One of my old school friends is running for mayor.
- 2 The police cordoned off the area where the crime had taken place.
- After robbing the store, the thieves got away in a stolen car.
- Watch out for pickpockets when you're on the train!
- 5 The police are cracking down on illegal parking in the city.
 - Activists are calling on the government to protect the country's forests.

The police stopped people from entering the area where the crime had taken place.

Someone entered my house without permission and stole all my jewelry.

The police are becoming stricter on illegal parking in the city.

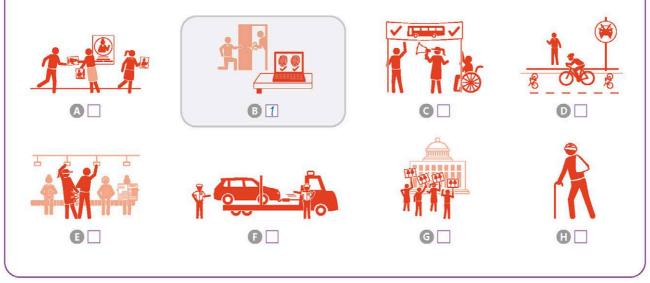
Be aware of pickpockets when you're on the train!

Activists are asking the government publicly to protect the country's forests.

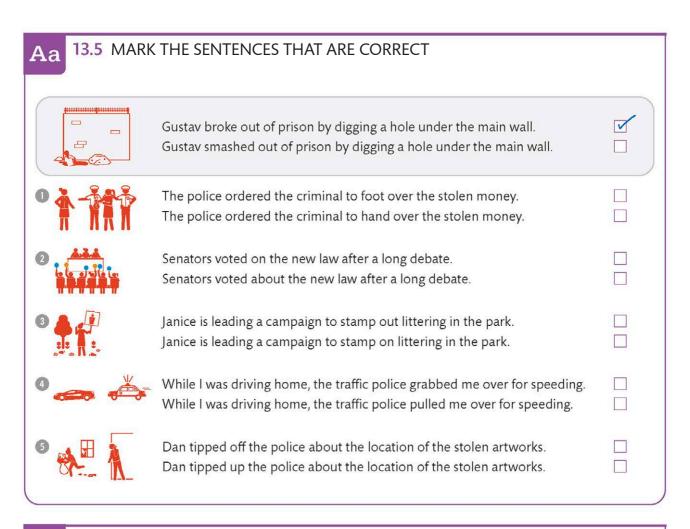
One of my old school friends is a candidate for mayor.

After robbing the store, the thieves escaped in a stolen car.

13.4 LISTEN TO THE AUDIO, THEN NUMBER THE PICTURES IN THE ORDER YOU HEAR THEM



6



Aa 13.6 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION

draw a conclusion from evidence	=	tell from
support something or someone by using a vote	\equiv	
2 start doing something different	=	
3 work to find something or someone	=	
Injure someone by hitting them repeatedly	Ξ	
5 introduce a new law	=	
o ask publicly for something to happen	Ξ	-



14.1 MONEY

Dan has owed me £200 for six months, but he's finally paid up.

pay up return (usually unwillingly) all the money you have borrowed



I came into a lot of money when my grandfather died.

come into receive suddenly; inherit



I lent Jenny \$20 yesterday and she paid me back today.

pay back return the money you have borrowed



Nura asked Craig's friends to chip in \$5 each toward his birthday present.

chip in each contribute money

Gary lives off the money that he inherited from his aunt. He does not need to work.

live off get enough money from somewhere to pay for all the things you need



I've decided to cut back on spending by bringing my own lunch to work.

cut back (on) reduce the amount of money you spend



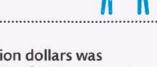
Sara has finally coughed up the money I lent her last year.

cough up give money you owe (reluctantly)



Tommy had to fork out more than \$600 to get his car repaired.

fork out (for) spend a lot of money on something



More than a million dollars was wiped off the price of our company this morning.

wipe off reduce in value



I try to live on half my paycheck every month so I can save the rest.

live on have a limited amount of money to buy the things you need



See also: add up 25, 41 come to 24 cut back 28 pay off 26 run into 26 take out 3, 21, 28 wipe off 21

The cost of the new stadium has already run into the millions.

run into allow a debt or bill to increase to a certain amount



Try to pay your bills as soon as they arrive. They can soon add up.

add up accumulate, build up



Tara and Ali are saving up for a new house. They try to save \$300 each month.

save up save money (for something in particular)



Patrick went to the bank to pay in some cash.

pay in(to) put money in a bank

get by



Pete went to the ATM to take out some cash.

take out withdraw money from a bank

The food was excellent, but we were shocked when the bill came to more than \$200.

come to reach a certain amount



Wayne paid for everyone's lunches yesterday, so we settled up with him today.

Nick doesn't earn much money,

but it's enough to get by.

have just enough money to survive

settle up (with) pay someone what you owe them



He doesn't know how he's going to pay them off.

pay off finish giving back the money you have borrowed

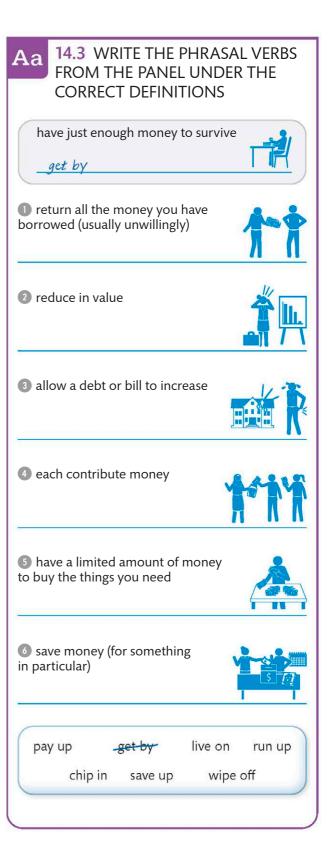


Colin has run up some huge debts renovating his house.

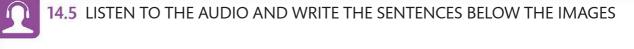
run up allow a debt or bill to increase

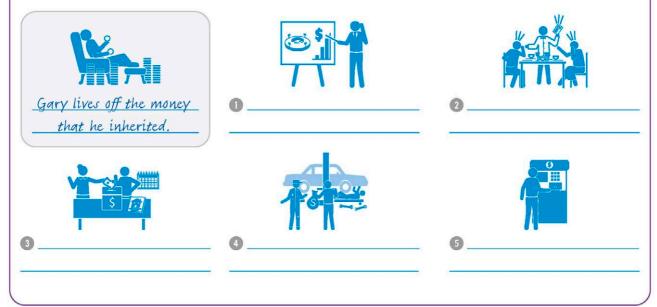


Aa 14.2 READ THE STATEMEN MARK THE CORRECT MEAN	TS AND NING
l lent Jenny \$20 yesterday and she pai back today.	d me
Jenny threw away \$20.	
Jenny returned \$20 to me.	
Jenny stole \$20 from me.	
More than a million dollars was wiped price of our company this morning.	d off the
The company reduced in value.	
The company rose in value.	
The company shut down.	
 Tommy had to fork out more than \$60 get his car repaired. Tommy had to spend a lot of money Tommy had to save a lot of money. Tommy had to borrow money. 	_
I came into a lot of money when my grandfather died.	
l lost a lot of money.	
I inherited a lot of money.	
I gave away a lot of money.	
Patrick went to the bank to pay in som Patrick took money from a bank. Patrick put money into a bank. Patrick robbed a bank.	ne cash.
 Wayne paid for everyone's lunches ye so we settled up with him today. We took money from Wayne. We shared money with Wayne. We paid Wayne what we owed him. 	sterday,



Aa 14.4 REWRITE THE SENTENCES, CORRECTING THE ERRORS He doesn't know how he's going to pay them over. He doesn't know how he's going to pay them off. Sara has finally coughed on the money I lent her last year. Image: Coughed on the money I lent her last year. I've decided to cut down for spending by bringing my own lunch to work. Image: Coughed on the money I lent her last year. The food was excellent, but we were shocked when the bill went to more than \$200. Image: Coughed on the money I lent her last year. The cost of the new stadium has already run through the millions. Image: Coughed on the millions. Try to pay your bills as soon as they arrive. They can soon add on. Image: Coughed on the million on the stadium has already run through the millions.





15 Time

15.1 TIME

The journey dragged on for hours. The kids were so bored!

drag on continue for a long time (negative)



Time's getting on now. Let's hurry home before it gets dark.

get on (UK) become late (about the time)



We take the children to the park every afternoon to break up the day.

break up break (a day or period of time) into separate parts



The doctor's busy at the moment, but I'll try to fit you in later today.

fit in make time for something



Mikhail dragged out his speech for so long that some of the audience fell asleep.

drag out make something last too long (negative)



As the years went by, I grew to love Phil's sense of humor.

go by pass (about time)



The deadline for the project crept up on us.

creep up (on) happen slowly to someone without them noticing it



I enjoy whiling away the hours reading novels and comic books.

while away pass the time in a relaxed way



15.2 WAITING

Hi Sally! Can you hang on a minute while I grab my umbrella?

hang on wait for a short time (informal)



The service here is terrible! It's holding everyone up.

hold up make someone or something late



Danny wasn't able to finish the exam because he ran out of time.

run o<mark>ut (of)</mark> have no more (time)

time out



Cleaning the house took up all of Liam's weekend.

take up occupy, use up (someone's time)



Your session has timed out. Please log in again.

log someone out of a computer, server,

or website because of inactivity

......

Commuting to and from work really eats into my time.

eat into take up too much (of someone's time)



Hurry up, Oliver! The train's going to leave soon!

hurry up move or do something more quickly



I can't believe how quickly winter's come around again!

come around happen again (about a regular event)



Our professor always draws out our lectures by answering lots of questions at the end.

draw out make something last longer than necessary

Quitting my job at the café has freed up more time for my studies.

free up make more time available

Chris was sitting in the café waiting for his girlfriend to arrive.

wait for stay somewhere or delay something until something happens



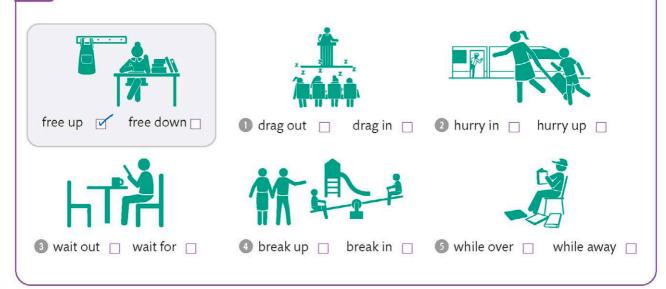
When the train was canceled, the passengers had to wait around for the next one.

wait around (for) do nothing until something happens

Aa 15.3 READ THE STATEMENTS AND MARK THE CORRECT MEANING

Winter's come around again so quickly!Winter is over.Winter has started again.Winter is yet to begin.	 Our professor always draws out our lectures. He keeps lectures short. He makes lectures last longer. He refuses to give lectures.
 Hurry up, Oliver! The train's going to leave so Slow down, Oliver. Stop walking, Oliver. Move more quickly, Oliver. 	I enjoy whiling away the hours reading. I read very fast. I read for very little time. I like to pass the time by reading.
 Quitting my job has freed up time for my sture I have more time for my studies. I have less time for my studies. I have no time for my studies. 	dies. Image: The state of the state o
 As the years went by, I grew to love Phil. I began to love Phil. I do not love Phil. I have always loved Phil. 	 Your session has timed out. Please log in again. Your session has ended due to inactivity. Your session is still in progress. Your session has not begun.

15.4 LISTEN TO THE AUDIO AND MARK THE PHRASAL VERBS YOU HEAR



Aa 15.5 FILL IN THE GAPS USING THE PHRASAL VERBS IN THE PAN	NEL
As the years <u>went by</u> , I grew to love Phil's sense of humor.	eats into
1) The journey for hours. The kids were so bored.	crept up on
2 Commuting to and from work really my time.	went by
③ Cleaning the house all of Liam's weekend.	took up
The deadline for the projectus.	dragged on

Aa 15.6 FILL IN THE GAPS, PUTTING THE WORDS IN THE CORRECT ORDER
Passengers had to <u>Wait</u> for around for the next train.
up everyone holding 1 The service here is terrible! It's
on now getting 2 Time's
a hang on ③ Can you minute while I grab my umbrella?
fit in you The doctor's busy today, but I'll try to tomorrow.

16 Past and future

16.1 FUTURE

The building project has just begun. Months of construction work lie ahead before it'll be finished.

lie ahead be in the future

Elly and George are looking forward to going to the beach later.

look forward to wait for something with excitement



All the streets were decorated in the weeks leading up to the festival.

lead up to happen in the period before an event



Colin is working hard because the deadline for his article is coming up.

come up approach, happen soon



Kira had dreamed of becoming a great actor, but her plans didn't pan out.

pan out develop, become successful



())

16.2 MEMORY

Being at the beach stirs up memories of vacations with my grandmother.

stir up make someone think about the past



Roland looks back on his college days with pleasure.

look back (on) remember, think about the past



Finding my old toys brought back happy memories of my childhood.

bring back make someone think about the past



16.3 CHANGE AND RESCHEDULING

The house was turned into a convenience store in the 1980s.

turn into become, transform into



We are planning to turn it back into a house and live there.

turn back into return to its original form



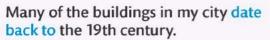
When I recognized Roshan, memories of our days in Delhi came flooding back.

flood back suddenly come into someone's mind (about memories or emotions)



I like to listen to music and think back to my days as a musician in Paris.

think back (to) think about an event in the past



date back to come into being at a particular time in the past

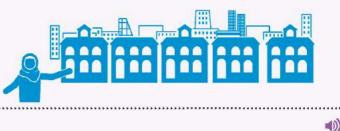
Peter reminds me of you when you were a little boy.

remind of make someone remember a person, place, or event from the past

This dress takes me back to my childhood in the 1960s.

take back (to) make someone think about the past





The doctor's off this afternoon, so could we bring your appointment forward to 11 o'clock this morning?

bring forward (to) move to an earlier time



Claude is unwell today. We'll have to push our meeting back to tomorrow.

push back (to) move an appointment to a later date, postpone



In my country, the clocks go forward one hour in the spring.

go forward move forward

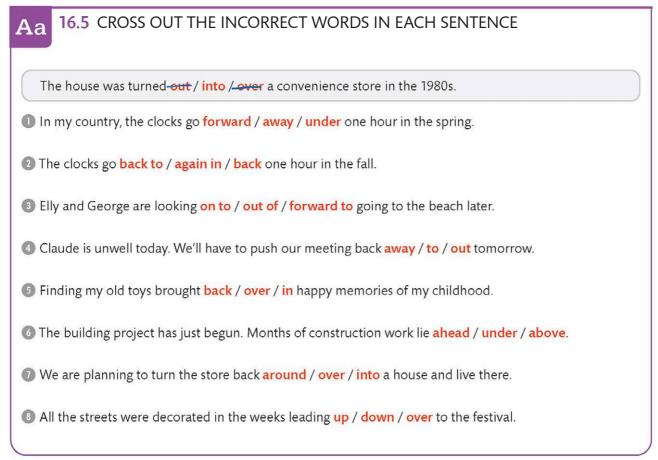


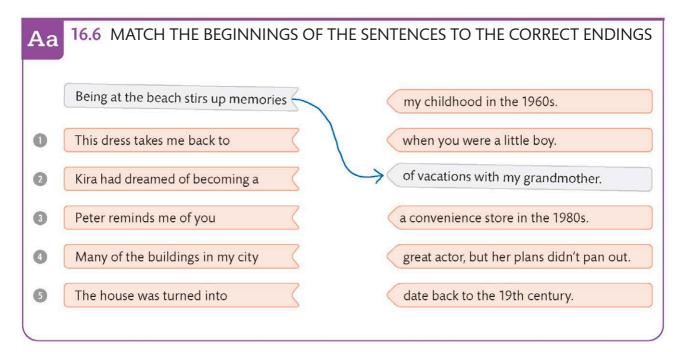
The clocks go back one hour in the fall.

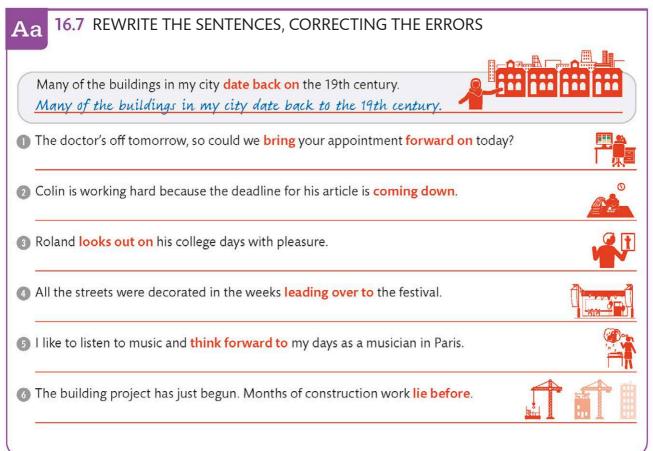
go back move backward

()

16.4 LISTEN TO THE AUDIO, THEN NUMBER THE PICTURES IN THE ORDER YOU HEAR THEM







17 Making plans

17.1 MAKING PLANS

Kwang had been planning to study medicine, but ended up studying French.

end up do something different to what you had originally planned



The negotiating teams stayed up until after midnight hammering out a new treaty.

hammer out reach an agreement after much discussion



I asked Sabrina if she wanted to go camping, but she threw out the idea.



.....



My dad wanted to buy a motorcycle for ages, but I never expected him to go through with it.

go through with do something you have planned to do (after some thought or discussion)



We want to get married in summer, but we haven't pinned down a location yet.

pin down decide the details about something



Giovanni forgot about the art project, but he managed to throw something together.

throw together do something without preparation



17.2 CANCELING PLANS

Ed had promised to do a bungee jump with me, but backed out at the last minute.

back out not do something you had agreed to do



Adi always manages to wriggle out of helping with the cleaning.

wriggle out of avoid doing something you should do (informal)

Dexter was going to ask Becky out on a date, but he chickened out.

chicken out decide not to do something you had planned to do because you are afraid (informal)





See also: end up 35 get out of 31 throw out 39

You should plan ahead before setting off on a long car journey.

plan ahead make plans before an event happens



Allow for traffic delays when estimating how long it'll take.

allow for take something into consideration before making a plan

You need to think ahead and save some money for the future.

think ahead think about the future and plan for it

We've been meaning to get a new kitchen for years, but we never get around to it.

get around to find the time to do something



The two directors had several meetings to firm up the details of the new contract.

firm up make something more definite



Look ahead and picture what you want to be doing in five years' time.

look ahead think about what might happen in the future

.....

The store weaseled out of giving us a refund

by claiming we had broken the vase.

weasel out of avoid doing something you had agreed to do in a sneaky way (informal)

Seb said he'd help me paint the house, but he went back on his promise.

go back on fail to keep a promise or agreement



Cleo didn't want to go out, so she pretended to be sick to get out of it.

get out of avoid doing something you had agreed to do

(ا

- (1))

17.3 MATCH UP THE PAIRS OF SENTENCES THAT MEAN THE SAME THING

Seb said he'd help me paint the house, but he went back on his promise.

- Allow for traffic delays when estimating how long the journey will take.
- We've been meaning to get a new kitchen for years, but we never get around to it.

Giovanni forgot about the art project, but he managed to throw something together.

The two directors had several meetings to firm up the details of the new contract.

I asked Sabrina if she wanted to go camping, but she threw out the idea.

The negotiating teams stayed up until after midnight hammering out a new treaty.

The two directors had several meetings to make the new contract more definite.

Seb said he'd help me paint the house, but he did not keep his promise.

I asked Sabrina if she wanted to go camping, but she rejected the idea.

We've been meaning to get a new kitchen for years, but haven't found the time for it.

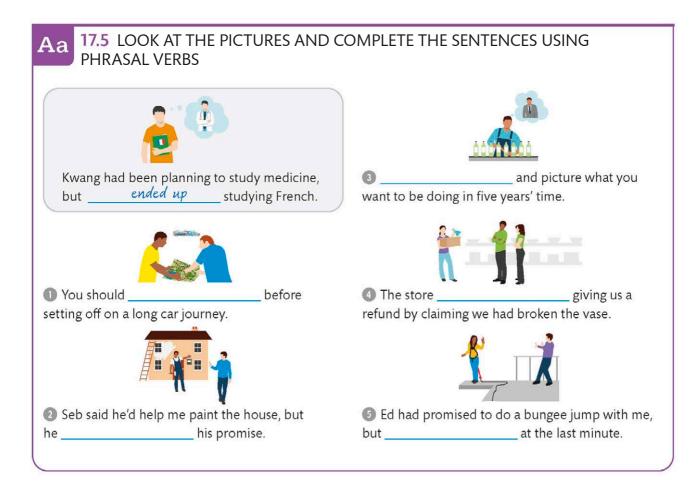
Take traffic delays into consideration when estimating how long the journey will take.

The negotiating teams stayed up to discuss and reach an agreement on a new treaty.

Giovanni forgot about the art project, but he managed to do it without preparation.

Aa 17.4 FILL IN THE GAPS USING THE PHRASAL VERBS IN THE PANEL

We want to get married, but we haven't <u>pinned down</u> a location yet.	hammering out
They stayed up until after midnighta new treaty.	think ahead
2 Cleo pretended to be sick to going out.	.pinned down
I Dexter was going to ask Becky out, but he	get out of
4 You need to and save money for the future.	chickened out



17.6 LISTEN TO THE AUDIO, THEN NUMBER THE SENTENCES IN THE ORDER YOU HEAR THEM My dad wanted to buy a motorcycle for ages, but I never expected him to go through with it. We want to get married in summer, but we haven't pinned down a location yet. I asked Sabrina if she wanted to go camping, but she threw out the idea. I asked Sabrina if she wanted to go camping, but she threw out the idea. We've been meaning to get a new kitchen for years, but we never get around to it. Kwang had been planning to study medicine, but ended up studying French. Seb said he'd help me paint the house, but he went back on his promise. Giovanni forgot about the art project, but he managed to throw something together.

18 The senses

18.1 HEARING

Listen up! You're going to fail your exam unless you start working a bit harder.

listen up pay attention



Dayita listened to the radio while she ate her breakfast.

listen to pay attention to someone talking or something making a sound

.....



Have you heard about the new gym in town? It's supposed to be great.

hear about receive information about something



Andy hid behind the curtain so he could listen in on Carmen and Simon's conversation.

listen in (on) secretly listen to someone



Marion asked her son to listen out for the doorbell while she was in the garden.

listen out for listen attentively to hear a noise you are expecting



Please hear me out! I don't want to be a lawyer. I want to be an actor!

hear out listen to someone without interrupting



18.2 SMELL AND TASTE

Alex's cookies smelled of cinnamon. I asked to try one.

smell of have the smell of something



That journalist's been sniffing around again trying to find out what's going on.

sniff around try to find information



Whatever Pablo has cooked is stinking the whole house out.

stink out cause somewhere to smell unpleasant (informal)



This soup is delicious! It tastes of tomato and basil.

taste of have the flavor of something



18.3 SIGHT

Robert has been looking for his glasses all afternoon. He can't find them anywhere.

look for search for something

We all looked on in silence as the magician seemed to cut the person in half.

look on watch something without taking part

The children looked over the wall, trying to see where the ball had landed.

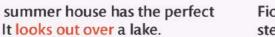
look over raise yourself to see past an obstacle

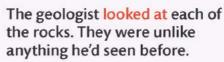
Sarah and Dionne looked into the well. There was no sign of the bottom.

look into look at a hole, room, or hollow object to see what is inside

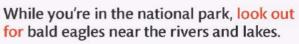
Vineeta's summer house has the perfect location. It looks out over a lake

look out over have a view of





look at examine something



look out for pay attention to notice something



The scary scene in the movie made everyone look away.

look away turn your eyes away from something



Marcus looked through his telescope to see the moon.

look through look at one side of something to see what is on the other side



Fiona spied on her colleagues to steal their ideas.

spy on secretly watch someone

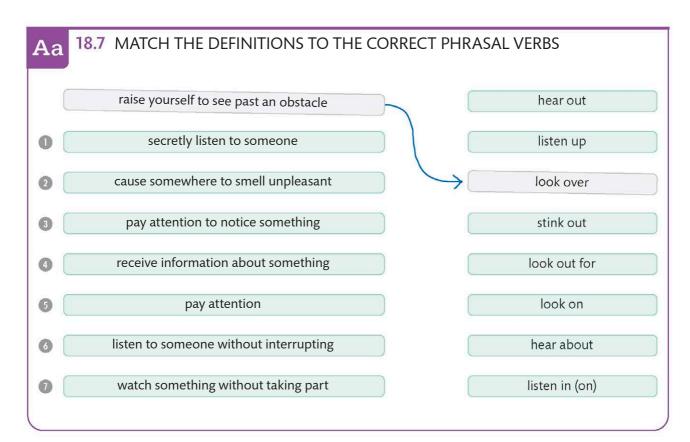


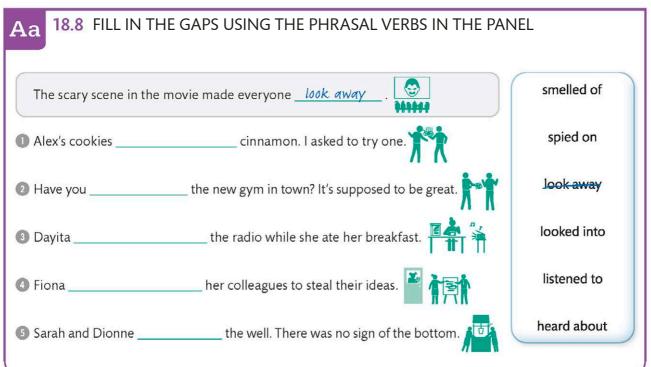


Aa 18.4 READ THE STATEMENTS AND MARK THE CORRECT MEANING	18.5 LISTEN TO THE AUDIO AND MATCH THE IMAGES TO THE CORRECT PHRASAL VERBS
Fiona spied on her colleagues.Fiona is a spy.Fiona secretly watched her colleagues.Fiona thinks her colleagues are spies.	look at
 The soup tastes of tomato and basil. The soup has only tomato and basil in it. The soup has a tomato and basil flavor. 	• taste of
The soup is missing tomato and basil. Image: Comparison of the second secon	2 listen in on
Marcus bought a telescope.Image: Comparison of telescope.Marcus used his telescope.Image: Comparison of telescope.	Sniff around
 Robert looked for his glasses. Robert wanted his glasses back. Robert searched for his glasses. 	Iook through
Robert bought new glasses. Please hear me out! 	6 1 listen out for
Please listen to me! Please come outside! Please leave me alone!	stink out

Aa 18.6 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION, FILLING IN THE MISSING LETTERS

	<u> 0 0 k</u>	<u>o n</u>	
	<u>s</u>	_a	
=	1	<u>a</u>	
=	<u> </u>	0	0
=	<u> </u>	<u>a</u>	
		<u> </u>	





19 Movement and progress

19.1 MOVEMENT AND PROGRESS

Martin was exhausted, and began to fall behind the other runners.

fall behind move more slowly than the people around you



Tanya turned away as the nurse gave her the injection.

turn away turn your head or body so that you are no longer facing something



As the train went through the mountain range, Ted took some photographs.

go through move through a room or space



The saleswoman came up to Fabio and asked if he needed any help.

come up to approach someone, come close to someone



The monkey climbed up the tree with Kazuo's camera.

climb up move toward the top of something (often using your arms as well as legs)



The rain made it hard for the hikers to keep going, but they pressed on.

press on continue despite difficulties



The security guards told us to stop taking photos of the building and move along.

move along leave a certain place (usually said by someone in authority)



There was a loud knock at the door. Hassan stood up and went to answer it.

stand up rise from a seated position



As we came down from the summit, the weather became much worse.

come down (from) move toward the ground or bottom of something



Kazuo got the monkey to climb down by offering it a banana.

climb down

move toward the bottom of something (often using your arms as well as legs)



See also:

climb down 44 fall behind 20 get down 46, 53 go through 54 turn around 33 turn away 5

Terry doubled back when he realized he'd walked past the entrance to the gallery.

double back turn around and go in the direction you just came from



When I heard someone calling my name, I turned around.

turn around *turn yourself so that you face the opposite direction*



Clive lifted his daughter up so that she could see the deer.

lift up raise someone or something



Doug dropped back to help one of the other hikers, who had injured himself.

drop back start to move more slowly than others



Helen told her son to get down from the garden wall.

get down (from) move to the ground or a lower position



())

19.2 PHRASAL VERBS WITH "WALK"

The visitors walked around the palace gardens.

walk around move around a place on foot



The explorers walked into the cave.

walk in(to) enter a room, building, or enclosed space on foot



A line of tourists slowly walked over the ancient bridge.

walk over move over an object on foot



While we were chatting, Mani walked off without saying where he was going.

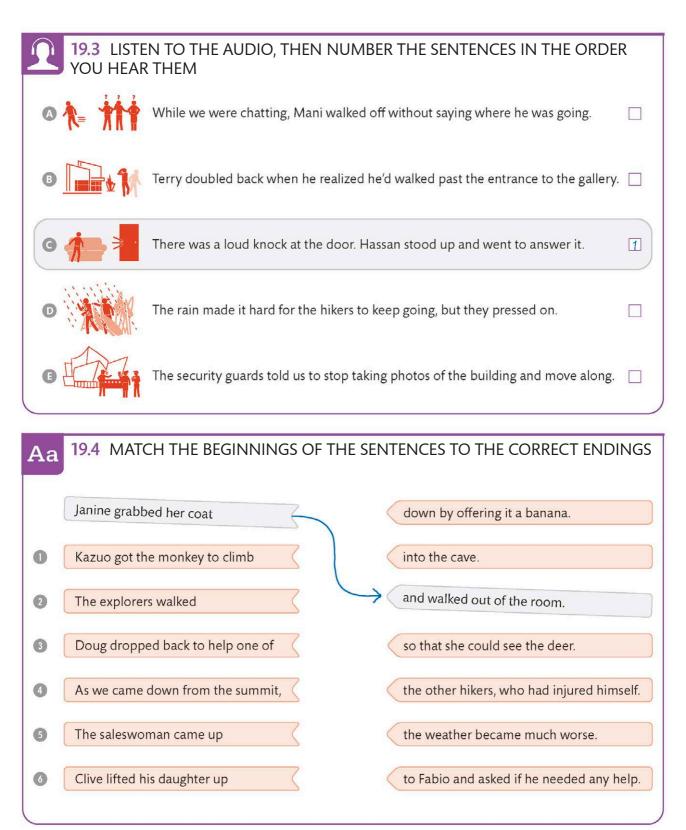
walk off leave on foot (often without an explanation)

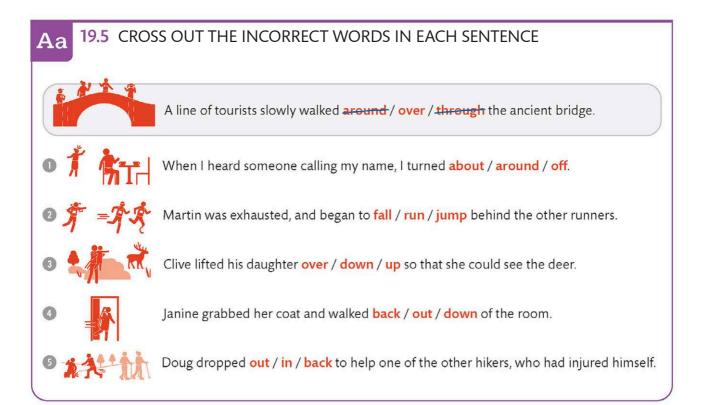


Janine grabbed her coat and walked out of the room.

walk out (of) leave a room, building, or enclosed space on foot







Aa 19.6 FILL IN THE GAPS, PUTTING THE WORDS IN THE CORRECT ORDER

thewalkedaroundThe visitorswalkedaroundthepalace gardens.
away as turned
Tanya the nurse gave her the injection.
Climbed the up tree with Kazuo's camera.
get from down
3 Helen told her son to the garden wall.
As the train mountain range, Ted took some photographs.

20 Studying and research

20.1 STUDYING AND RESEARCH

I'm moving to Tokyo for a year. I need to brush up on my Japanese.

brush up on practice, revise



The library was full of students swotting up on English grammar.

swot up on (UK) (informal) study a subject

Fiona worked through the problems in her code to fix the issues.

work through deal with a problem carefully and methodically



Patsy's research focuses on space travel.

focus on give attention to

Nadia stayed up all night trying to work out the answer to

the equation.

work out solve a problem



I kept making mistakes trying to answer the question, so decided to start over.

start over (US) start something again



Sam has dived into his new project. He spent all weekend working on it.

dive in(to) start doing something with enthusiasm



She's looking into how astronauts might travel to Mars one day.

look into investigate, research, or find out about something

20.2 MAKING A PRESENTATION

At the start of your presentation, lay out the main points you are going to discuss.

lay out present or explain in a clear way



After introducing your topic, you should then move on to presenting each of your arguments.

move on (to) proceed to the next point



See also: fall behind 20 keep up with 33 look into 20 move on 45 work out 26, 33 work through 45

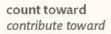
Hi, Arjun. Do you know what "burdensome" means?



No, I don't. You'll have to look it up in a dictionary.

look up find information online or in a reference book

The practical assessment and the written exam both count toward your final grade.



Emma was sick for most of the spring. She has fallen behind the other students in her year.

fall behind not keep up with



Noah is majoring in international politics at college. He hopes to become an ambassador one day.

major in (US) study something as your main subject at university

Bill is trying to cram in as much studying as possible before the exam.

cram in (UK) fit a lot of something into a small space or a short period of time



Even though Leo is the youngest in his class, he manages to keep up with the other children.

keep up with improve at the same speed as someone





Please take care writing your presentation. You'll be marked down for incorrect spelling.

mark down give someone a lower grade



At the end of your presentation, you should sum up each of your conclusions.

sum up

give a summary of your argument in the conclusion

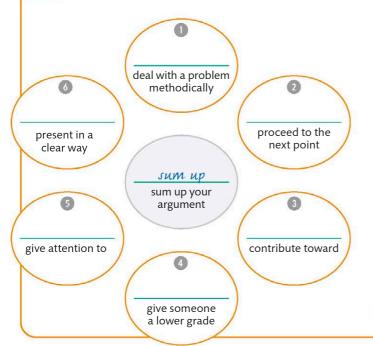


Aa ^{20.3}	MARK THE SENTENCES THAT ARE CORRECT	
	I'm moving to Tokyo for a year. I need to brush up on my Japanese. I'm moving to Tokyo for a year. I need to brush down my Japanese.	
• + 10-17-	Leo is the youngest in his class, but manages to keep up with his classmates. Leo is the youngest in his class, but manages to keep on at his classmates.	
	She's looking into how astronauts might travel to Mars one day. She's looking onto how astronauts might travel to Mars one day.	
	Sam has dived off his new project. He spent all weekend working on it. Sam has dived into his new project. He spent all weekend working on it.	
	The library was full of students swotting up on English grammar. The library was full of students swotting out on English grammar.	
5	At the start of your presentation, lay out the main points you are going to discuss. At the start of your presentation, lay on the main points you are going to discuss.	

Aa 20.4 FILL IN THE GAPS, PUTTING THE WORDS IN THE CORRECT ORDER

theworkoutNadia stayed up all night trying toworkouttheanswer to the equation.
in majoring is Instructional politics at college. International politics at college.
2 I kept making mistakes, so I decided
Space focuses on travel.
 4 Fiona problems in her code to fix the issues.

Aa 20.5 READ THE ARTICLE AND WRITE THE PHRASAL VERBS ABOVE THEIR DEFINITIONS



How to structure a presentation: At the start of your presentation, lay out the main points you are going to discuss. Then, move on to presenting each of your arguments clearly and succinctly. Focus on being coherent and logical as you speak, making sure to emphasize all important points. At the end of your presentation, you should finish by <mark>summing up</mark> each of your conclusions. Include time for interaction with the audience and work through all questions calmly and confidently. Take care when writing your presentation, as you will be <mark>marked down</mark> for incorrect spelling and this will count toward your final assessment.

20.6 LISTEN TO THE AUDIO, THEN NUMBER THE PICTURES IN THE ORDER YOU HEAR THEM



21 At school

21.1 SCHOOL

Ola dropped out of high school without any qualifications, but she went on to become a successful businesswoman.

drop out leave school or university without finishing your studies



Miguel handed in his assignment five minutes before the deadline.

hand in (to) give a piece of work to a teacher, give something to someone in authority ____



The teacher wiped the notes off the board before Ed had finished copying them.

wipe off remove something (with a cloth)

Ramu's working on a new art project. It's a huge painting of New York.

work on spend time or put effort into something



Good morning class. Please take out your books.

take out remove something (from a bag) The teacher handed out the worksheet to each member of the class.

hand out (to) give something to each member of a group, distribute



Schools break up in July in the UK. There is a six-week summer holiday.

break up(UK) close for the holidays

When the class finished, Arun packed up his things and got ready to leave.

pack up gather your things and put them in a bag or box



Now turn to page 25 and complete the exercises.

turn to open a book at a specific page

96

See also: break up 3, 15, 29, 38 mess around 41 take out 3, 14, 28 turn to 13, 45, 50 wipe off 14

21.2 BAD BEHAVIOR

waste time, avoid doing work

You've spent too much time goofing off this semester, Jesse.

started working harder.

not stand for not tolerate, not allow someone to do something

The kids have been playing up all morning.

play up (UK) be naughty, misbehave

goof off (US)



Despite the teacher's warnings, the children carried on misbehaving.

carry on continue (doing something)

Mateo and Juanita are very naughty, but Martina lets them get away with it.

get away with do something wrong without being punished for it



Marco was furious about the broken window, but he let Gio and Carmen off with a warning.

let off (with) not punish someone, or give them a very light punishment



Ffion is so naughty. She's always fooling around in class instead of paying attention.

fool around behave in a silly way



The teacher told his students to stop messing around, and to do their work.

mess around misbehave, do something other than what you should be doing

I will not stand for laziness. It's time you



Rosie is very rude to her teachers. She's always answering back.

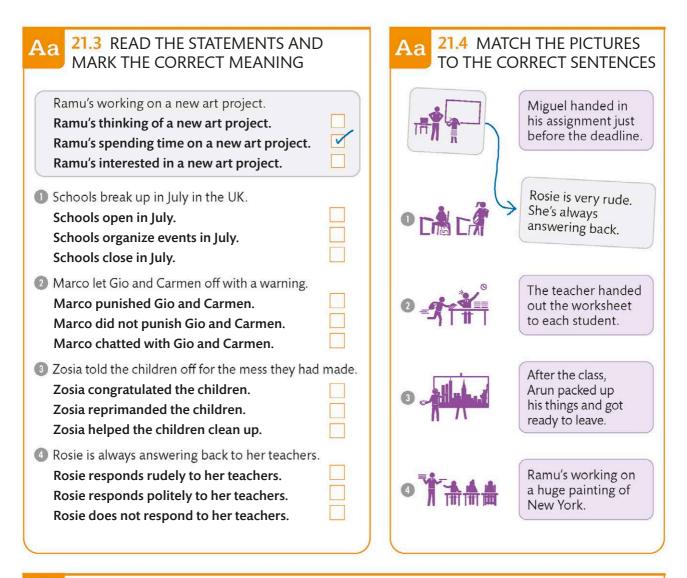
answer back respond rudely (usually to a teacher or parent)



Zosia told the children off when she saw the terrible mess they had made.

tell off reprimand someone when they have done something wrong





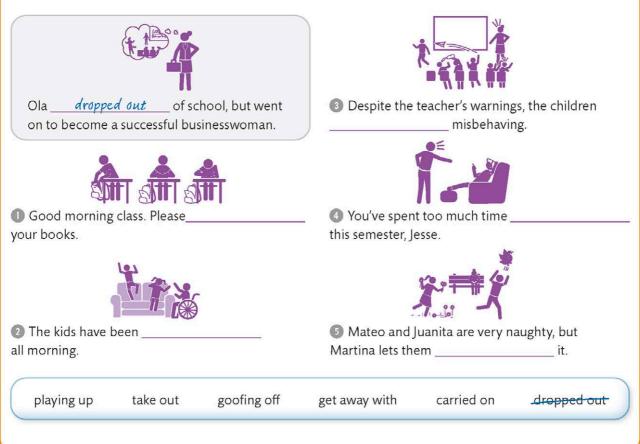
21.5 LISTEN TO THE AUDIO AND MARK THE PHRASAL VERBS YOU HEAR

y up	drop out	
stand for	get away with	
op out	take out	
wer back	drop out	
e out	play up	
	e out	e out 📃 play up

Aa 21.6 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION

close for the holidays	=	break up
give something to each member of a group	=	
2 remove something (with a cloth)	=	
3 not tolerate, not allow someone to do something	=	·
4 leave school without finishing your studies	=	
5 look for a certain page	=	





22 At work

22.1 STARTING AND FINISHING

I clock in at 9am every morning.

clock in start work



(1)

Despite the storm, the engineers soldiered on and installed the new phone line.

soldier on continue trying to achieve something despite difficulties



I'm not feeling very well today, so I'm going to call in sick.

call in telephone your workplace



I clock off at 5pm every afternoon. (1)

clock off finish work

Debbie took the afternoon off so she could go to the dentist.

take off take a break from work for a certain amount of time



Steve gets off work early on Fridays so he can collect his children from school.

get off finish work

22.2 MEETINGS

Our manager was busy, so she had to call off our meeting.

call off cancel an event

MONDAY	TUESDAY
	=
~~ 1	\equiv

Angela meets up with her colleagues once a week to discuss all their new ideas

meet up (with) get together with



Let's talk over all your designs and make a decision.

talk over discuss

I might be busy tomorrow, but let's pencil in a meeting anyway.

pencil in agree a time or date that might be changed later





22.3 WORKING

The applications for the new manager position are piling up. I'd better start looking through them.

pile up increase to an unmanageable amount



Jennie's been slogging away trying to finish writing her presentation.

slog away (at) work very hard for a long time



Ted used to be very proactive, but he's been slacking off lately. \checkmark

slack off avoid hard work



Gio has been on vacation for two weeks, so he has a lot of work to catch up on.

catch up on do work that you did not have time to do earlier



I've been very busy lately, but I have next week off work.

have off have a break from work for a certain amount of time

Fiona was struggling to finalize the company's accounts, but she kept plugging away at them.

plug away (at) work hard to achieve something difficult



Kamal's manager chased up the report, which was already a week late.

chase up ask someone for something (again)



Ola is carrying out a survey about worker satisfaction.

carry out complete a task

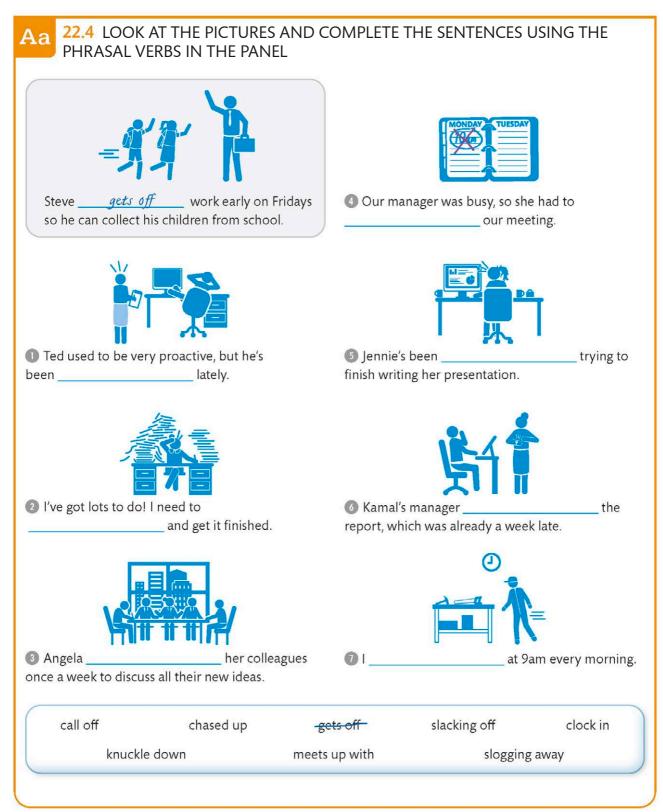


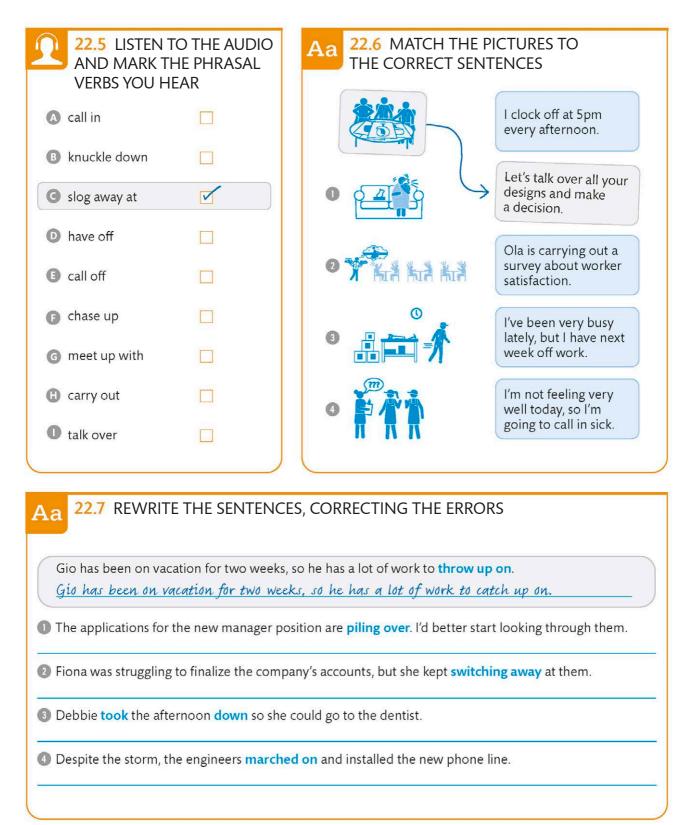
I've got lots to do! I need to knuckle down and get it finished.

knuckle down start to work very hard



101





Careers

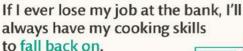
23.1 CAREERS

After 35 years running his own company, Robert is standing down and retiring.

stand down leave an important job or position

Katie has been a therapist for 20 years, so she has a lot of experience to draw on.

draw on make use of your experience

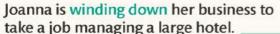


fall back on use skills that you already have (when things go wrong)



Carolina went on a training course to help her get ahead at work.

get ahead (at) improve your position at work



wind down gradually bring to an end



His daughter Jess is taking over the family business.

take over take responsibility for a company or role

Olivia is trying to get into journalism. She's just started an internship at a radio station.

get into become involved in something, start a career



When he left school, Paul set out to become a millionaire by the time he reached 30.

set out begin doing something with a specific aim in mind

I went back to my job as a mechanic when my children started school.

go back to return to a job after a break



Chad just finished his degree and is applying for jobs in the media.

applying for ask to be considered for a job



See also: get into 31 put off 55 set out 35, 53 wind down 31

Thanks to his impressive portfolio, Elliot walked into a job with a leading fashion designer.

walk into find a job easily



Ken's going to burn himself out if he keeps working 16 hours a day.

burn out become exhausted by working too much



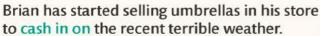
I thought I wanted to be a lawyer, but the workload put me off.

put off make someone dislike a person or thing



Naina is planning to go into teaching when she finishes university.

go into start a career in something



cash in on take advantage of a situation to make money

Marvin has become such a successful tennis player that he's branching out into coaching younger players.

branch out (into) start doing something different (but related)



We have chosen Diana to head up our new sales department.

head up lead, be in charge of a department or organization



Femi has thrown himself into his new job at the hair salon. He loves it!

throw (oneself) into begin doing something with great enthusiasm

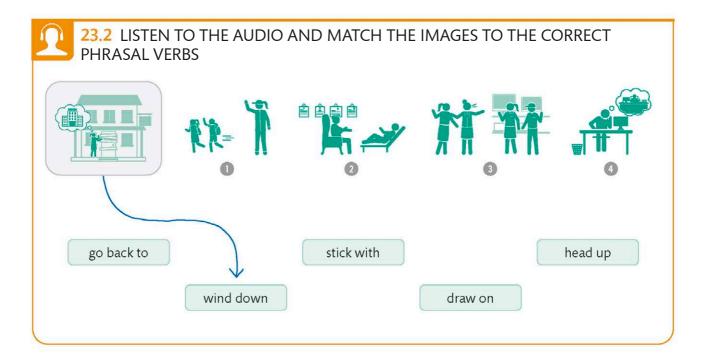
Even though he doesn't like his job, Tom is

sticking with it until he gets promoted stick with continue despite difficulties

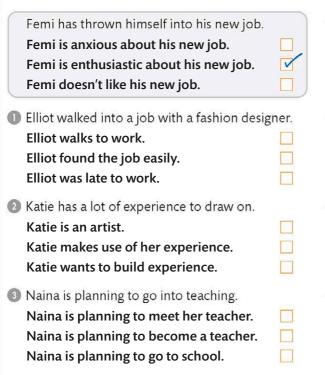




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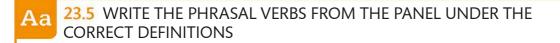
Aa 23.3 READ THE STATEMENTS AND MARK THE CORRECT MEANING



 I went back to my job as a mechanic. I went to meet the mechanic. I went back to work. I want to become a mechanic. 	
 Diana heads up our new sales department. Diana leads the new department. Diana founded the new department. Diana dislikes the new department. 	
Chad is applying for jobs in the media. Chad is not looking for jobs. Chad is employed in the media. Chad is looking for jobs in the media.	
 Olivia is trying to get into journalism. Olivia is trying to become a journalist. Olivia is trying to meet a journalist. Olivia is a journalist. 	

23.4 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION, FILLING IN THE MISSING LETTERS

leave an important job or position	=	stand down
continue despite difficulties	=	<u>s</u> W
2 ask to be considered for a job	=	<u>af</u>
3 take responsibility for a company or role	=	<u>t</u> o
I return to a job after a break	=	<u>gbt_</u>
5 gradually bring to an end	=	<u>w</u> d



improve your position at work

get ahead (at)





4 make someone dislike a person or thing

 become involved in something, start a career

2 become exhausted by working

too much



to make money

5 take advantage of a situation

6 use skills that you already have when things go wrong

start doing something different (but related)

cash in on



Degin doing something with a specific aim in mind

n set out branch out (into) put off burn out get into get ahead (at) fall back on

TTIII



24.1 BUSINESS

We are proud to announce that our two banks are entering into a partnership.

enter into begin a (business) relationship



Katie's trying to drum up interest in her café by offering free samples of her cakes.

drum up increase support for something

	區	000	
something			
	N	4-121-1-	

Marco's garden center is doing well. It turns over almost \$250,000 a year.

turn over

(about a business) earn an amount of money over a certain period of time



The board has finally come to a decision about the new logo for the company.

come to arrive at, reach (a decision)



Mario's gas station has just gone under. It had been struggling for a long time.

go under go bankrupt



Elsa's tired of running her own business. She's decided to sell up.

sell up sell a business



Alan's sportswear company profited from the cold weather earlier this year.

profit from gain a benefit from a situation



Chrissie has just started up her own hair salon. It opened last week.

start up open a business



Ellie's company deals in antiques. She sells pieces from all over the world.

deal in buy and sell goods



The bank agreed to write off the debt, saving Ethan's company from bankruptcy.

write off cancel a debt



All of the banks in our town have closed down. Everyone's using online banking.

close down close permanently



My plans to expand my business fell through when the bank refused to lend me enough money.

fall through fail to happen



Gemma has bought out all the other partners. She now owns the whole company.

buy out buy someone's share of a business



Our business is growing, so we are taking on more staff.

take on employ



A new bookstore is opening up in our neighborhood.

open up open for the first time



The company is facing difficulties. We may need to lay off some staff.

lay off stop employing someone



Rita's company sells furniture, but farms out all of its manufacturing to other people.

farm out (to) give some of your work to people who do not work for your company



We need the CEO to sign off on this important decision.

sign off on give official approval to something



Al's store is selling off a lot of its stock. There are some great bargains there.

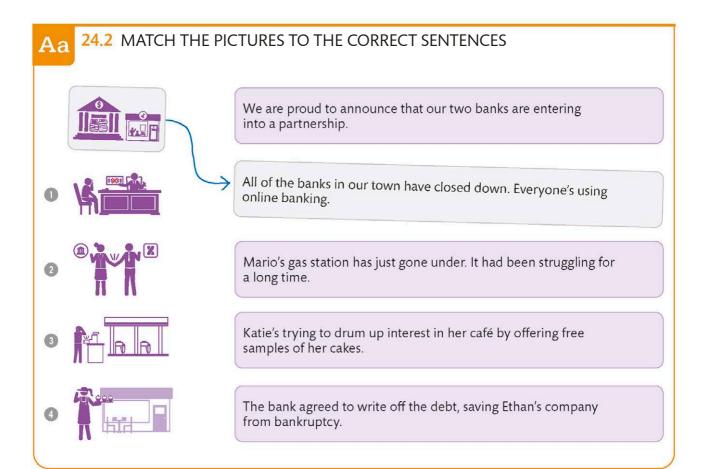
sell off sell something quickly at a reduced price



Could you draw up a contract for our new clients?

draw up write a contract





Aa 24.3 CROSS OUT THE INCORRECT WORDS IN EACH SENTENCE

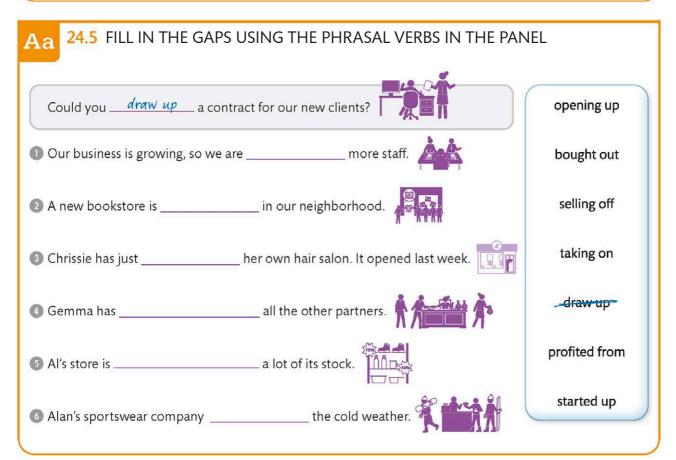
Elsa's tired of running her own business. She's decided to trade / sell / walk up.

Marco's garden center is doing well. It turns down / over / forward almost \$250,000 a year.

- 2 We need the CEO to sign / mark / stamp off on this important decision.
- In the board has finally arrived / reached / come to a decision about the new logo for the company.
- Illie's company deals on / in / for antiques. She sells pieces from all over the world.
- 6 Could you sketch / draw / paint up a contract for our new clients?
- The company is facing difficulties. We may need to lay off / out / down some staff.

24.4 LISTEN TO THE AUDIO AND MARK THE PHRASAL VERBS YOU HEAR

write off	sell off	take on	
1 close down	fall through	start up	
2 gone under	buy out	come to	
sign off	draw up	lay off	
4 take on	open up	drum up	
6 enter into	fall through	fall from	
🙆 walk up	farm out to	profit from	



25 Numbers and amounts

25.1 NUMBERS AND AMOUNTS

Katie's bills have been stacking up. She's in a lot of debt now.

stack up increase in number or amount

.....



The price for our cruise was going to be \$1,207, but the travel agent agreed to round it down to \$1,200.

round down (to) reduce a number to a nearby number (usually ending in zero)



The kids are counting down the days before we go camping.

count down count the amount of time before something happens



The company's share price has been falling, but it's finally starting to bottom out.

bottom out stop getting worse, reach its lowest point



The number of people buying clothes online shot up last year.

shoot up increase dramatically

The temperature varies a bit in the summer, but it averages out at about 25°C.

average out (at) result in an average of



We estimated the cost of the project to be £14,900, but rounded it up to the nearest thousand.

round up (to) increase a number to a nearby number (usually ending in zero)



Alfie counted out the money he owed me and placed it on the table.

count out count things one by one and place them somewhere



After falling dramatically in May, the price of gold has evened out over the past two months.

even out become level, contain fewer differences or irregularities



Over the last six months, it has started to level out.

level out become level, stop increasing or decreasing



See also:

add up 14, 41 take away 30, 55

The coach divided the children up into two equal teams.

divide up (into) separate into groups, pieces, or sections



If you want to set yourself a budget, start by adding up all your monthly expenses.

add up calculate the total



Renovating a house is very expensive. The cost soon mounts up.

mount up gradually increase in number or amount



Shreya counted up the number of people wanting coffee and went to make some.

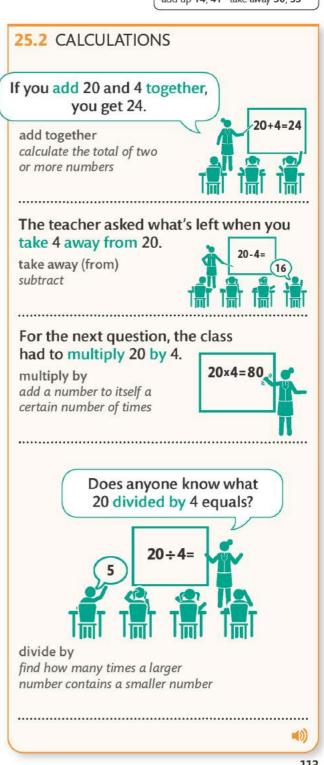
count up add together things or people belonging to a group



When Georgia was paying her check, she added on a 20% tip.

add on attach an extra thing or amount to something





Aa 25.3 MARK THE SENTENCES THAT ARE CORRECT	
The kids are counting down the days before we go camping. The kids are counting below the days before we go camping.	
The number of people buying clothes online shot up last year. The number of people buying clothes online bought up last year.	
2 The coach divided the children above into two equal teams. The coach divided the children up into two equal teams.	
Shreya counted up the number of people wanting coffee and went to make some. Shreya counted on the number of people wanting coffee and went to make some.	
When Georgia was paying her check, she added on a 20% tip. When Georgia was paying her check, she divided on a 20% tip.	

25.4 LISTEN TO THE AUDIO, THEN NUMBER THE PICTURES IN THE ORDER YOU HEAR THEM



Aa 25.5 REWRITE THE SENTENCES, CORRECTING THE ERRORS	
Alfie counted of the money he owed me and placed it on the table.	
Alfie counted out the money he owed me and placed it on the table.	
Katie's bills have been stacking over. She's in a lot of debt now.	
The company's share price has been falling, but it's finally starting to ground out.	
The temperature varies a bit in the summer, but it averages in at about 25°C.	*
We estimated the cost of the project to be £14,900, but mounted it up to the nearest thousand.	
If you want to set yourself a budget, start by scoring up all your monthly expenses.	

Aa 25.6 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION

gradually increase in number or amount	= _	mount u	р
Count the amount of time before something happens	= _		
2 calculate the total	= _		
3 result in an average of	= _		
4 become level, stop increasing or decreasing	Ξ		
5 count things one by one and place them somewhere	= _		
stop getting worse, reach its lowest point	= -		
level out count out count down add up	mount-up	average out (at)	bottom out

26 Success and failure

26.1 SUCCESS

Nia built on her experience working at a hotel to set up her own guesthouse.

build on use your knowledge, experience, or success as a way to become more successful



When I didn't get into college, I started my own successful business. Everything worked out in the end!

work out have a positive outcome



Anita's hard work has paid off. The dress looks beautiful.

pay off benefit after investing time or money



The Scottish team pulled off an amazing victory, scoring two goals in the last four minutes.

pull off be successful (despite difficulties)



Marco did not study at all for the English exam but somehow scraped by.

scrape by only just succeed in doing something



Clive muddled through the interview without any preparation. He was shocked when he got the job.

muddle through manage to do something despite having no plan or understanding of it



I know these results are disappointing, but keep working and you will win out eventually.

win out be successful after difficulty



I never imagined James would be so great playing Hamlet, but he really carried it off.

carry off unexpectedly succeed at something



Maria's dream of becoming famous finally came off when her song became a huge summer hit.

come off be successful (about a plan)



Kwase sailed through his driving test. He didn't make any mistakes.

sail through deal with something very easily



See also: come off 6, 52 give up 55 pay off 14 run into 14 work out 20, 33

26.2 FAILURE

Marcello tried to fix the washing machine, but he has given up.

give up stop trying to achieve something



Simon's campaign ran into difficulties when he was accused of lying.

run into begin to experience something negative



Many smaller stores have lost out since the supermarket opened in town.

lose out (to) be beaten by something else



The decorators have screwed up this job! We won't use them again.

screw up make a mess of something (informal)



26.3 CAUSES OF SUCCESS AND FAILURE

The future success of our company rides on us winning this contract.

ride on depend on



Having supportive parents really contributed to my success.

contribute to help to cause something



When accepting the award, Carla put her success down to hard work.

put down to attribute events to a particular reason



My teachers told me I'd never amount to anything, but now I'm a lawyer.

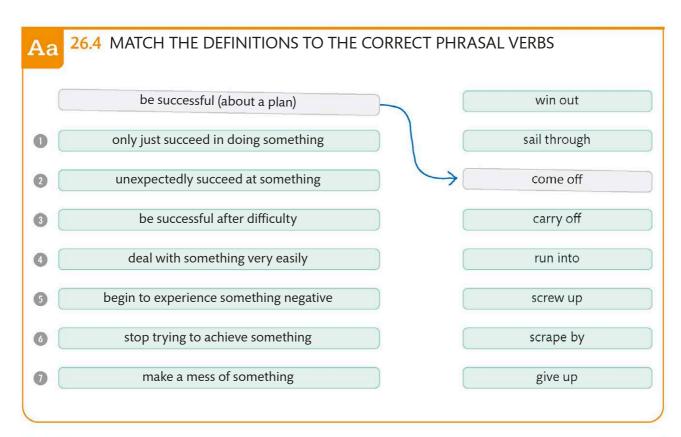
amount to develop into (often used in the negative)

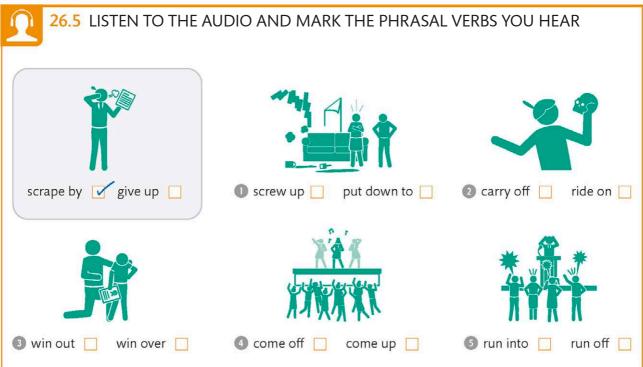
When Al saw how many people were making money by selling things online, he decided to get in on it.

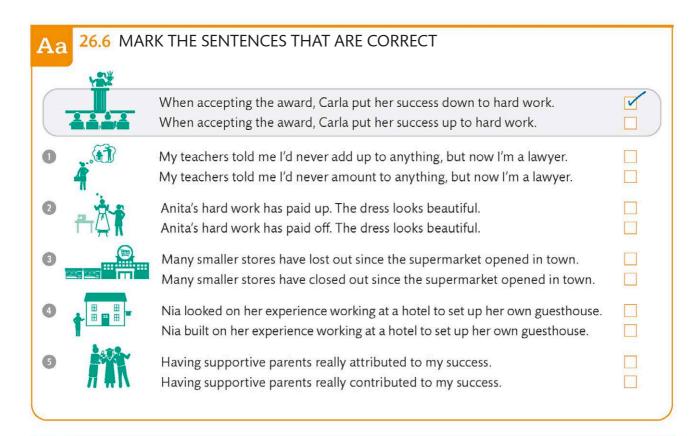
get in on become involved in a successful activity



 $(\mathbf{0})$







Aa 26.7 REWRITE THE SENTENCES, CORRECTING THE ERRORS

The future success of our company **drives on** us winning this contract. The future success of our company rides on us winning this contract.

Olive muddled on the interview without any preparation. He was shocked when he got the job.

2 When I didn't get into college, I started my own successful business. Everything worked up in the end!

③ The Scottish team **pushed off** an amazing victory, scoring two goals in the last four minutes.

④ When AI saw how many people were making money by selling things online, he decided to get out on it.

6 Kwase sailed into his driving test. He didn't make any mistakes.

27 At home

27.1 PHRASAL VERBS WITH "LOCK"

Clive makes sure that he locks his tools away in his shed.

lock away put something away and lock the door



When Ben got home, he realized that he'd forgotten his keys and was locked out.

lock out stop someone from entering by locking the door

The janitor didn't notice Alex when he locked the doors. He accidentally locked him in.

lock in stop someone from leaving by locking the door



27.3 APPLIANCES AND HOUSEHOLD ITEMS

Did you leave the lights on when you left the house?

leave on leave turned on



It was a very hot day, so Les put the fan on.

put on (UK) make a piece of equipment start working



If you're bored, turn on the television. There's a good movie on tonight.

turn on make something start working



The lights in the house went out, so Clara lit some candles.

go out (lights) stop shining



Andy blew the candles out before going to bed.

blow out make a candle stop burning by blowing air at it



Make sure you turn the television off before going to bed.

turn off make something stop working



27.2 MOVING

Pete's new neighbors moved in last weekend.

move in(to) start living in new home



My parents have decided to move away and live in the country.

move away go and live in a different area



We finally sold our house. We're moving out today.

move out (of)

stop living in your old home and move somewhere else



Jools has settled into his new apartment very quickly.

settle in(to) get used to living in a new place



10)

When Elsa heard her favorite song on the radio, she turned up the volume and began dancing.

turn up increase the volume (or power) of a piece of equipment



Paula's neighbor asked her to turn her stereo down because it was too loud.

turn down decrease the volume (or power) of a piece of equipment



The street lights come on at dusk, when the sun sets.

come on start working (automatically)



Cassie thought her computer was broken until she realized that she hadn't plugged it in.

plug in(to) connect an eletrical appliance to the electricity supply

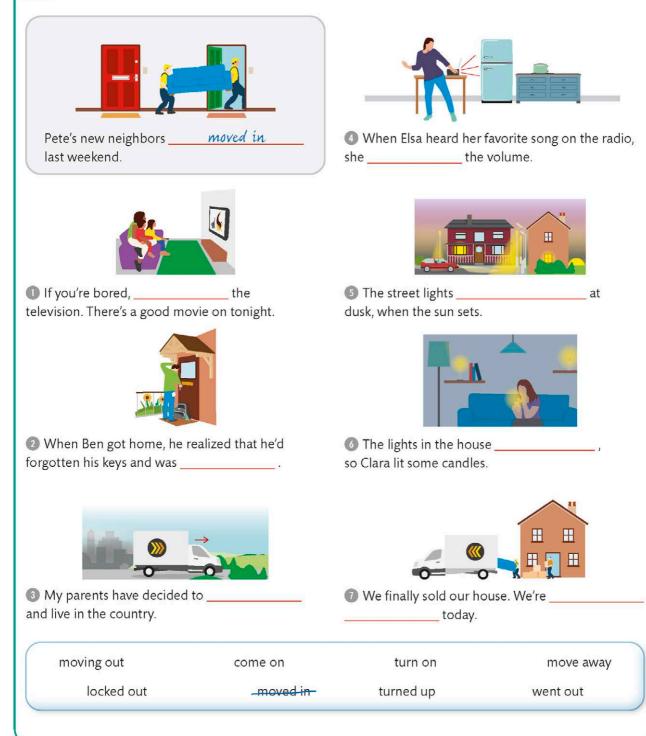


The street lights go off at dawn, when the sun rises.

go off stop working (automatically)



Aa 27.4 LOOK AT THE PICTURES AND COMPLETE THE SENTENCES USING THE PHRASAL VERBS IN THE PANEL



Aa 27.5 MATCH THE PHRASAL VERBS TO THEIR OPPOSITES	27.6 LISTEN TO THE AUDIO, THEN NUMBER THE PICTURES IN THE ORDER YOU HEAR THEM
put on go off	
come on turn on	
2 move out turn off	
3 lock in move in	
(4) turn off turn down	
3 turn up lock out	

Aa 27.7 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION

(lights) stop	shining		=	go out)
1 make somet	thing stop working		=		
2 stop someone from leaving by locking the door			=		
3 leave turned	3 leave turned on				
4 decrease the volume of a piece of equipment					
5 start workin	g (automatically)		=		
lock in	turn down	come on	- go cut	leave on	turn off



28.1 CLEANING

We need to tidy up before the guests arrive.

tidy up make tidy again



Jason told me to mop up the water that I'd spilled on the floor.

mop up clean liquid off a surface with a mop



Elliot's dad told him to clear away all his toys.

clear away put things back in their proper places



This room is a mess! Pick up all these clothes!

pick up take something off the floor



When Ella cooks dinner, her boyfriend washes up the dishes.

wash up (UK) clean the dishes



It was a sunny morning, so lan hung his washing out to dry.

hang out hang washing on a clothesline to dry



We all pitched in to get it finished more quickly.

pitch in join in, help others to do something

If the chicken smells bad, you should throw it away.

throw away discard, put in the trash



After painting the living room, Paul and Sally put all the furniture back.

put back return an object to its original place



There was a lot of mess to clean up after the party.

clean up make tidy again



See also: cut back 14 hang out 5 pick up 9, 10, 11, 31, 38 pull up 9 put up 35 take out 3, 14, 21 throw away 31

We cleared out the garage this weekend. There was so much junk in there!

clear out remove all the unnecessary things from a room or building



I wipe down the table each evening after we've eaten.

wipe down clean a surface with a cloth



On Tuesday mornings, I take the trash out.



L

take out move something outside

Nousha's room looked much nicer after she'd put up some pictures.

put up hang something on a wall

Karl swept up the trash from the party and put it into bags.

sweep up clean the ground with a broom

the A

(()

28.2 GARDENING

The tree in our backyard died, so we had to chop it down.

chop down make a tree fall to the ground



The hedge in Doug's yard was getting too big, so he cut it back.

cut back remove some branches from a tree, bush, or hedge



I'm digging up the lavender bushes so I can move them to a different part of the garden.

dig up remove a plant from the ground by digging around and under it



Paul spent the whole afternoon pulling up weeds. His yard was full of them.

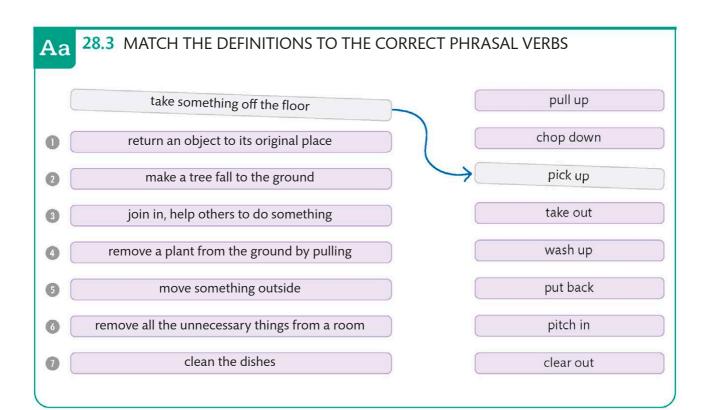
pull up remove a plant from ground by pulling

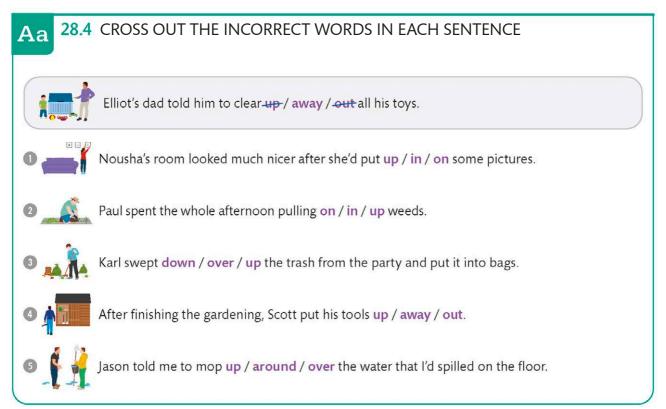


After finishing the gardening, Scott put his tools away.

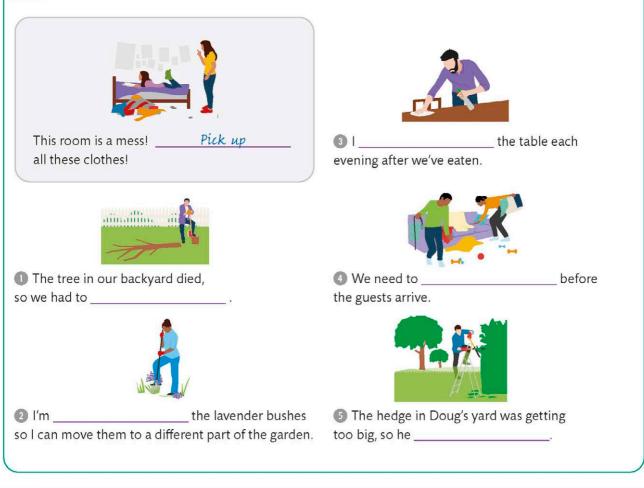
put away return an object to its proper place



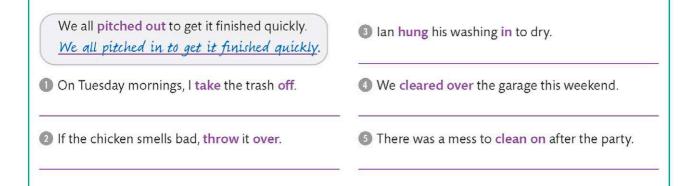




28.5 LISTEN TO THE AUDIO AND COMPLETE THE SENTENCES THAT DESCRIBE EACH PICTURE



Aa 28.6 REWRITE THE SENTENCES, CORRECTING THE ERRORS



29 Cooking

29.1 COOKING

Patrick broke up the chocolate before adding it to the cake mixture.

break up separate something into smaller pieces



Nadiya left the cherry pie on the windowsill to cool down.

cool down become cooler



I always measure out all of my ingredients before trying a new recipe.

measure out weigh or take a certain amount



You should mix in the eggs and milk with the other ingredients.

mix in combine (with other ingredients)



My sister can whip up a tasty meal in minutes from just a few ingredients.

whip up prepare (a meal) quickly



The sauce boiled over, leaving a mess on the stove top.

boil over flow over the edge of a container (during cooking)



My breakfast typically consists of bread and cheese, served with coffee.

consist of be formed of



Before serving the curry I made sure to fish out any bones.

fish out remove from a liquid



Dev took the leftovers from the fridge and heated them

up in the microwave.

heat up make hotter

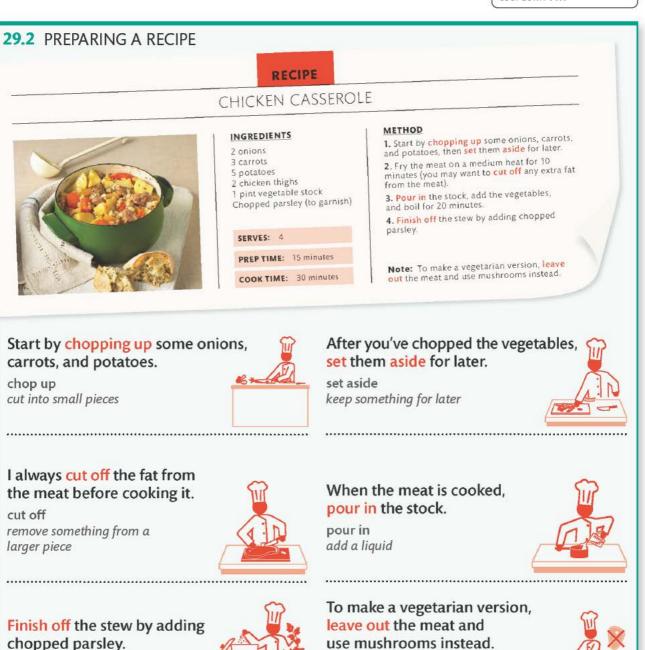


We managed to fill up three jars with the cookies we'd baked.

fill up fill a container to the top



See also: break up 3, 15, 21, 38 cool down 11.1



leave out

exclude, not include

finish off complete

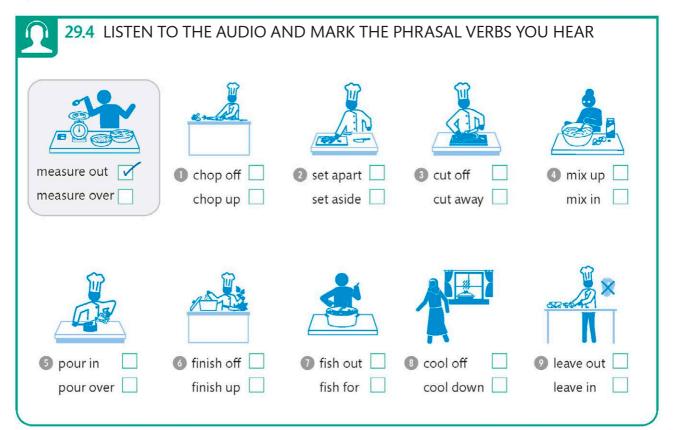


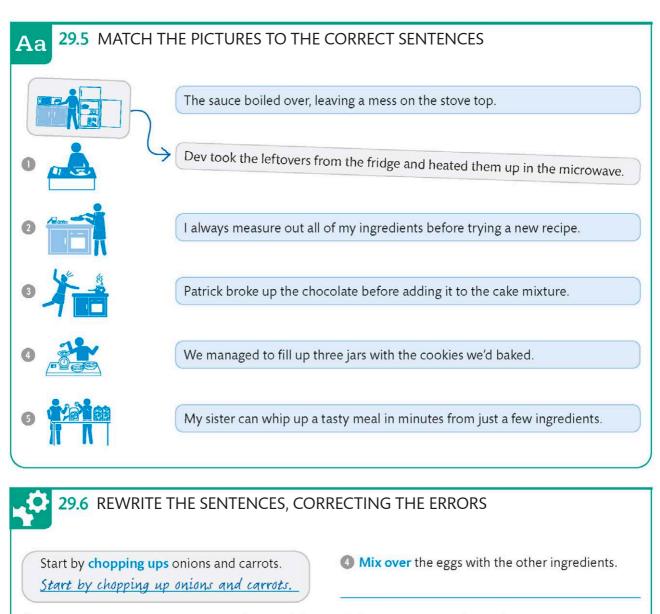
.......................

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())

Aa 29.3 FILL IN	THE GAPS I	JSING THE P	HRASAL VERBS	S IN THE PANE	EL
You should	mix in	the eggs and	milk with the othe	er ingredients.	
1 always		the fat from the	meat before cook	ing it.	
 My breakfast typica 	ully	b	read and cheese, so	erved with coffee.	
③ Nadiya left the cher	ry pie on the	windowsill to		·	
4 Before serving the c	curry I made si	ure to	an	y bones.	
6 My sister can		a tasty mea	al in minutes from	just a few ingredie	ents.
cool down	_mix in-	cut off	whip up	fish out	consists of





- After chopping the vegetables, set them beside.
- 2 Cut on the fat from the meat before cooking it.
- 3 When the meat is cooked, **pour up** the stock.

- 5 Finish in the stew by adding chopped parsley.
- 6 Before serving, make sure to fish on any bones.

For a vegetarian version, leave down the meat.

30 Food and drink

30.1 FOOD

Rosa served up a wonderful seafood dish.

serve up present food to other people



Selma and Roy prefer to eat in. It's much cheaper than going to a restaurant.

eat in eat a meal at home



I think this milk has gone off. It smells terrible.

go off(UK) become bad to eat or drink



Our restaurant can cater for about 100 customers at a time.

cater for provide for

Martin's grandmother told him he could only have dessert if he ate up all his vegetables.

eat up eat all of something



That fish really didn't agree with me. I have a terrible stomachache.

not agree with make someone feel ill



Apple pie and ice cream go together perfectly.

go together taste or look good together





30.2 DRINK

After the wedding, we all drank to the bride and groom.

drink to toast someone or something



The café was about to close, so we drank up and got ready to leave.

drink up drink all of something



See also: break off 49 go off 8, 27, 35 run out (of) 15 take away 25, 55

I was going to make a lasagna, but we've run out of pasta.

run out (of) use all of something, not have any more of something



go to that new Italian restaurant instead.

Why don't we eat out for a change? We could

eat in a café or restaurant, eat away from home

Daniel broke off a piece of bread and dipped it in the olive oil.

break off separate a smaller piece of something from a larger piece



Greg was so hungry that he polished off the entire cake.

polish off eat or drink all of something



Paul and Sarah ordered two hamburgers and sodas to take away.

take away (UK) take food out of a restaurant to eat



Lisa shared out the chocolates, giving the children two each.

share out give each person the same amount of something

After a long day at the beach, my kids wolfed down their dinner.

wolf down eat all of something very quickly

This cake is delicious, but it could do without all the cream on top.

.....

do without be better without

I washed down my pizza with a cold drink.

wash down drink something after eating (informal)

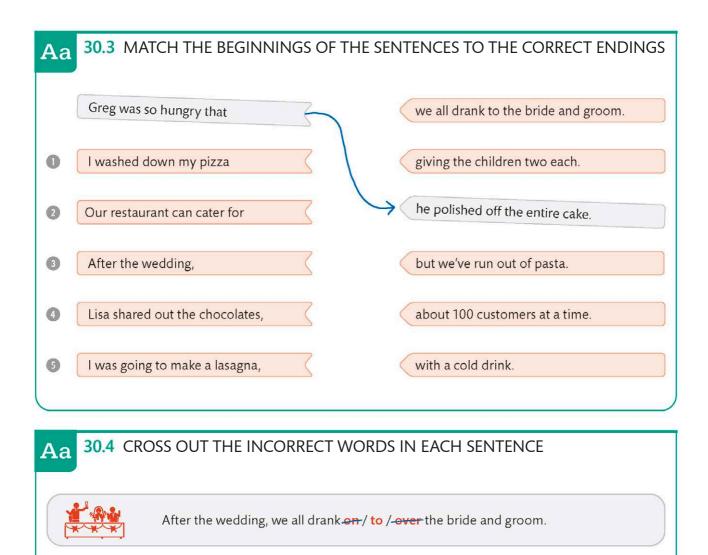


Your mug's almost empty, Peter. Would you like me to top it up?

top up fill a cup or glass that is partly empty



- (1))



Paul and Sarah ordered two hamburgers and sodas to take away / off / with.



The café was about to close, so we drank **down / in / up** and got ready to leave.



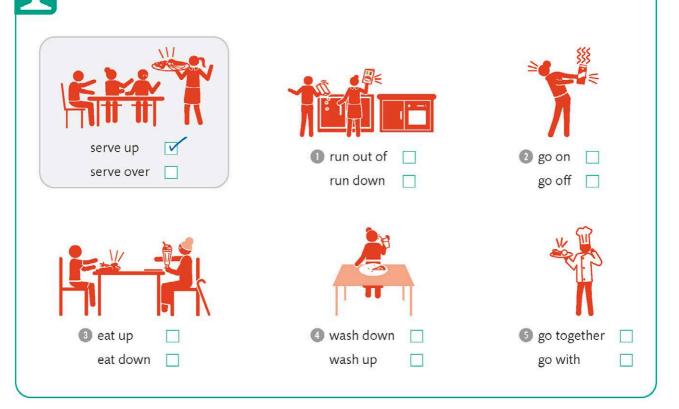
I washed **up** / **down** / **in** my pizza with a cold drink.

After a long day at the beach, my kids wolfed out / down / on their dinner.



Daniel broke over / off / down a piece of bread and dipped it in the olive oil.

30.5 LISTEN TO THE AUDIO AND MARK THE PHRASAL VERBS YOU HEAR



Aa 30.6 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION, FILLING IN THE MISSING LETTERS

eat or drink all of something	=	polishoff
• eat away from home	Ξ	<u>e</u> 0
2 fill a cup or glass that is partly empty	=	<u>tu</u>
3 toast someone or something	=	<u>dt</u>
4 eat a meal at home		<u>ei</u>
5 taste or look good together	=	gt

31 Free time

31.1 HOBBIES

Anastasia absolutely lives for skiing. She goes to the mountains whenever she can.

live for have a passion for, consider something the most important thing in your life



It takes a while to get into horseback riding.

get into become interested in, begin to enjoy an activity



Adi's painting skills are really coming along. He might become an artist one day.

come along improve at a skill or activity



I recently got back into cycling. I hadn't done it since I was a teenager.

get back into start doing something again after not doing it for some time



It's hard at first, but if you keep at it you'll start to love it.

keep at keep practicing a skill or activity



After she retired, Kim took up yoga. She does it for half an hour each morning.

take up start learning a new skill or activity



31.2 RELAXING

Nathan told his daughters to stop lazing about, and help to tidy the house.

laze about relax, do no work



On my days off work, I like to sit around the garden doing nothing.

sit around spend time sitting, doing little



After the exam, the students went to the local park to wind down.

wind down become calm (after a period of work or excitement)



I spend most Sundays lying around the house.

lie around relax on the couch or in bed



See also: come along 5, 52 get into 23 get out of 17 pick up 9, 10, 11, 28, 38 take up 15, 55 throw away 28 wind down 23

Learning the piano isn't easy, but if you stick at it, you could become a great pianist.

stick at (UK) keep practicing a skill or activity despite difficulties



While working in Seoul I tried to pick up some Korean by talking to local people.

pick up learn a new skill informally

If you want to be a great tennis player, it helps if you start out at a young age.

start out begin doing a hobby or career



Ken's currently working toward getting a black belt in judo.

work toward invest time in something with the aim of achieving something

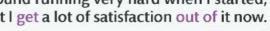
Fabio could have been a great guitarist, but he threw it all away by never practicing.

throw away waste a talent or opportunity



I found running very hard when I started, but I get a lot of satisfaction out of it now.

get out of



enjoy



Luiza spent the evening curled up on the couch reading a book.

curl up lie or sit with your arms and legs pulled up towards you



After a stressful day, I take a bath to help me chill out.

chill out relax, stop feeling angry or stressed



Aden needs to loosen up. Tell him to come and dance with us!

loosen up relax, stop being so formal



On Friday evenings, Josh likes to kick back and watch some television.

kick back stop work and relax (informal)



Aa 31.3 CROSS OUT THE INCORRECT WORDS IN EACH SENTENCE

It takes a while to get into / behind / above horseback riding.

Men's currently working around / toward / for getting a black belt in judo.

2 Nathan told his daughters to stop lazing beside / about / along, and help to tidy the house.

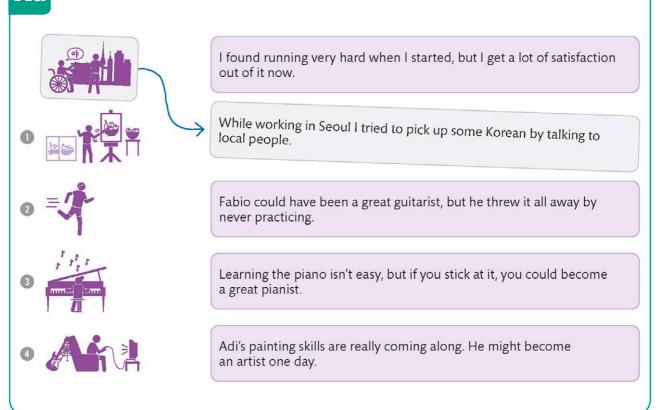
③ After the exam, the students went to the local park to wind low / below / down.

I recently got back into / onto / for cycling. I hadn't done it since I was a teenager.

⑤ On Friday evenings, Josh likes to kick ahead / back / around and watch some television.

6 Anastasia absolutely lives by / on / for skiing. She goes to the mountains whenever she can.

Aa 31.4 MATCH THE PICTURES TO THE CORRECT SENTENCES



31.5 LISTEN PHRASAL VE		ND MATCH THE IM	AGES TO THE C	CORRECT
			³ ★ * *	
sit around	take up	live for	start out	curl up

Aa 31.6 REWRITE THE SENTENCES, PUTTING THE WORDS IN THE CORRECT ORDER
keep you it. at love you'll If to start it, If you keep at it, you'll start to love it.
the around I most spend Sundays lying house.
the around I most spend Sundays lying house.
0
loosen us. to and Aden dance with needs up
0
On off, I around to sit the my days like garden.
curled Louiza evening up the spent couch. On the
I chill After stressful take bath a to a out. day, 3



32.1 HEALTH

My son always bounces back quickly whenever he gets ill.

bounce back to recover quickly or without difficulty



The wound seems to be healing up well. It will be better soon.

heal up (UK) (about a wound) become completely healthy



Elaine's rash began to clear up after she started using the cream.

clear up go away or get better



My brother's a nurse. He cares for sick people at the local hospital.

Mona has an awful headache. She doesn't

<mark>care for</mark> take care of

feel up to



There's a bad cold going around my office at the moment. Everyone is ill.

go around spread from person to person



Paola's hay fever usually flares up in the spring.

flare up suddenly appear or reappear

Danny's thumb swelled up after

he was stung by a wasp. swell up (about a swelling) become bigger



It's taken me weeks to get over this cold, but I finally feel better.

feel up to working today.

feel in a good enough condition

get over recover, feel well again



After a few hours, the swelling had started to go down.

go down (about a swelling) become smaller





I think I'm coming down with the flu. I have a headache and my nose is running.

come down with become ill with



I was very sad to hear that your grandmother has passed away.

pass away die



One of the musicians passed out during the performance this evening.

pass out faint, become unconscious



Tina's leg muscles seized up after she had completed the marathon.

seize up become stiff, difficult to move



throw up vomit



When Rachel came around after the operation, her husband was sitting at her bedside.

come around become conscious again



pass on give (an illness) to someone else



It was a very risky operation, but Josh pulled through.

pull through survive a serious illness or operation



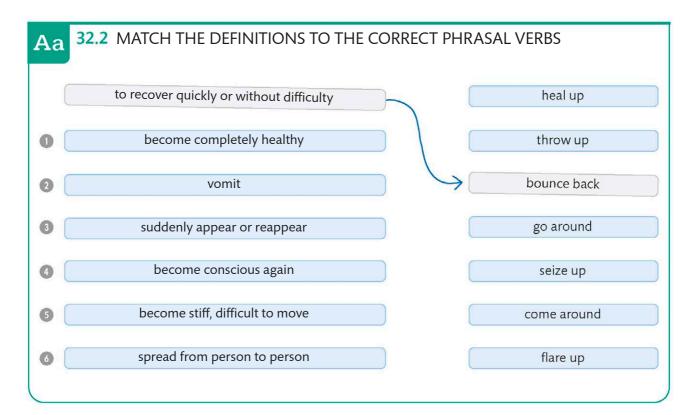
I've been ill for weeks, but I've finally managed to shake it off.

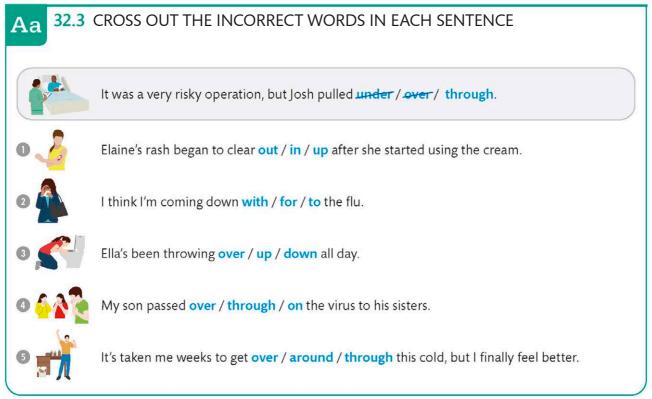
shake off fully recover from



As the painkiller wore off, Shahid's tooth began to ache again.

wear off gradually lose its effectiveness



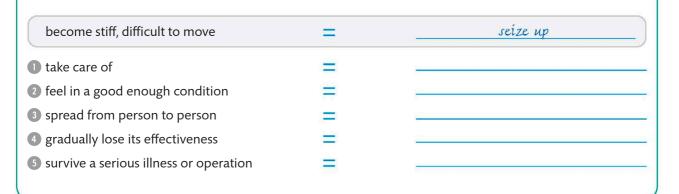


32.4 LISTEN TO THE AUDIO AND COMPLETE THE SENTENCES THAT DESCRIBE EACH PICTURE One of the musicians passed out during 3 Danny's thumb after the performance this evening. he was stung by a wasp. Paola's hay fever usually My brother's a nurse. He in the spring. sick people at the local hospital.

2 After a few hours, the swelling had started to

I was very sad to hear that your grandmother has _____.

Aa 32.5 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION



33 Sports and exercise

33.1 SPORTS

Clara was sent off the pitch after pushing over another player.

send off tell someone to leave a game because they have broken the rules



The crowd cheered Tony on as he approached the finish line.

cheer on encourage someone by cheering

.....



My sister is a judo champion. She ranks among the best in the country.

rank among be included among



Angela knocked Kirsten out in the first round of the competition.

knock out (of) defeat a team or player, removing them from a competition

Pete wanted to start playing baseball, so he signed up for his school team.

sign up (for) join a team or activity



5:0

Five runners have gotten through to the final. Whoever wins this race gets the trophy.

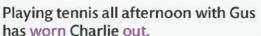
get through (to) reach (a stage in a competition)



33.2 EXERCISE

After a big meal, Chris goes for a brisk walk to burn off the extra calories.

burn off use up energy (by doing exercise)



wear out make very tired



For this yoga position, you have to stretch your arms out as far as you can.

stretch out extend



Jamal was completely wiped out after cycling up the mountain.

wipe out make extremely tired



aim at 34 get through (to) 38 keep from 51 keep up (with) 20 send off 38 turn around 19 warm up 11 wear out 49 work out 20, 26

Frank watched Phillip play tennis. He was sizing up his opponent before the next day's match.

size up look (at a person or situation) and decide how to act



I picked up my bow and aimed another arrow at the target.

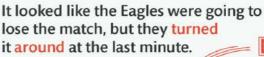
aim at direct something at something else

My knee injury kept me from completing the marathon this year.

keep from prevent someone from doing something







turn around make a bad situation better



Sami invited me to join in a game of cricket.

join in get involved in something that others are already doing



I struggle to keep up with my brother. He's much fitter than I am.

keep up (with) move at the same speed



After a long day in the office, playing squash helps me to work off all my stress.

work off get rid of (energy or an emotion)



Before playing a game of soccer, I always warm up by jogging slowly.

warm up prepare your body for exercise



After finishing the race, Sandra warmed down by stretching her legs.

warm down stretch and relax your body after exercise



Leo works out at his local gym every morning.

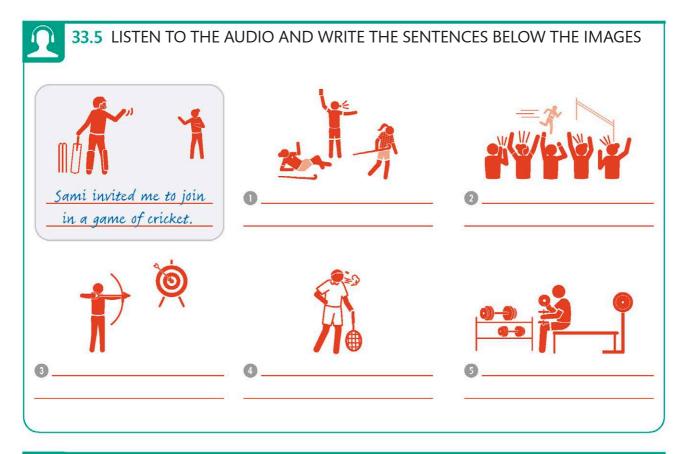
work out exercise



Aa 33.3 FILL IN THE GAPS USING THE WORDS IN THE PANEL TO CREATE PHRASAL VERBS

After a big	meal, Chris goes	for a brisk walk	to burn off	the ext	ra calories.	
After finishi	ing the race, Sanc	Ira warmed	by stretc	hing her legs.		
 Jamal was c 	completely wip	ed	after cycling up th	ne mountain.		
3 Clara was	sent	the pitch a	fter pushing over a	nother player		
4 Five runner	s have gotten	to	the final. Whoever	wins this race	will win the trop	hy.
5 My sister is	a judo champior	. She ranks	the be	est in the cour	ntry.	
6 I struggle to	keep	with my	brother. He's much	ı fitter than I a	.m.	
out	among	-off-	through	up	down	off

Playing tennis all afternoon with Gus has worn Charlie out. Playing tennis all afternoon with Gus has worn Charlie off.	
 Before playing a game of soccer, I always warm down by jogging slowly. Before playing a game of soccer, I always warm up by jogging slowly. 	
 For this yoga position, you have to stretch your arms out as far as you ca For this yoga position, you have to stretch your arms in as far as you can 	
Pete wanted to start playing baseball, so he signed on for his school team Pete wanted to start playing baseball, so he signed up for his school team	
 Angela knocked Kirsten out in the first round of the competition. Angela knocked Kirsten down in the first round of the competition. 	
My knee injury kept me through completing the marathon this year. My knee injury kept me from completing the marathon this year.	



Aa 33.6 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION

direct something at something else	(Ξ)	aim at
1 move at the same speed	=	
2 prepare your body for exercise	=	
3 look (at a person or situation) and decide how to act	=	
4 make a bad situation better	=	
use up energy (by doing exercise)	=	
6 encourage someone by cheering	Ξ	
🕖 get rid of (energy or an emotion)	=	. <u></u>

34 The arts

34.1 CREATIVITY

Sami and Shahid made the cardboard box into a robot.

make into change something into something else



The architects have mocked up a model of the new museum.

mock up make a model of something



Greg and Chloe colored in pictures of dinosaurs after their trip to the museum.

color in use colored pencils or pens to add colors to a drawing



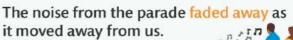
34.3 MUSIC

At the start of the horror movie, scary music started to fade in.

fade in gradually become louder



As the music died away, the presenter stepped onto the stage.



fade away gradually become quieter

34.2 MEDIA

aim at

feed on

tune into

take advantage of

people who like jazz.

be intended for or targeted at

This new TV show feeds on people's curiosity about aliens.

every Sunday morning.

watch or listen to a program or

station on the television or radio

I tune into my favorite radio show

The new music channel is aimed at



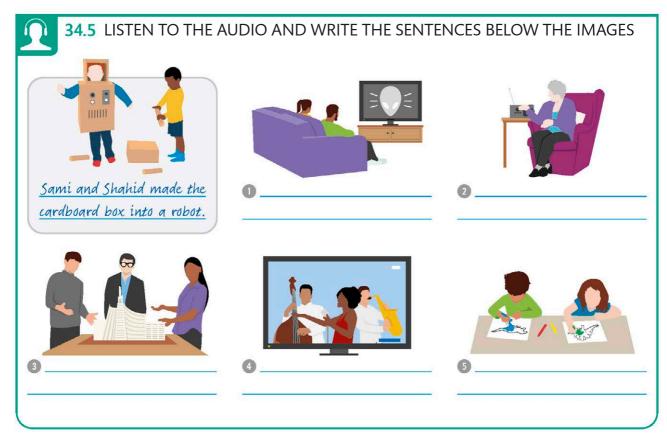
My new headphones help me concentrate by filtering out background noise.

filter out remove or block something





Aa ^{34.4} FILL IN THE GAPS USING	G THE PHRA	SAL VERBS IN	THE PANEL	-
As the music <u>died away</u> , the pre	esenter stepped	onto the stage.		
The new music channel is	people wh	o like jazz.		
2 At the start of the horror movie, scary m	usic started to			
O My new headphones help me concentration	te by	backgrou	und noise.	
4 This new TV show people	ople's curiosity a	about aliens.		
5 The noise from the parade	as it move	ed away from us.		
I my favorite radio sho	ow every Sunda	y morning.		
feeds on fade in died away	tune into	filtering out	aimed at	faded away





See also: arrive at 47 bring back 16 check out 10, 50 end up 17 get around 50, 53 get away 13 get back (from) 1 go back 16, 54 go off 3, 8, 27, 30 put up 28 set off 46, 53 set out 23, 53

35.1 TRAVEL

When Krishna arrived at the villa, the party had already begun.

arrive at reach a destination



During his vacation in Rome, Anton hired a moped to get around the city.

get around travel from place to place



When they arrived at the hotel, Julia and John went to reception to check in.

check in(to) register your arrival at a hotel or airport



On your way to London you'll pass by Cambridge, a beautiful university city.

pass by pass another place (while on the way somewhere else)



By the time we got back from our cycle ride, it was already getting dark.

get back from return from



Julia and John checked out of the hotel and went to the airport.

check out (of) leave a hotel after paying the bill



Dan and I went to Paris for our honeymoon. We went back last month for

our 25th wedding anniversary.

visit again



We were supposed to hike to the mountain, but we ended up by the lake.

end up arrive somewhere unintentionally



Marimar and I went off to Miami recently.

go off (to) go on a trip or vacation



It was great to get away for a few days!

get away go somewhere for a break or to relax



Hi Paula,

We're having a great time in Cyprus. Our hotel overlooks the sea. We soak up the atmosphere each morning as we have our coffee. We're packing in lots of sightseeing. We saw some ruins and a vineyard today. We're heading for Athens today. We can't wait! We'll bring you back some local olives. They're delicious! See you soon!

Ted and sandy

Our hotel overlooks the sea. We soak up the atmosphere each morning as we have our coffee.

soak up look and listen, enjoy



We've been in Cyprus for a few days, but we're heading for Athens today.

head for move towards a certain destination



Whenever we set out on a hike, we always take waterproofs, a compass, and a map.

set out (on) start a journey



On our way to Barcelona, we stopped over in a lovely hotel for the night.

stop over stay somewhere on the way to somewhere else



We're packing in lots of sightseeing during our vacation. We saw some ruins and a vineyard today.

pack in include (a lot of something)



We brought you back some local olives. They're delicious!

bring back return with



We set off for Chicago at dawn when there would be less traffic on the roads.

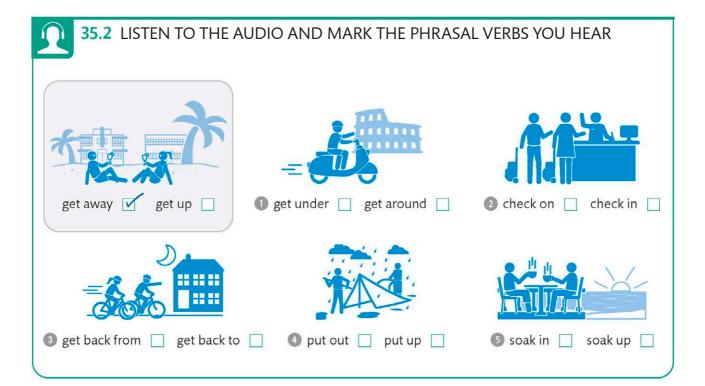
set off (for) start a journey



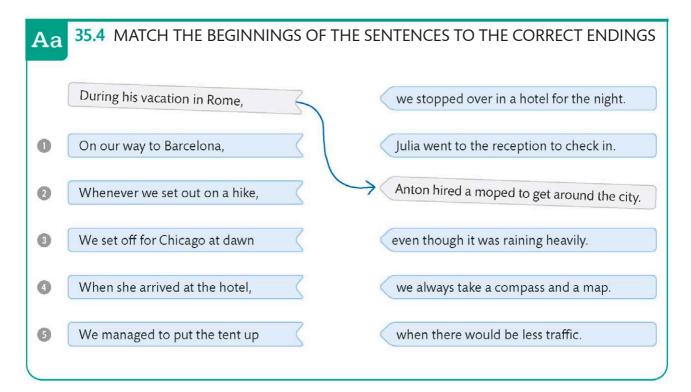
We managed to put the tent up even though it was raining heavily.

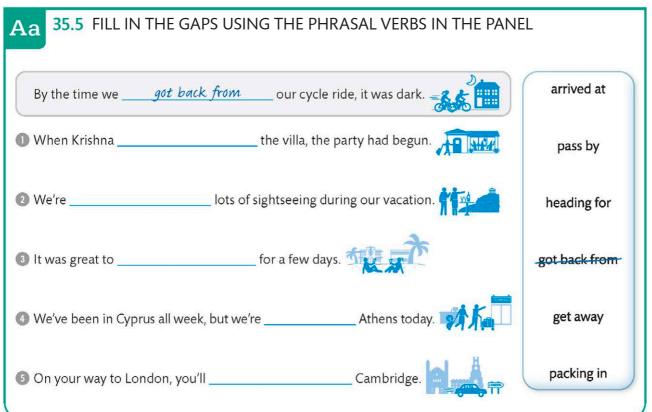
put up put together, erect





Aa 35.3 REWRITE THE SENTENCES, PUTTING THE WORDS IN THE CORRECT ORDER
to get Anton moped around the hired city. a Anton hired a moped to get around the city.
brought olives. We you local back some
hotel. They out the checked of
Miami I and off Marimar recently. went to
great away days! get few a for It to was





36 Talking

36.1 TALKING

Ben's not keen on buying a new car. I'm trying to talk him round.

talk round (UK) manage to persuade someone



Marco is always talking at people. He never gives them a chance to speak.

talk at talk to someone without letting them speak



Shona wanted to dye her hair green, but her sister talked her out of it.

talk out of persuade someone not to do something



Uncle Toby still talks down to me like I'm a child, even though I'm 25.

talk down to talk in a patronizing way to

We were chatting about movies when Tina launched into a speech about her favorite actors.

launch into suddenly begin speaking with enthusiasm about something



Kirsty talked the workers through the new software system.

talk through explain how something works



My kids talked me into getting a puppy. They've promised to take care of it.

talk into persuade someone to do something



Every time Rita tries to say something, Greg talks over her.

talk over talk loudly while someone else is talking



While Julia was explaining her idea, Rupert

cut in to tell her she was wrong.

cut in interrupt



Simone spent the whole of lunch mouthing off about how much she hates her new boss.

mouth off talk negatively about something or someone (informal)



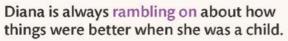
See also: blurt out 51 come up 16, 50, 52 talk over 22

Shut up and listen to me for once!

shut up stop talking (rude)

I couldn't hear Louise at all. The man next to us was completely drowning her out.

drown out talk louder than someone else



ramble on talk for a long time about something (in an annoying or incoherent way)



Craig was trying to tell a joke, but tailed off as he realized that no one was listening.

tail off stop talking gradually



When soccer came up in conversation, Bill and I realized we support the same team.

come up (in) be mentioned in conversation, usually unexpectedly



I think you should tone down your language.

tone down make your language less strong

Lauren comes out with the funniest things. Today she told me she wants to live on the Moon.

come out with say something surprising



The lecturer droned on for what felt like hours. We were half asleep by the end.

drone on talk for a long time in a very boring way



After the concert, I struck up a conversation with one of the guitarists.

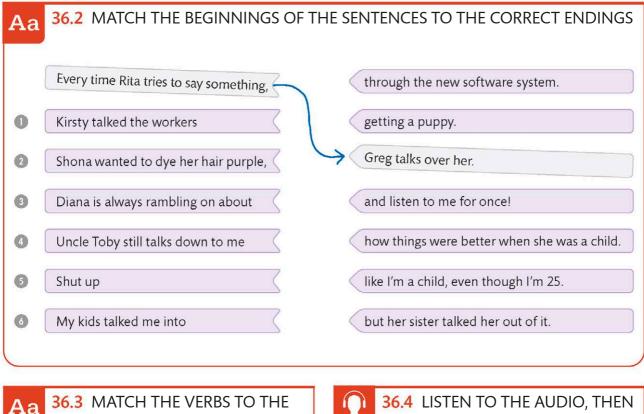
strike up start a conversation



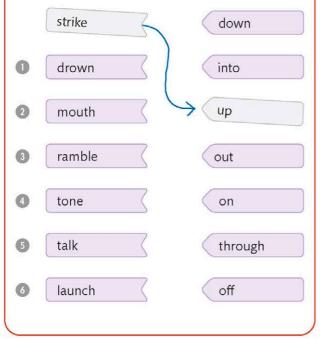
Andy blurted out the name of the winner. It was supposed to be a secret.

blurt out say something without thinking about it first

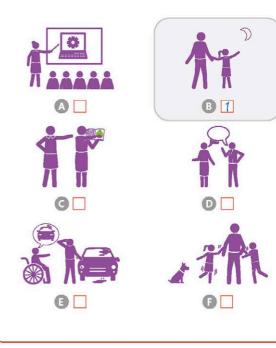


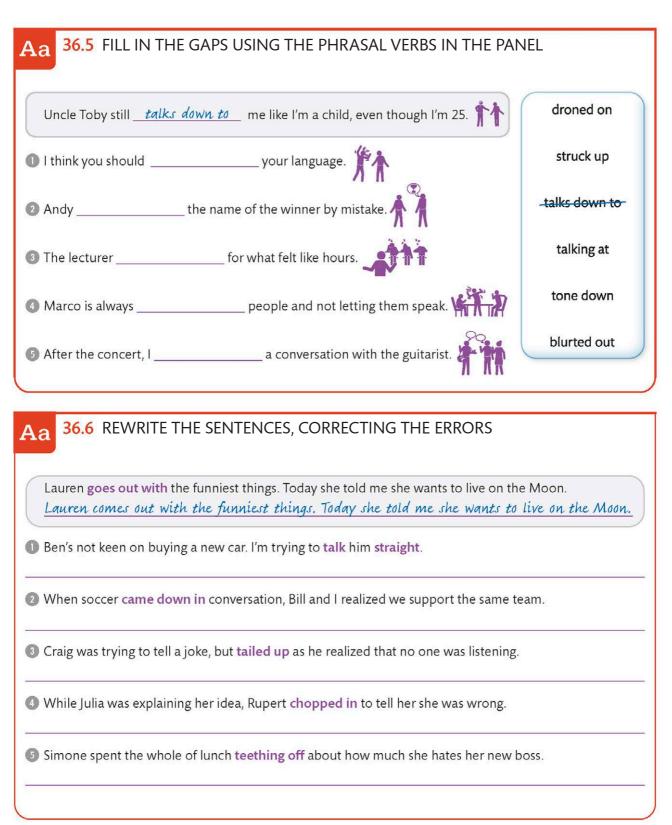


CORRECT PARTICLES TO MAKE PHRASAL VERBS



NUMBER THE PICTURES IN THE ORDER YOU HEAR THEM





37 Reading and writing

37.1 WRITING

Before you can use the gym, you need to fill in this form. fill in complete a form



Ted always writes out his essays instead of typing them.

write out write something in full by hand



The journalist jotted down the details as Dan described his role in the new movie.

jot down make written notes quickly

Miguel scribbled down a note to his housemate to say that he was going out for the evening.

scribble down write something quickly or roughly



Celia read through her notes from today's lecture and typed them up.

type up type something from written notes





It stands for Unidentified

Flying Object.

37.2 READING

I've only dipped into Nia's new novel, but it's fantastic so far.

dip into read short parts of a book or text



We pored over the old document looking for clues.

pore over read with great attention



What does UFO mean?

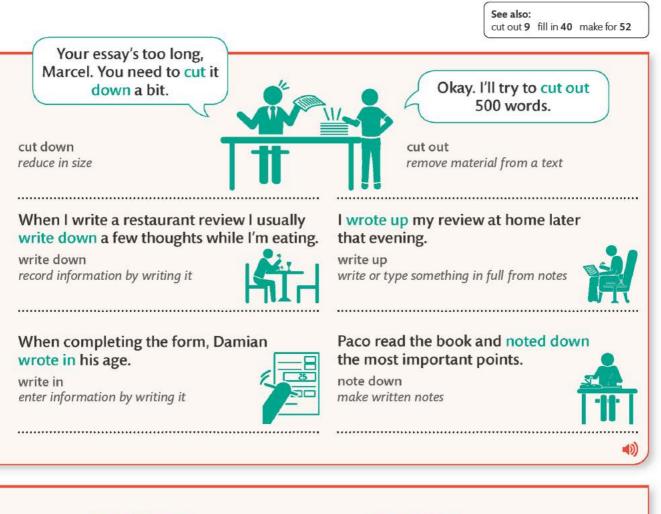
stand for represent, be an abbreviation for



Adventures in the Wilderness should make for interesting reading!

make for result in





Alexandra flicked through a magazine while she waited to get her hair cut.

flick through look through a book or magazine quickly or casually



Max read through the full report before giving his opinion.

read through read something from start to finish



Fatima read up on ancient Greece before her history exam.

read up on research or revise a topic

As the judge read out the names of the Fatir winners, Pablo waited hopefully.

read out read aloud (for others to hear)



Aa	37.3 MATCH THE PHRAS	SAL VERBS T	O THE CORRECT DEFINITIONS
(read out	$\overline{}$	write something quickly or roughly
0 (note down		read with great attention
0 (cut down	\rightarrow	read aloud (for others to hear)
0 (write up		complete a form
4 (scribble down		write or type something in full from notes
6	stand for		reduce in size
0 (pore over		represent, be an abbreviation for
0 (fill in		make written notes

	-		
Aa	37.4	MARK THE SENTENCES THAT ARE CORRECT	
	Ní.	I've only dipped into Nia's new novel, but it's fantastic so far.	
	7 70	I've only dipped over Nia's new novel, but it's fantastic so far.	
0	1	Before you can use the gym, you need to fill in this form.	
	<u> </u>	Before you can use the gym, you need to fill on this form.	
2	*	As the judge read in the names of the winners, Pablo waited hopefully.	
		As the judge read out the names of the winners, Pablo waited hopefully.	
3		When completing the form, Damian wrote on his age.	
	200	When completing the form, Damian wrote in his age.	
0		Alexandra flicked through a magazine while she waited to get her hair cut.	
	TTT I	Alexandra flicked above a magazine while she waited to get her hair cut.	

Aa 37.5 LOOK AT THE PICTURES AND CO PHRASAL VERBS IN THE PANEL	OMPLETE THE SENTENCES USING THE
Miguel <u>scribbled down</u> a note to his	③ "UFO" Unidentified
housemate to say that he was going out.	Flying Object.
Max the full report before giving his opinion.	The journalist the details as Dan described his role in the new movie.
 Ted always his essays 	Fatima on ancient Greece
instead of typing them.	before her history exam.
stands for <u>scribbled down</u> read up	writes out jotted down read through

Aa 37.6 FILL IN THE GAPS USING THE WORDS IN THE PANEL TO CREATE PHRASAL VERBS When I write a restaurant review, I usually write down a few thoughts while I'm eating.

I'll try to CL	it 50	0 words from my essa	ay if it is too long.	
Adventures in	the Wilderness should m	ake	interesting reading!	
Paco read the	e book and noted	the mos	t important points.	
We pored	the	old document looking	g for clues.	
for	out	-dewir	over	down

38 Keeping in touch

See also: break up 3, 15, 21, 29 get through (to) 33 hang up 6 pass on 32 pick up 9, 10, 11, 28, 31 put through 55 send off 33

38.1 ON THE PHONE

I had to call Megan six times before she finally picked up the phone.

pick up answer a phone call



Anna works from home on Tuesdays, so she will dial into the meeting.

dial in(to) join a conference call



Could you please speak up? I can't hear you very well!

speak up talk more loudly



Sorry, I can't hear you very well, I'm afraid. You keep breaking up.

break up become difficult to hear (because of a bad signal or connection)



Could I speak to Mr. Yamamoto, please?

Hi Laura, sorry I'm cooking at the moment. Can I call you back in 10 minutes?

call back return a call, phone someone who tried to speak to you earlier



After chatting for over an hour, Simon and I said goodbye and hung up.

hang up end a phone call (often suddenly)



I've called Olly a few times this evening, but I can't get through.

get through (to) make contact with someone by phone



I phoned around to ask if any of my friends wanted to go to the beach with me.

phone around phone several people

Certainly. I'll put you through now, madam.

put through (to) connect someone to the person they want to speak to



38.2 LEAVING A MESSAGE

Dave passed on a message telling me that Rob had called.

pass on give someone a message that someone else has given to you



Rob wants to follow up on the conversation we had about the new logo.

follow up on find out more information, do something in response to something



Hi Ulrika,

Rob called and asked me to pass on a message. He wants to follow up on your chat about the new logo last week. Can you get back to him as soon as you can? Dave

He asked me to get back to him as soon as possible.

get back (to) reply to a phone call or email, contact someone (with a response to a question)



38.3 SENDING AND REPLYING

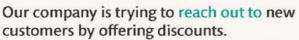
I love receiving letters from my dad. I always write back immediately.

write back reply by letter or email



I sent Paul a text asking him where he was. He texted back saying he was on the train.

text back reply by text message



reach out (to) contact



Claudia sent wedding invitations out to all her friends and family.

send out (to) send to a group of people



Chris emailed me a week ago, but I only just remembered to email him back.

email back reply by email



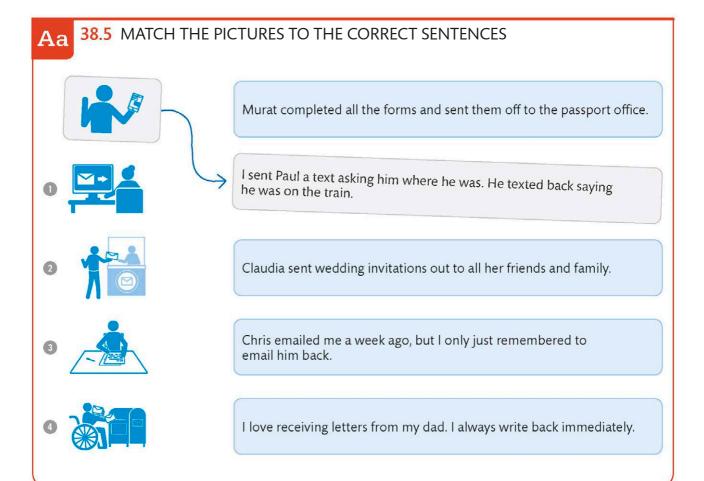
Murat completed all the forms and sent them off to the passport office.

send off (to) send something by post or email



38.4 CROSS OUT THE INCORRECT WORDS IN EACH SENTENCE I had to call Megan six times before she finally picked <u>out</u>/<u>over</u>/up the phone. Rob wants to chase / follow / catch up on the conversation we had about the new logo. Claudia sent wedding invitations up / off / out to all her friends and family. Dave passed up / off / on a message telling me that Rob had called. Sorry, I can't hear you very well, I'm afraid. You keep crumbling / breaking / tearing up. I've called Olly a few times this evening, but I can't get among / into / through.

6 Could you please speak down / on / up ? I can't hear you very well!



38.6 LISTEN TO THE AUDIO A PHRASAL VERBS	ND MATCH THE	IMAGES TO TH	E CORRECT
pick up	speak up		call back
hang up		put through	,

Aa 38.7 FILL IN THE GAPS, PUTTING THE WORDS IN THE CORRECT ORDER
back get to He asked me to get back to
the into dial
① Anna works from home on Tuesdays, so she will meeting.
through you put
2 I'll to Mr. Yamamoto now, madam.
reach to out
Our company is trying to new customers by offering discounts.
up hung and
4 After chatting for over an hour, Simon and I said goodbye
back you call
69 Hi Laura, sorry I'm cooking at the moment, can I in 10 minutes?

39 Thoughts and ideas

See also: come across 1, 52 think through 50 throw out 17

39.1 IDEAS

They bombarded us with too much information during the training course.

bombard with ask too many questions, give too much information



The president's speech touched on the economy, healthcare, and education.

touch on briefly mention something in a talk or text

When my husband suggested buying a new kitchen, I ran with it.

run with do what someone suggests

The creative manager asked her team to throw out as many ideas as they could.

throw out suggest lots of spontaneous ideas



Ted has come up with some good ideas for a new logo.

come up with think of an idea, suggestion, or plan



Gill and the design team are bouncing ideas off each other before the show next week.

bounce off exchange creative ideas to see how other people respond to them



I wrote a proposal for more environmentally friendly policies and put it to the directors.

put to make a suggestion so that others can choose to accept it or not



When I told my friends I was starting my own business, they all got behind the idea.

get behind offer support to someone



We have ruled out three of the candidates. It's a choice between Danny and Carmen.

rule out remove someone or something as an option when making a choice



He decided to put forward the version with the star.

put forward offer an opinion, idea, or suggestion



39.2 REALIZING THINGS

The artist's feelings of anger come across very strongly in this painting.



come across be communicated

It finally dawned on me that Claude was the killer.

dawn on become clear to someone



Experts have attributed this painting to Joan Miró because of the distinctive style.

attribute to believe that a certain person said or created something



It had never occurred to me that such a charming character could commit such a terrible crime.

occur to suddenly come into someone's mind



39.3 THOUGHTS

While writing her memoir, Rebecca reflected on her childhood.

reflect on carefully think about something



Selma is very creative. She thinks up lots of wonderful dishes.



think up invent a new plan or idea in your mind

I asked Zoya if she'd like to work for us. She's thinking it over, and will let us know tomorrow.

think over carefully think about a plan or idea before making a decision



Before deciding whether or not to move to Canada, we need to think it through.

think through considering the advantages and disadvantages of something



There's a lot to think about when buying a house, but it often boils down to money.

boil down to be the most important reason



The teacher asked us all to think of a famous person from history and write a story about them.

think of create a mental image of something or someone

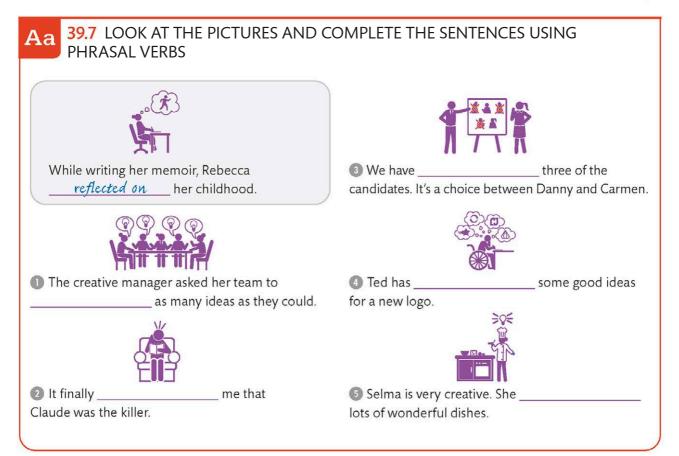


39.4 LISTEN TO THE AUDIO, THEN NUMBER THE PICTURES IN THE ORDER VOU HEAR THEM Image: State of the state of th

	The president's speech touched on the economy, healthcare, and education.	When I told my friends I was starting my own business, they all offered support.
	When my husband suggested buying a new kitchen, I ran with it.	The president's speech briefly mentioned the economy, healthcare, and education.
8	When I told my friends I was starting my own business, they all got behind the idea.	Experts believe that Joan Miró created this painting because of the distinctive style.
	They bombarded us with too much information during the training course.	When my husband suggested buying a new kitchen, I did what he suggested.
	Experts have attributed this painting to Joan Miró because of the distinctive style.	The artist's feelings of anger are communicated strongly in this painting.
	The artist's feelings of anger come across strongly in this painting.	They gave us too much information during the training course.

Aa 39.6 WRITE THE PHRASAL VERBS FROM THE PANEL IN THE CORRECT GROUPS

SEPARABLE				<u></u>	INSEPARAB	LE
					run with	ı
]			
come ac	ross ł	pounce off	come up with	put to	get behind	think through



40 Explaining things

See also: fill in 37

40.1 EXPLAINING THINGS

The politician alluded to housing in his speech, but mostly spoke about transportation.

allude to mention something indirectly



During her speech, the senator kept coming back to her financial policies.

come back to return to a subject

I asked the professor if he could go back over some of the points from the lecture.

go back over explain the details of something again



Yuri managed to put his ideas across very well during the debate.

put across successfully explain an idea or express a feeling



Becky asked Sarah to fill her in on the latest gossip from the office.

fill (someone) in (on) provide the latest or most important information about something



How many times do I have to spell it out to you? You're not allowed to use your phone in class.

spell out explain something very clearly (usually with anger or frustration)



The interviewer asked me to expand on my experience of working with animals.

expand on give more details about something



Pete couldn't remember the French word for "swimming," so he acted it out.

act out explain or show something by performing or re-enacting it



My friend pointed out some of the mistakes I'd made in my code.

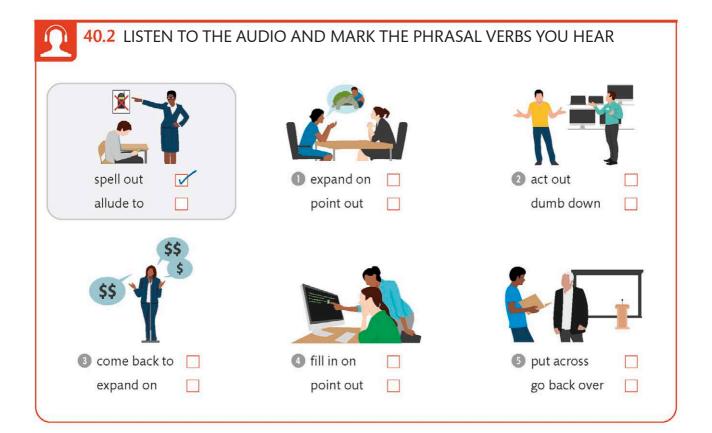
point out help someone to notice something



Gio didn't know anything about computers, so he asked the salesperson to dumb it down for him.

dumb down make something easier to understand





Aa 40.3 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION, FILLING IN THE MISSING LETTERS

give more details about something	=	<u>expand</u> on
successfully explain an idea or express a feeling	=	<u>pa</u>
2 make something easier to understand	Ξ	<u>dd</u>
3 help someone to notice something	=	p o
4 return to a subject	Ξ	<u>cbt</u>
5 mention something indirectly	=	<u>at_</u>
• explain the details of something again	=	<u>g b o</u>

41 Truth and lies

41.1 TRUTH

I never caught on that Dad's company was in such debt.

catch on realize something is happening



Conan finally owned up to breaking the window. He'd been denying it all morning.

own up (to) admit that something was your fault



When it came out that he was bankrupt, I was shocked!

come out become known



I have to level with you, Anu. The cake looks lovely, but it tastes terrible.

level with tell someone the truth



41.2 LIES

We fell for the salesman's talk. The car we bought broke down after a few days.

fall for be tricked into believing something

.....



Tyler has been promising to pay me back for months, but he's just stringing me along.

string along give someone false hopes or make them believe something that is false



After eating all the cake, John tried to cover it up by claiming the dog had eaten it.

cover up hide the truth from other people

.......



Pio's always making up excuses for handing in his homework late. Today, he claimed his school bag had been stolen.

make up invent a story to explain something



Alice accused me of messing her around when I canceled our date for a third time.

mess around treat someone badly by deceiving them or changing plans regularly



Larry's claim that he was at home on the night of the crime didn't add up.

add up make sense, be a logical explanation



It's really hard to suss the new neighbors out. They don't say anything about themselves.

suss out (UK) understand what someone wants, or what kind of person they are



I've been trying to find out from Nisha who Sammy's dating.

find out discover information



Gary was always exaggerating about how rich he was, but Safiya could see through his lies.

see through be aware that something is not true



I think she knows more than she's letting on.

let on admit or reveal something



Amrit promised his mother he'd stay home and study, but she caught him out when she heard him come home late.

catch out discover that someone is lying



Josie tried to explain away the damage to my car by saying it was just a small scratch.

explain away try to persuade someone that a bad situation is not important or not your fault



The CEO has been playing down the company's financial problems.

play down make a problem seem unimportant



Mario glossed over the bad result, claiming the team would soon be back on form.

gloss over try to make bad news or a mistake seem unimportant



Kirstie's been making out that everything's okay, but I know she's

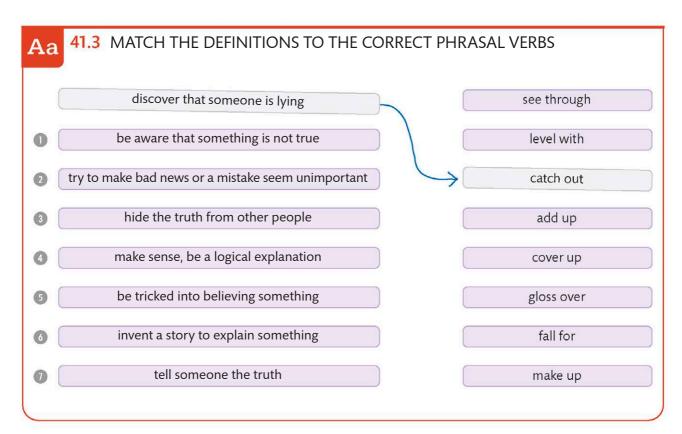
stressed about her interview. make out

pretend

It looked as if Aaron had been injured, but I knew he was putting it on.

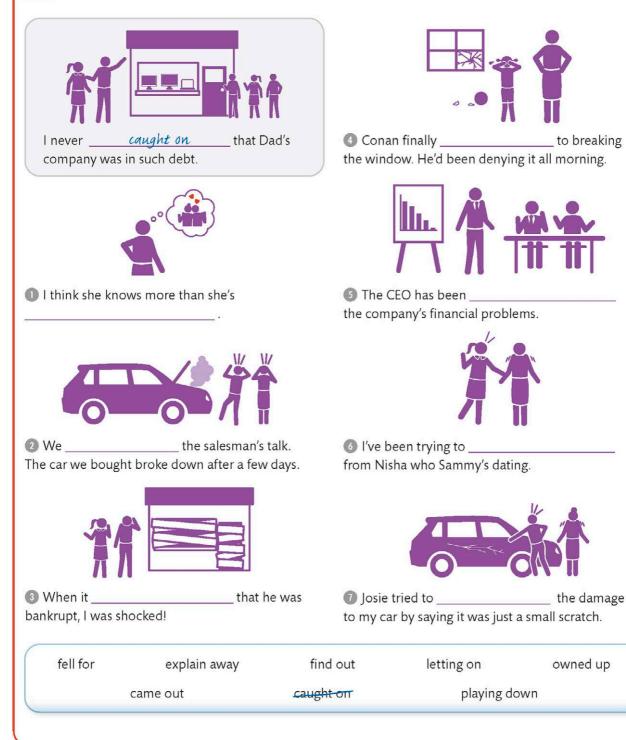
put on pretend





11.4 L	ISTEN TO TH	E AUDIO AN	ID MARK THE	PHRASAL V	erbs you hear
suss out		explain away		see through	
play down		make up		make out	
cover up		come out		level with	
③ let on		find out		mess around	
gloss over		string along		add up	
5 put on		catch out		own up	
6 catch on		explain away		fall for	

Aa 41.5 LOOK AT THE PICTURES AND COMPLETE THE SENTENCES USING THE PHRASAL VERBS IN THE PANEL



42 Encouragement

42.1 ENCOURAGEMENT AND PERSUASION

The thought of winning first prize spurred Farukh on.

spur on encourage someone, inspire someone to do something



When Zoe asked her daughter why she'd stolen the cookies, she said her elder brother had put her up to it.

put up to encourage someone to do something that is wrong



Kendra was very nervous, but was happy to see her friends rooting for her.

root for show your support for someone



Marcus's friends egged him on as he climbed the tree.

egg on encourage someone to do something (often something naughty)



Rahul was skeptical about electric cars until the salesman reasoned with him.

reason with offer logical arguments to try to change someone's mind



Helen has put me onto this great new hair salon. I'm going to check it out.

put onto tell someone about something they might find useful



Lisa's speech in favor of a new nature reserve has brought many people around to the idea.

bring around persuade someone to support your idea

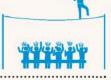
My son was upset, so I bought him an ice cream to buck him up.

buck up make someone feel happier



The crowd urged Mona on as she approached the end of the tightrope.

urge on encourage someone to do something



He eventually won him over by explaining how eco-friendly they are.

win over successfully persuade someone to support your idea



Aa 42.2 MARK THE SENTENCES THAT ARE CORRECT	
The thought of winning first prize spurred Farukh on. The thought of winning first prize spurred Farukh off.	
Helen has put me onto this great new hair salon. I'm going to check it out. Helen has taken me onto this great new hair salon. I'm going to check it out.	
Lisa's speech in favor of a new nature reserve has brought many people around to the idea. Lisa's speech in favor of a new nature reserve has brought many people about to the idea.	
Sendra was very nervous, but was happy to see her friends planting for her. Kendra was very nervous, but was happy to see her friends rooting for her.	
Zoe's daughter said her elder brother had put her up to stealing the cookies. Zoe's daughter said her elder brother had put her onto stealing the cookies.	

42.3 LISTEN EACH PICTU	I TO THE AUDIO AND COMPLETE THE SENTENCES THAT DESCRIBE JRE
Marc	cus's friends <u>egged</u> him <u>on</u> as he climbed the tree.
• Kend	Ira was very nervous, but was happy to see her friends her.
2 1 1 🔐 Rahu	Il was skeptical about electric cars until the salesman him.
3 The o	crowd Mona as she approached the end of the tightrope.
0 11 He e	ventually him by explaining how eco-friendly they are.
• Mys	on was upset, so I bought him an ice cream to him

43 Agreeing and disagreeing

43.1 AGREEING AND DISAGREEING

Everyone agrees with John that Sian should get the job.

agree with have the same opinion as someone



I want to go on an expensive vacation this year. I'm trying to persuade my husband to go along with the idea.

go along with unwillingly agree to do something



I can always count on my sister to comfort me when I'm upset.

count on rely on someone

During the debate, the politician hit out at her opponents.

hit out at strongly criticize someone



Our local representative has come out against the plans for a new housing development.

come out against reveal your opposition to something in public



Martin and Simon disagreed with each other about what color to paint the kitchen.

disagree with believe that someone or something is wrong



My aunt frowns on people wearing shoes indoors. She makes her friends take them off when they visit.

frown on disapprove of something



Laura objected to Ankita's proposals for the new restaurant.

object to be opposed to something



Danny pulled Roberta up on her attitude towards the environment.

pull up on (UK) criticize someone for a particular thing



Whenever there's a disagreement at work, Paulina always sides with our boss. It's so irritating!

side with support someone in an argument



See also: push back 16

Carla stood up to the bullies. She told them to stop being mean to her brother.

stand up to defend someone or yourself against someone else



The workers at the factory are pushing back on the management's attempt to introduce a pay cut.

push back (on) resist or oppose something



I think Sonia has something against me. She never wants to talk to me.

have (something) against dislike someone for an unknown reason



My idea was shot down by the panel before I had a chance to explain it to them.

shoot down reject an idea



When Emily's boss accused her of being lazy, she fought back by showing him the clothes she had made that morning.

fight back respond to someone who has criticized you



())

43.2 AVOIDING CONFLICT

Terry's colleagues always make fun of his shirts, but he just laughs it off.

laugh off deal with criticism or a difficult situation by laughing at it



Donna bought her brother some chocolates to make up for the things she had said to him.

make up for do something positive to correct a mistake



Paul usually shrugs off criticism of his cooking.

shrug off treat something as if it is not important



The two companies have almost reached a deal. They just need to iron out a few last details.

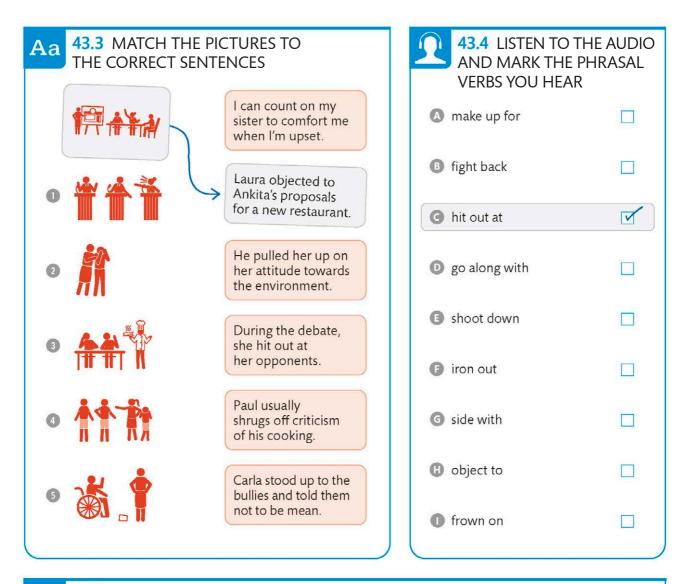
iron out solve small problems or details



Everyone criticized Magda's art when she started, but she rose above it and is a successful artist now.

rise above not let criticism or a difficult situation affect you badly





Aa 43.5 CROSS OUT THE INCORRECT WORDS IN EACH SENTENCE

Paulina always sides up / with / on our boss. It's so irritating!

Everyone agrees with / on / for John that Sian should get the job.

2 Everyone criticized Magda's art, but she rose above / for / on it and is a successful artist now.

3 The workers are pushing up for / back on / out of the management's policies.

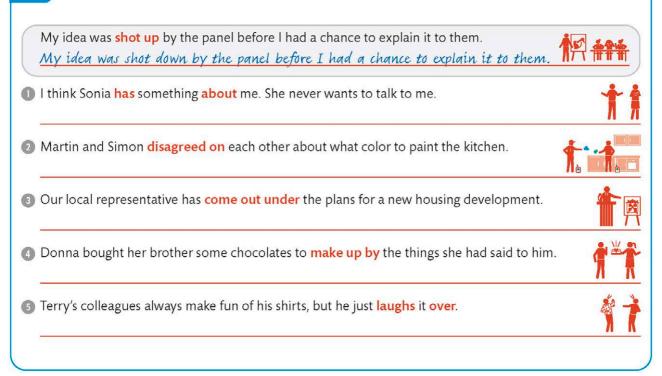
Integration of a state of the state of th

A	a 43.6 READ THE STATEMEN	ts and M	ARK THE CORRECT MEANING	
	Paul usually shrugs off criticism of his of Paul listens to criticism. Paul doesn't listen to criticism. Criticism helps Paul improve.	cooking.	Laura objected to Ankita's proposals. Laura liked Ankita's proposals. Laura supported Ankita's proposals. Laura opposed Ankita's proposals.	
0	My aunt frowns on people wearing sh	oes indoors.	④ Carla stood up to the bullies.	
	My aunt disapproves.		Carla did not defend herself.	
	My aunt wears shoes indoors.		Carla defended herself.	
	My aunt doesn't wear shoes at all.		Carla was one of the bullies.	
2	2 Paulina always sides with our boss. 5 They just need to iron out a few last details.			ails.
	Paulina never supports our boss.		They need to solve small problems.	
	Paulina doesn't like our boss.		They need to create problems.	

They need to avoid problems.

Aa 43.7 REWRITE THE SENTENCES, CORRECTING THE ERRORS

Paulina always supports our boss.



44 Opinions and arguments

44.1 OFFERING OPINIONS

Sorry, I'm not sure what you're getting at.

get at imply, try to say something indirectly



Anetta is always speaking out about environmental issues.

speak out give your opinion publicly

The professor weighed in on the debate about the new power station.

weigh in on add your opinion to an ongoing discussion



The manager laid into the players after they lost another match.

lay into criticize someone in an angry way



Andy lashed out at someone who dropped litter in the street.

lash out (at) criticize someone in an angry way

Farah makes sure to base all her arguments on facts.

base on use facts or arguments to support your opinion



44.2 JOINING ARGUMENTS

Only one of my colleagues stuck up for me when my boss criticized my work.

stick up for defend someone or something



Moira tried to drag Phil into her argument with the chef.

drag into make someone join in an argument against their will

When Dad accused me of lying, Jo backed me up and told him I was telling the truth.

back up give someone support by agreeing with them



Phil, however, prefered to stay out of it.

stay out of avoid becoming involved in an argument



See also: back up 12 climb down 19 fall out 49 make up 41, 52 take back 10, 16, 55

44.3 SURRENDERING, COMPROMISE, AND RECONCILIATION

Ben and Gus finally made up after their argument.

make up (with) become friends again



They had fallen out when they both applied for the same job.

fall out (with) have a disagreement with someone

Sam wanted his waiters to dress as hot dogs. He backed down when they threatened to quit.

back down withdraw a demand or admit you were wrong



Kirsten had been threatening to fire Imran, but she backed off when he promised to work harder.

back off withdraw a threat



I'm sorry I said I didn't like your dress, Katie. I take it back.

take back admit that what you said was wrong



Craig's parents finally caved in and bought him a games console.

cave in agree to something (after a lot of resistance)



When Pete showed Martin the facts, Martin had to climb down and admit he was wrong.

climb down (UK) admit you are wrong (after some resistance)



Arun and Les patched things up after they had an argument.

patch up sort out your differences and become friends again



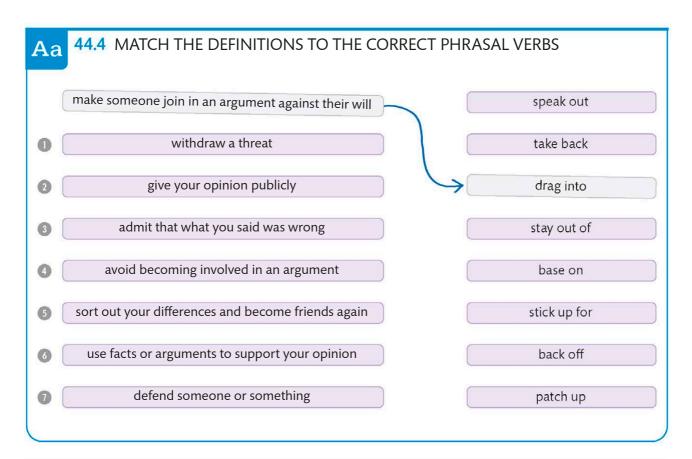
I'm trying to smooth things over with Anna, so I bought her some flowers.

smooth over (with) resolve a problem or disagreement

Ed hated Carla's new book, but he watered down his opinion when he wrote his review.

water down make an opinion or proposal less strong





44.5 LISTEN TO THE AUDIO, THEN NUMBER THE SENTENCES IN THE ORDER YOU HEAR THEM

ew. 1

44.6 WRITE THE PHRASAL VERBS FROM THE PANEL UNDER THE Aa CORRECT DEFINITIONS resolve a problem or disagreement 4 defend someone or something smooth over (with) withdraw a threat bave a disagreement with someone Ī 2 avoid becoming involved 6 criticize someone in an angry way in an argument give someone support by agreeing withdraw a demand or admit you with them were wrong stick up for lash out (at) back off back up back down stay out of _smooth over (with) fall out (with)

Aa 44.7 FILL IN THE GAPS USING THE WORDS IN THE PANEL TO CREATE PHRASAL VERBS

Ben and Gus	finally made up	after the	eir argument.		
① When Pete showed Martin the facts, Martin had to climb and admit he was wrong.					
2 The manager laid the players after they lost another match.					
③ They had fallen when they both applied for the same job.					
Craig's parents finally caved and bought him a games console.					
Sorry, I'm no	t sure what you're	getting			
out	in	- up-	down	at	into

45 Emotions

45.1 POSITIVE EMOTIONS

The children burst out laughing when the clown pretended to fall over.

burst out suddenly begin (laughing or crying)



Yana was upset, but she brightened up when I bought her some tickets to a concert.

brighten up begin to feel happier

.....



Craig had had a bad day at work, but watching a funny movie cheered him up.

cheer up become happier or make someone feel happier



Anna hadn't been feeling great, but she perked up after a cup of tea and a cookie.

perk up become happier or more lively



45.2 DEALING WITH EMOTIONS

When Linda feels stressed, she listens to music to help her calm down.

calm down become calmer



I really feel for Kim. She's been so upset since her cat went missing.

feel for

......



feel sympathy toward someone

Cory's daughter started to settle down as he sang her a soothing song.

settle down become calmer



I've been checking up on Andrei every day since he lost his job. He's been very upset.

check up on check that someone is all right



Petra's been sulking for days. I wish she'd snap out of it.

snap out of suddenly improve your mood or behavior



Jack's a very private person, but he finally opened up and told me how he feels.

open up reveal your true feelings



Sophie needs to lighten up. She's still studying even though it's her birthday today.

lighten up stop taking everything so seriously



Hiro's jokes are hilarious. He really cracks me up.

crack up begin laughing or make someone laugh a lot



Patrick's love of music shines through when he starts playing his guitar.

shine through be clear, easy to see (about a positive emotion or quality)

Donny's face lit up when he saw the presents waiting for him on the table.

light up suddenly look happy



Kathy and Jamal broke up last month, but Kathy is still finding it hard to get over it.

get over recover from a bad experience



Ed's really toughened up after three years in the army.

toughen up become physically or mentally stronger



I see a therapist to help me work through my problems.

work through deal with your problems in a systematic way

Kathy is finally moving on after her break up with Jamal last year.

move on stop thinking about someone or something

Whenever I'm upset, I know I can turn to my sister.

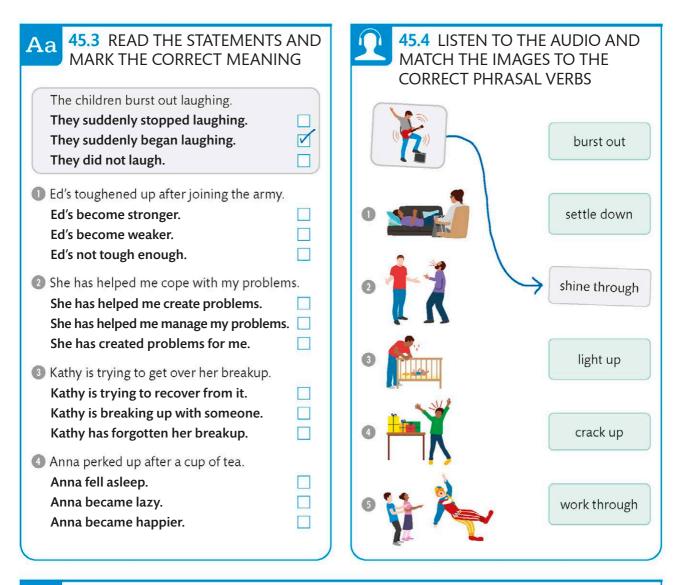
tur<mark>n to</mark> ask someone for help



My therapist has helped me to cope with many of my problems.

cope with manage, deal with a situation

(ه



Aa 45.5 CROSS OUT THE INCORRECT WORDS IN EACH SENTENCE

I see a therapist to help me work under / through / over my problems.

Donny's face lit up / out / off when he saw the presents waiting for him on the table.

2 Jack's a very private person, but he finally opened **on / up / in** and told me how he feels.

If when Linda feels stressed, she listens to music to help her calm up / down / out.

In the children burst off / in / out laughing when the clown pretended to fall over.

Aa 45.6 FILL IN THE GAPS, PUTTING THE WORDS IN THE CORRECT ORDER
down settle to
Cory's daughter started <u>to</u> <u>settle</u> <u>down</u> as he sang her a soothing song.
up on checking
1 I've been Andrei every day since he lost his job.
up cheered him
2 Craig had had a bad day at work, but watching a funny movie
up me cracks
Itiro's jokes are hilarious. He really
when brightened up
④ Yana was upset, but she I bought her tickets to a concert.

Aa 45.7 REWRITE THE SENTENCES, CORRECTING THE ERRORS

	n upset, I know I can turn around my sister. <i>'m upset, I know I can turn to my sister.</i>	
Sophie need	s to lighten down . She's still studying even though it's her birthday today.	
I really feel a	bout Kim. She's been so upset since her cat went missing.	
3 Kathy is final	ly moving off after her breakup with Jamal last year.	<u>}</u>
4 Petra's been	sulking for days. I wish she'd snap in of it.	Å

46 Negative emotions

46.1 NEGATIVE EMOTIONS

Chris had been bottling up his emotions for a long time.

bottle up feel unable to show your emotions to others



Andy fell apart when I told him that I was moving to another country.

fall apart become very emotional, lose control



It really gets to me when people leave their trash on the metro.

get to irritate or upset someone



I'm sick of my neighbors arguing. It's been getting me down for months.

get down make someone feel depressed



Stop taking it out on me. It's not my fault the weather is awful.

take out on behave in a bad way to someone even though it is not their fault



He eventually broke down and admitted that he was really upset.

break down start to cry



This song is so moving. It always sets me off.

set off make someone start crying



Tamal and Sam choked up when the hero died at the end of the movie.

choke up become emotional or upset



Bella welled up when Pete asked her to marry him.

well up have your eyes fill with tears, start to cry



When Lisa walked onto the stage she froze up. She couldn't say anything!

freeze up suddenly become unable to communicate



Sadie's anger about her boss's rude behavior had been building up.

build up become bigger or stronger



Simone's eyes misted over as she told me about her childhood in the countryside.

mist over (about eyes) fill with tears



My husband tenses up whenever I try to talk about money with him.

tense up suddenly become tense or anxious



My grandchildren love to wind me up. They're always playing tricks on me.

wind up (UK) tease someone, make someone angr



My manager is usually very understanding, but he blew up when I told him that I'd left my work laptop on the train.

blow up suddenly become very angry

It eventually spilled over, and Sadie told her how she felt.

spill over start to show (in an uncontrollable way)



Clare flew into a rage when her computer crashed and lost all her work.

fly into (about temper, rage, or panic) suddenly become very angry or scared

......



Troy freaked out when he noticed the enormous spider climbing up the wall.

freak out become very upset or afraid (informal)

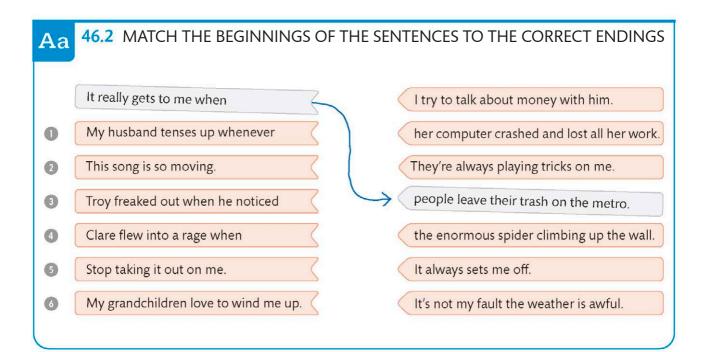


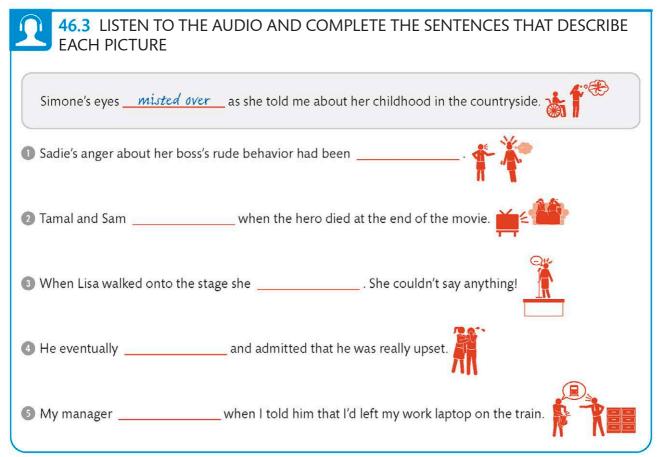
Work has been weighing on me a lot recently.

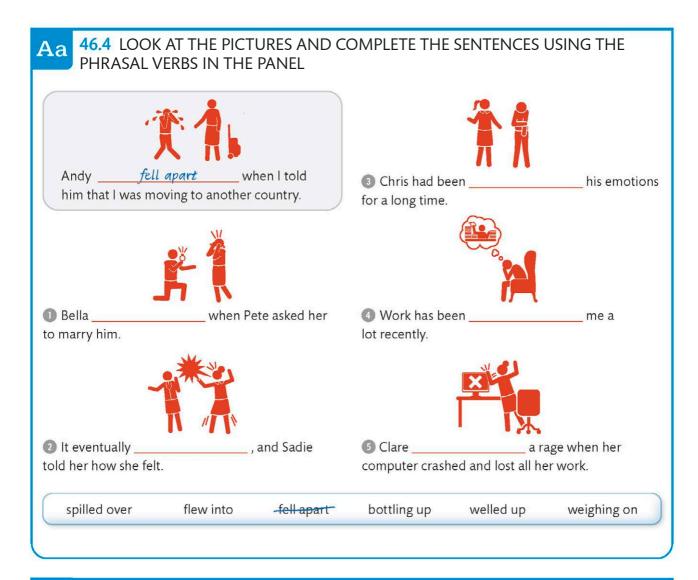
weigh on make someone feel worried or unhappy











Aa 46.5 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION, FILLING IN THE MISSING LETTERS

make someone start crying	Ξ	$\underline{set} \ \underline{off}$
1 make someone feel depressed	=	<u>gd</u>
tease someone, make someone angry	=	<u>wu</u>
3 start to cry	=	<u>b</u> d
4 suddenly become very angry	=	<u>b</u> u

47 Making decisions

47.1 MAKING DECISIONS

Lisa found it hard to choose a dress, but eventually decided on the red one.

decide on reach a decision



After a lot of thought, Rob went for the fish instead of the steak.

go for choose



Moving to New Zealand next year hinges on us saving enough money.

hinge on depend completely on something



It's so hard to choose! I'm leaning toward the red sports car.

lean toward be more likely to choose one option than another



Marie didn't know which new job to accept, so she decided to sleep on it.

sleep on wait until the next day before making a decision



We loved your plans for the new apartment

block. But our decision came down to funding.



come down to depend on one point

We were sure our café would be a success, but forgot to factor in the local competition.

factor in take into consideration

Shona regrets her decision to quit, but she's going to have to live with it.

live with accept an unpleasant decision or situation



After so many failures, Stephen's banking on this new recipe to impress his guests.

bank on depend on







See also: arrive at 35 go for 54 live with 2

Can you tell us how you settled on a winner?

settle on choose (after thinking about or discussing it)

The workers wanted a 5% pay raise, but eventually settled for 3%.

settle for

agree to something although it is not what you first wanted



Paula weighed up her options before deciding which camera to buy.

weigh up consider positive and negative things before making a decision

Ahmed's betting on it being a hot summer this year so he's bought an ice-cream van.

bet on act on a hope or prediction



Sonia opted out of the boat trip. She always gets sea sick.

opt out (of) choose not to do something



each of the paintings. arrive at reach, come to a decision

We arrived at our decision after looking carefully at

Yasmin has been toying with the idea of getting her hair cut short, but has never done it.

toy with consider, play with an idea



Somrita has been mulling over which candidate to hire.

mull over think about something for some time before making a decision



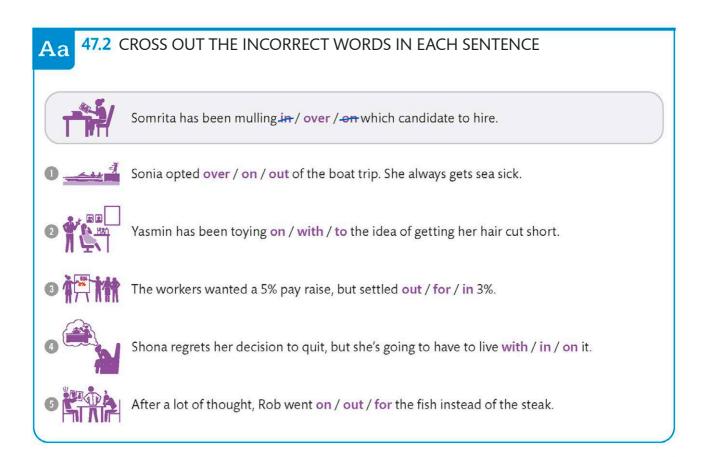
We have narrowed down our list of potential homes to two properties.

narrow down reduce the number of choices

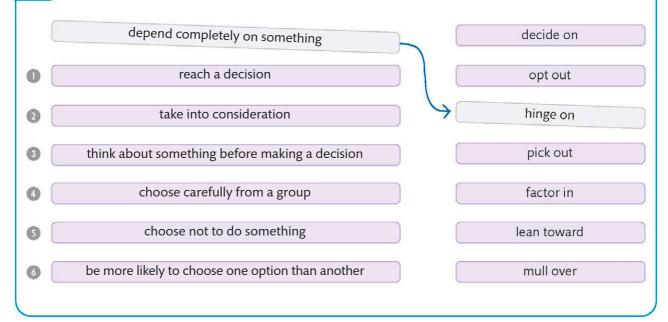
Archie picked out the toy he wanted for his birthday.

pick out choose carefully from a group





Aa 47.3 MATCH THE DEFINITIONS TO THE CORRECT PHRASAL VERBS



47.4 LISTEN TO THE AUDIO AND MARK THE PHRASAL VERBS YOU HEAR 🕕 weigh up 📋 bet on narrow down V bet in weigh out narrow up I pick over Isleep on 6 lean toward pick out sleep in lean on

Aa 47.5 FILL IN THE GAPS, PUTTING THE WORDS IN THE CORRECT ORDER
up weighed her Paula weighed up her options before deciding which camera to buy.
on us hinges
1 Moving to New Zealand next year saving enough money.
On settled a ② Can you tell us how you
decided the on
Isa found it hard to choose a dress, but eventually red one.
this on banking Image: Stephen is

48 Making mistakes

48.1 MAKING MISTAKES

Coralie's graph didn't make sense, so she looked through the data again to see where she'd slipped up.

slip up make a mistake



Wang thought he'd bought everyone a drink until he noticed he'd missed Ellie out.

miss out forget to include someone or something in an activity



When Juan missed the penalty, his teammates rubbed it in by laughing at him.

rub in make someone feel worse about a mistake or failure



I was relying on Selma to bring candles for the cake, but she let me down.

let down fail to meet someone's expectations or fail to keep a promise



The spelling mistake in Juanita's homework jumped out at me.

jump out at be obvious to someone



I'll never live down the time I dropped Erin's birthday cake in the middle of her party.

live down have people forget about an embarrassing mistake you made



Tariq landed himself in trouble when he forgot to do his homework.

land in get into a bad situation



When Chris got home from work, he realized that he had mixed his bag up with Simon's.

mix up (with) accidentally mistake one thing for something else

Enzo went back to the café when he realized he'd left his wallet behind.

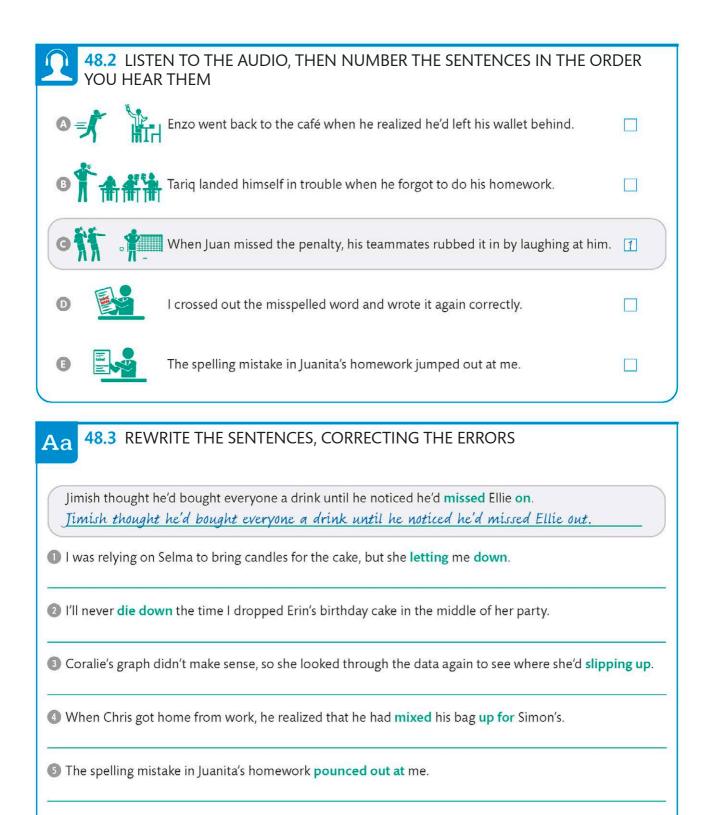
leave behind forget to take someone or something with you



I crossed out the misspelled word and wrote it again correctly.

cross out draw a line or lines through a word





49 Accidents and damage

49.1 ACCIDENTS

Chrissy accidentally broke the handle off the antique vase.

break off remove by force



The old book came apart in the librarian's hands.



come apart fall to pieces

.....

The dog knocked over the plant pot as it chased the cat.

knock over hit something and make it fall to the ground



The hairdresser has completely messed up Kira's hair. She's furious about it.

mess up

make something untidy or unattractive, do something incorrectly



I banged into the door while leaving the house.

bang into hit someone or something by mistake



Takira tripped over one of her son's toys.

trip over hit something with your foot and fall to the ground as a result



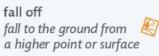
When Omar fell over in the backyard, his dad rushed over to help him.

fall over fall to the ground from a standing position



fall down be in a very bad state, fall to the ground (about a building)

Rodrigo slammed the door so hard that the pictures fell off the wall.







See also: break off 30 fall apart 46 fall out 44 wear out 33

49.2 DAMAGE

When I got home, I found that the dog had torn a cushion apart.

tear apart destroy by tearing into pieces



Colin accidentally drove into a tree and smashed up his van.

smash up break something into pieces



My son has worn out another pair of shoes!

wear out use something so much that it cannot be used anymore



After her favorite band split up, Jo tore up all her posters of them.

tear up break something into pieces by ripping it



The drain was clogged up with old leaves, so I had to unblock it.

clog up become blocked



Jorge took the old clock apart to fix it.

take apart disassemble something, separate it into its parts



Sanjay's old car is falling apart. He's had it since he was a teenager.

fall apart break into pieces (because of age or bad quality)

David's wallet fell out of his pocket while he was running for the bus.

fall out (of) fall from an enclosed place



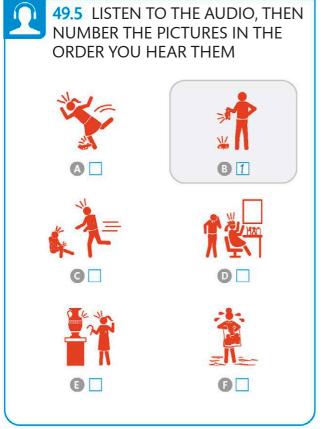


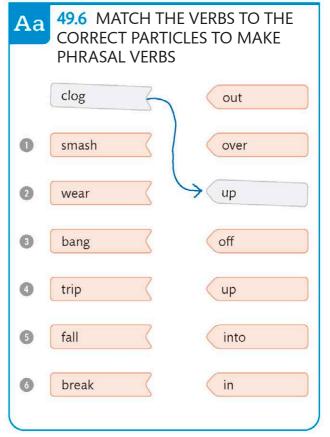
After the leak in the room above, it looked like the ceiling might fall in.

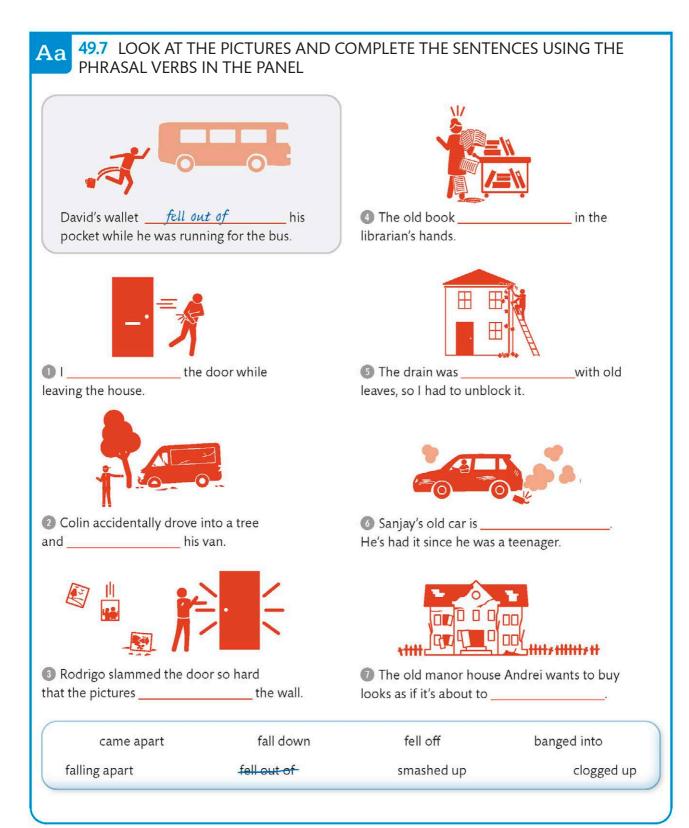
fall in crumble and fall to the ground



Aa 49.4 MARK THE SENTENCES THAT ARE CORRECT	
My son has worn out another pair of shoes! My son has worn off another pair of shoes!	
After the leak in the room above, it looked like the ceiling might fall in. After the leak in the room above, it looked like the ceiling might fall on.	
The dog knocked out the plant pot as it chased the cat. The dog knocked over the plant pot as it chased the cat.	
Iorge took the old clock under to fix it. Jorge took the old clock apart to fix it.	
When I got home, I found that the dog had torn a cushion apart. When I got home, I found that the dog had torn a cushion aside.	







50 Problems and solutions

50.1 PROBLEMS AND SOLUTIONS

Sorry, I'll be home late tonight. Something's come up.

come up happen unexpectedly



The proposals for a new highway have come up against a lot of local opposition.

come up against encounter difficulties



It was very hard for Somrita and her friends to relax with their final exams hanging over them.



hang over be a source of worry

While climbing the mountain, we had to contend with strong winds and heavy rain.

contend with deal with difficulties or opposition



A number of problems have cropped up with the new printer. We need to get someone to fix it.

crop up happen (often unexpectedly)



Writing your thesis is easier if you break it down into small sections.

break down make something easier to understand by separating it into smaller parts



I thought the event was going to be a disaster, but it turned out alright.

turn out happen differently than expected



Owen is great with customers. He deals with their complaints fairly, and never loses his temper.

deal with manage or solve a problem



Ben and I cleared up our disagreement when we realized it was all just a misunderstanding.

clear up solve a problem, resolve an argument



Bitna told Danny she was nervous about her presentation, but he just brushed it aside.

brush aside treat a problem as unimportant, refuse to take it seriously



See also: break down 9, 46 call in 4, 22 check out 10, 35 clear up 11, 32 come up 16, 36, 52 get around 35, 53 think through 39 turn to 13, 21, 45

Clare and Wei Ting had to sort out a problem with their experiment.

sort out find a solution to a problem



They stayed up late to thrash it out and find a solution.

thrash out discuss a problem to find a solution

Sawad's computer crashed, but she worked around it by using pen and paper instead.

work around avoid an obstacle that is stopping you from achieving something



Anton had run out of green paint, but he managed to get around it.

get around avoid or solve a problem or obstacle



Femmy's thinking of moving to a new part of town, so she went to check out the area.

check out find out if someone or something is acceptable



Whenever Gitanjali has a problem, she turns to her grandmother for advice.

turn to go to someone for help or advice Kavitha didn't know why her equation was wrong, so she thought it through carefully.

think through consider something methodically



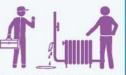
It's taken me all evening to figure out how to turn on this new television.

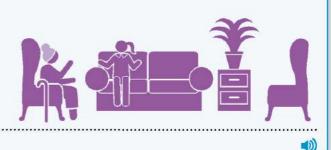
figure out find a solution to a problem



One of the pipes was leaking, so we called in a plumber to fix it.

call in ask a skilled person to deal with a problem for you





50.2 LISTEN TO THE AUDIO, THEN NUMBER THE PICTURES IN THE ORDER YOU HEAR THEM

	Clare and Wei Ting had to sort out a problem with their experiment.		While climbing the mountain, we had to deal with strong winds and heavy rain.
	Whenever Gitanjali has a problem, she turns to her grandmother for advice.	4	Clare and Wei Ting had to find a solution to a problem with their experiment.
)	While climbing the mountain, we had to contend with strong winds and heavy rain.		It's taken me all evening to find out how to turn on this new television.
)	The proposals for a new highway have come up against a lot of local opposition.		One of the pipes was leaking, so we asked a plumber to fix it.
	One of the pipes was leaking, so we called in a plumber to fix it.		Whenever Gitanjali has a problem, she goes to her grandmother for advice.
	Writing your thesis is easier if you break it down into small sections.		The proposals for a new highway have encountered a lot of local opposition.
	It's taken me all evening to figure out how to turn on this new television.		Writing your thesis is easier if you separate

50.4 WRITE THE PHRASAL VERBS FROM THE PANEL IN THE CORRECT GROUPS

		turn	, to
come up against	break down	crop up	thrash out

Aa 50.5 WRITE THE PHRASAL VERBS FROM THE PANEL UNDER THE CORRECT DEFINITIONS

avoid or solve a problem or obstacle

get around

Aa

happen differently than expected



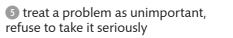
2 consider something methodically



③ find a solution to a problem



solve a problem, resolve an argument



ŕţ

6 ask a skilled person to deal with a problem for you



find out if someone or something is acceptable



sort outcheck outthink throughbrush asideturn outget aroundclear upthrash out

51 Secrets and surprises

51.1 SECRETS

Jessica has been keeping the name of her new boyfriend from me.

keep from not tell someone something



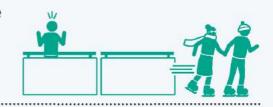
Paolo has prepared a new sculpture for the exhibition. I've asked him what it is, but he's not giving anything away!

give away reveal a secret



I only cottoned onto the fact that Lisa and Pete were dating when I saw them at the ice rink together.

cotton on(to) (UK) begin to understand or realize something



51.2 SURPRISES

We were all eating our dinner when the dog burst into the room.

burst in(to) enter a room or building suddenly



Kamal was blown away by Jose's account of his adventures in the Amazon.

blow away impress very strongly (informal)



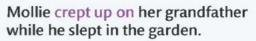
My best friend sprang it on me last night that she's moving to Canada.

spring on announce something without warning



I was bowled over when Nadia announced that she had been accepted into dance school.

bowl over amaze or impress someone



creep up on approach someone quietly to surprise them

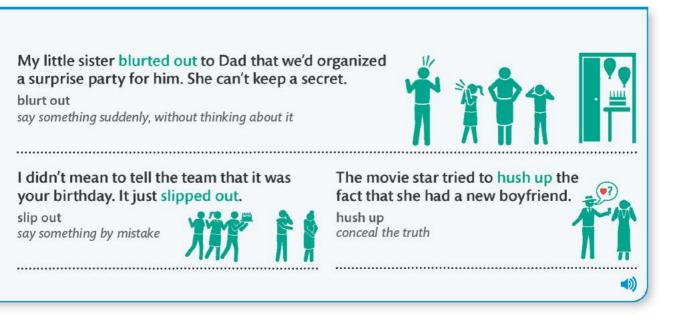


The surprising news was a lot to take in.

take in understand or accept some news or information



See also: blurt out 36 creep up on 15 give away 55 keep from 33 slip out 5 take in 6, 55



Clara can't believe she passed her medical exams. It's going to take a while for it to sink in.

sink in be fully understood



People have woken up to the fact that we need to look after the environment.

wake up to realize the importance of something



I was shopping at the antiques market when I stumbled upon a valuable necklace.

stumble upon find by chance



My daughter often pretends to be a dinosaur. We all have to play along with her.

play along pretend something is true or that you believe in something



While I was on vacation in Venice, I bumped into one of my cousins. I couldn't believe it.

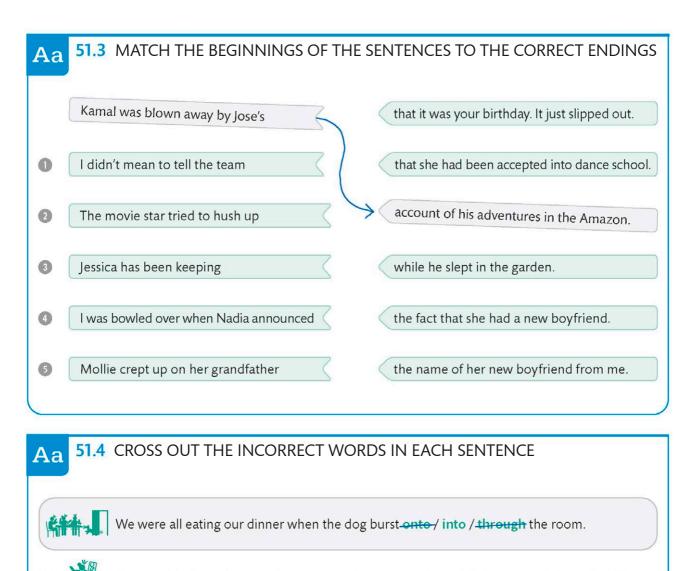
bump into meet someone without expecting it



I was taken aback when Tia and Juan told me they were getting married.

take aback surprise or shock someone





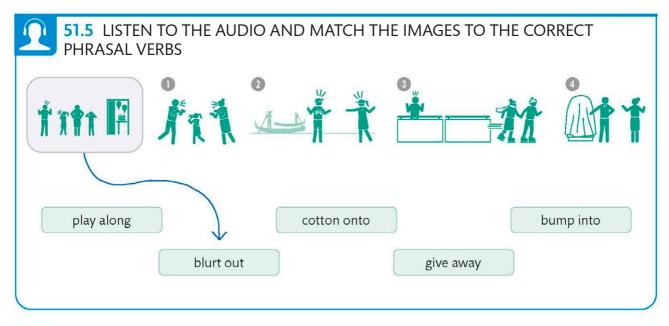
Clara can't believe she passed her exams. It's going to take a while for it to sink down / of / in.

 \mathcal{M} People have woken for / up / of to the fact that we need to look after the environment.

I was shopping at the antiques market when I stumbled over / upon / in a valuable necklace.

My best friend sprang / jumped / splashed it on me last night that she's moving to Canada.





Aa 51.6 REWRITE THE SENTENCES, PUTTING THE WORDS IN THE CORRECT ORDER
surprising lot was The to take in. news a The surprising news was a lot to take in.
a the stumbled valuable market. I necklace upon at antiques
keeping Jessica the me. new has name boyfriend her been of from
on grandfather crept her up in slept he the Mollie while garden.
room. the We our were dinner burst into eating when dog the

52 "Come," "make," and "do"

52.1 PHRASAL VERBS WITH "COME"

Hetty's career as a musician came about after a producer saw her performing.

come about happen (often without planning)



Staying in touch with friends became much

easier once the internet came along.

come along appear, become available, start to exist



Natsuo came across the room to speak to us.

come across move across a room, space, country, etc.



Derek sat down in front of the TV when the ten o'clock news came on.

come on start (about a TV program)



No matter how much we clean it, this graffiti won't come off the wall.

come off be removed

When I tried to log into my account, a message came up saying that my account had been blocked.

come up appear (on screen)



Ben and Eleanor came out of the toy store with presents for their grandchildren.

come out (of) leave a room, building, or enclosed space



The company has come under attack for its high carbon emissions.

come under experience something negative (such as criticism, threat, or attack)



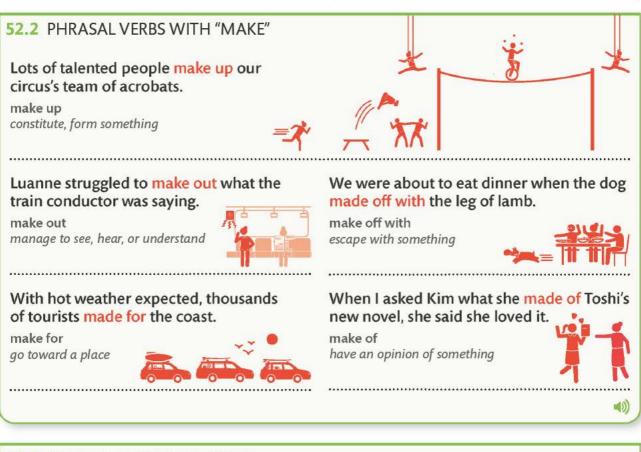
My daughter's still waiting for her results to come through. She's so nervous.

come through arrive (about news or information)





See also: come across 1, 39 come along 5, 31 come off 6, 26 come on 27, 56 come out (of) 6 come up 16, 36, 50 do up 52 make for 37 make out 41 make up 41, 44



52.3 PHRASAL VERBS WITH "DO"

Emily is doing up her house at the moment. It's going to look great when she's finished.

do up improve, renovate



The council needs to decide what it's going to do about the city's litter problem.

do about do something to solve a problem



With so many people using bank cards, we may be able to do away with cash in the future.

do away with abolish, no longer need or use

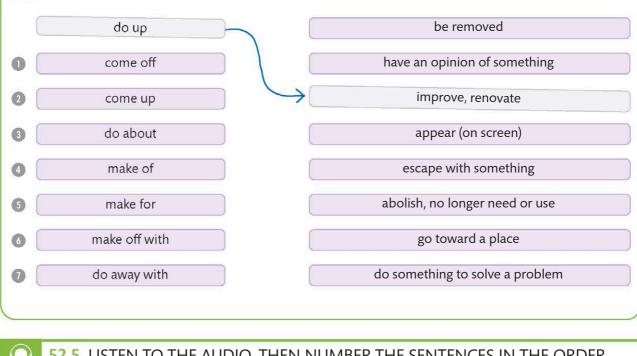


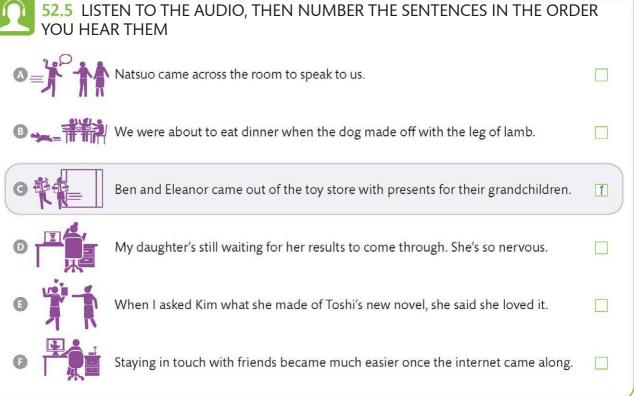
Riya was very disappointed with her wedding cake, and insisted it be done over.

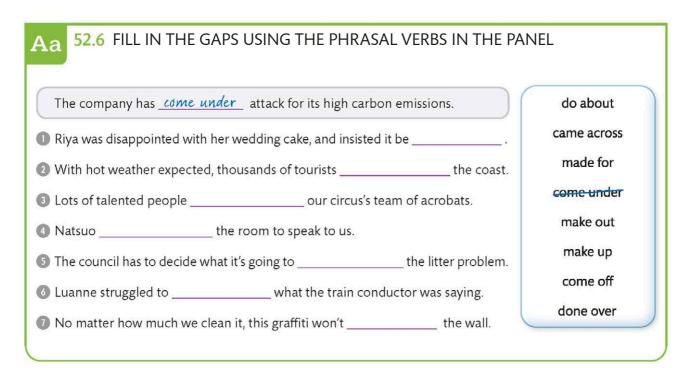
do over (US) do something again

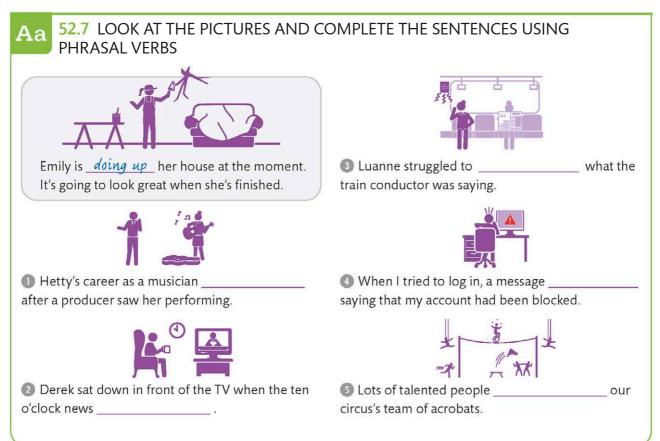


52.4 MATCH THE PHRASAL VERBS TO THE CORRECT DEFINITIONS









53 "Get" and "set"

53.1 PHRASAL VERBS WITH "GET"

Claude got up from his chair and went to make some more tea.

get up (from) stand up (from sitting)



It's almost eleven o'clock. We should get down to work.

get down to start to focus on a task



Chad's oven had broken, but he got around it by using the microwave instead.

get around avoid an obstacle, deal with a problem



Let's just clean the kitchen now and get it over with.

get over with complete a task you don't want to do



Can you help me get the shopping

in, please? get in bring something inside



Cheryl's dog keeps getting over the fence into the neighbor's backyard.

get over find a way over an obstacle



53.2 PHRASAL VERBS WITH "SET"

Harry burned the dinner and set off the smoke detector.

set off activate, cause something to start happening



As Martin walked home late at night, fear began to set in.

set in begin (about something unpleasant that may last a long time)



The bad weather has set us back by two weeks. We won't finish building the bridge until November.

set back cost time, money, or progress



See also: get around 35, 50 get down 19, 46 get in 8, 9 get out 9, 56 get over 32, 45 get to 46 get together 5 get up 8 set off 35, 46 set out 23, 35 set up 3, 12

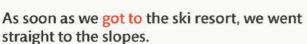
Lee got his fishing rod out of the garage and carried it to his car.

get out (of) remove something (from a bag, box, room, etc.)



Glen climbed the ladder to get the cat down from the tree.

get down (from) retrieve something from a higher position



get to arrive at



Ramona always gets her message across, even when she's explaining complicated scientific theories.

get across communicate a message successfully



Before accusing Simon, the police had to get their facts together.

get together organize information or belongings



After Gia was rude to me, I got back at her by not inviting her to my wedding.

get back at get revenge on somebody



Lee's speed sets him apart from the other players in the tournament.

set apart (from) make someone or something special in comparison to others



After leaving school, Romesh set up his own business selling surfboards.

set up start (a business)



The security guard threatened to set his dog on us if we didn't leave immediately.

set on order someone or something to attack someone

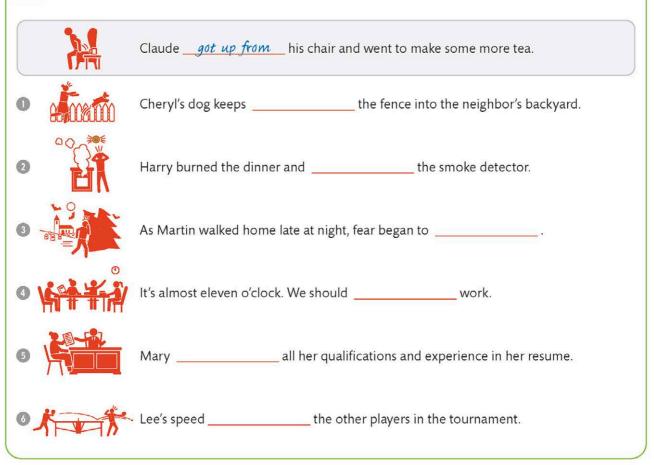


Mary set out all her qualifications and experience in her resume.

set out explain information in detail

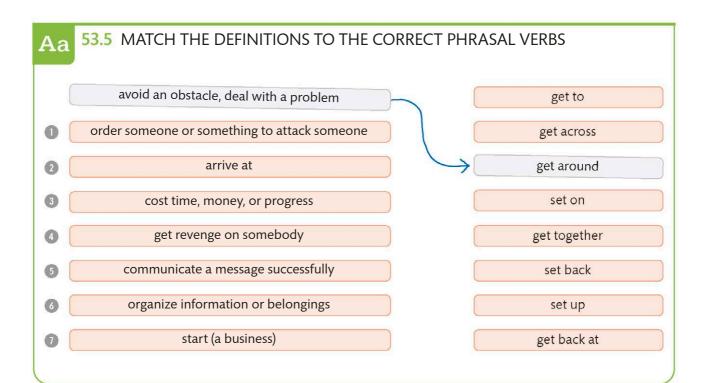


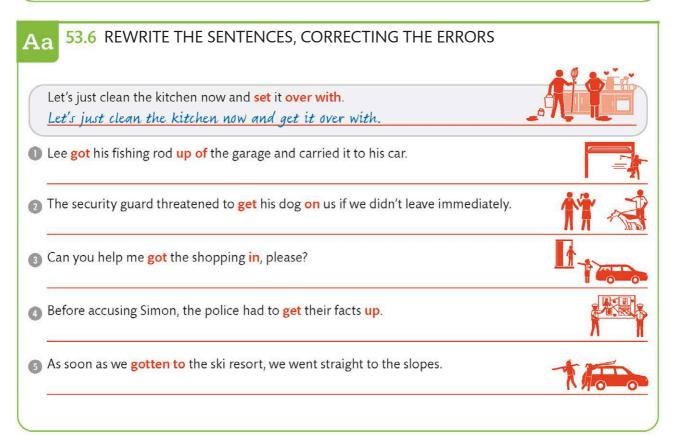
53.3 LISTEN TO THE AUDIO AND COMPLETE THE SENTENCES THAT DESCRIBE EACH PICTURE



Aa 53.4 WRITE THE PHRASAL VERBS FROM THE PANEL IN THE CORRECT GROUPS

	SEPARABLE				INSEPARABLE get around			
ge	t up (from)	set back	get to	set on	-get around	get across	set in	get together







54.1 PHRASAL VERBS WITH "GO"

How are you going to go about fixing this car?

go about start tackling a problem or task



James went over the company's accounts to check for mistakes.

go over review



After I got back from the dentist, it took a couple of hours for the pain to go away.

go away disappear



Buying water in plastic bottles goes against my principles.

go against be the opposite of what you wish or believe



A team of firefighters went into the burning building.

go in(to) enter a building, room, or enclosed space



As soon as I realized Orla had forgotten her bag, I went after her.

go after follow or chase someone



My daughter goes to ballet classes every Saturday morning.

go to regularly attend



Michelle and I go back years. I've known her since kindergarten.

go back know someone for a long time

The children watched the hot-air balloon slowly go up into the air.

go up move from a lower position to a higher one



As soon as the teacher had gone out of the room, the children began misbehaving.

go out (of) leave a room, building, or enclosed space



Help yourself to some cakes. There are enough to go around. Malachai went through a period of unhappiness after his dog died. go through go around be enough for everyone experience something There's something going on next door. Parents often have to go without sleep when they have a new baby. I can hear loud music. go on go without live without something happen Cath couldn't find the recipe, so she had to My new trainer is called Zachariah, make it up as she went along. though he usually goes by Zac. go by go along

continue to do something

Kelly's decided to go for the job at the software company. It's very well paid.

go for try to achieve something

Rob and I sat on the beach watching the sun go down.

go down move from a higher position to a lower one



All the money we make today will go toward funding the new school library.

be called by a certain name

go toward contribute to



Even though it was a cloudy day, Ramon decided to go ahead with the picnic.

go ahead (with) decide to do something (after consideration or official approval)



54.2 MATCH UP THE PAIRS OF SENTENCES THAT MEAN THE SAME THING

As soon as the teacher had gone out of the room, the children began misbehaving.

 My daughter goes to ballet classes every Saturday morning.

There's something going on next door.
 I can hear loud music.

James went over the company's accounts to check for mistakes.

Help yourself to some cakes. There are enough to go around.

Malachai went through a period of unhappiness after his dog died.

After I got back from the dentist, it took a couple of hours for the pain to go away.

After I got back from the dentist, it took a couple of hours for the pain to disappear.

As soon as the teacher had left the room, the children began misbehaving.

Help yourself to some cakes. There are enough for everyone.

My daughter attends ballet classes every Saturday morning.

Malachai experienced a period of unhappiness after his dog died.

James reviewed the company's accounts to check for mistakes.

There's something happening next door. I can hear loud music.

54.3 LISTEN TO THE AUDIO, THEN NUMBER THE PICTURES IN THE ORDER



6

Aa ^{54.4} №	IARK THE SENTENCES THAT ARE CORRECT	
**	How are you going to go about fixing this car? How are you going to go above fixing this car?	
•	Michelle and I go back years. I've known her since kindergarten. Michelle and I go up years. I've known her since kindergarten.	
0	My new trainer is called Zachariah, though he usually goes by Zac. My new trainer is called Zachariah, though he usually went by Zac.	
³	Buying water in plastic bottles goes against my principles. Buying water in plastic bottles going against my principles.	
0 × 1	As soon as I realized Orla had forgotten her bag, I went after her. As soon as I realized Orla had forgotten her bag, I went before her.	
• 🎼 🖗	The children watched the hot-air balloon slowly went up into the air. The children watched the hot-air balloon slowly go up into the air.	

3 54.5 CROSS OUT THE INCORRECT WORDS IN EACH SENTENCE

Cath couldn't find the recipe, so she had to make it up as she went through / on / along.

- 1 Parents often have to leave / go / arrive without sleep when they have a new baby.
- 2 Help yourself to some cakes. There are enough to go **among / over / around**.
- ③ Kelly's decided to go for / on / to the job at the software company. It's very well paid.
- Rob and I sat on the beach watching the sun set / go / back down.
- ⑤ A team of firefighters went onto / down / into the burning building.
- 6 All the money we make today will go forward / toward / into funding the new school library.
- 1 Even though it was a cloudy day, Ramon decided to go about / ahead / around with the picnic.

55 "Put," "take," and "give"

55.1 PHRASAL VERBS WITH "PUT"

Liam finished decorating the cake and put it on a stand.

put on place something onto a surface



Angela is upset about her divorce, but she's trying to put it behind her.

put behind forget about a bad experience

............



The fitness instructor put the class through a tough training program. $\Psi \Psi \Psi = \mathbf{a}$

put through make someone experience something

Cassie followed the instructions carefully to put her new wardrobe together.

put together build, assemble



The deliveryman put the parcel down before knocking on the door.

put down place something you have been carrying on the ground or a surface



Can you please be quiet? You're putting me off!

put off distract someone from focusing



Forecasters have put out a weather warning for heavy rain and strong winds.

put out broadcast important information



Scarlett had to put up with busy trains every day on her way to work.

put up with tolerate something unpleasant



55.3 PHRASAL VERBS WITH "GIVE"

Martha played the violin as a child, but gave it up when she left school.

give up stop doing something



The café on the high street is giving out free samples of their new cakes.

give out give something to people for free



55.2 PHRASAL VERBS WITH "TAKE"

Jim's mother asked him to take his younger brother along to the skate park.

take along (to) take someone or something with you



The waste collectors came to take away the bags of trash.

take away remove something



Seeing the black clouds, Tim went outside to take the washing in.

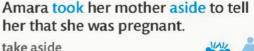
take in carry something inside

.....



Eliza has really taken to golf. She never thought she'd like it.

take to start to like



take someone to a quieter place to tell them something in private



Denise took a jar down from the shelf to give her dog a biscuit.

take down (from) get something from a higher place

The police stopped the criminal and took the stolen money off him.

take off remove something from someone

The elevator took James up to the top floor of the building.

take up (to) take someone or something to a higher level

My son had been asking for an ice cream all day. I finally gave in and bought him one.

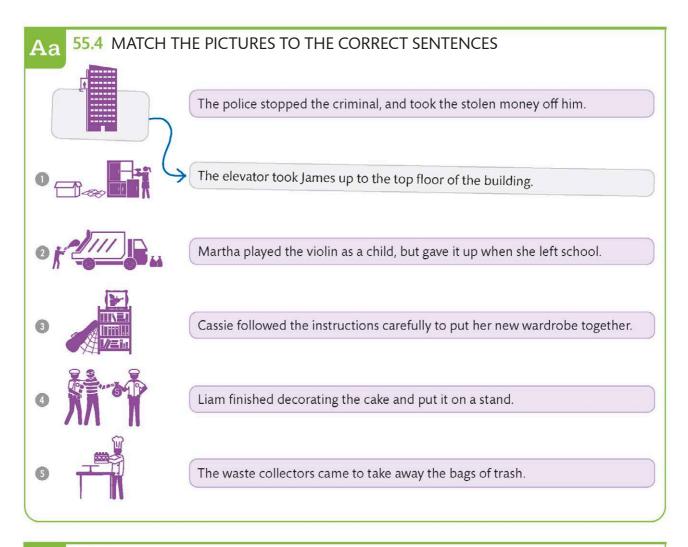
give in agree to do something after some resistance



Tom's moving to a smaller apartment so he's giving away some of his belongings.



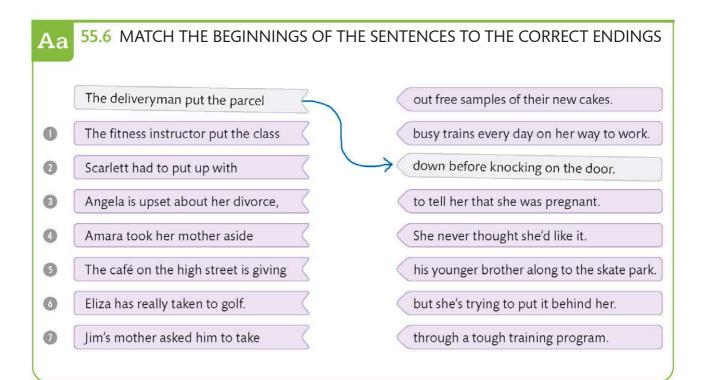
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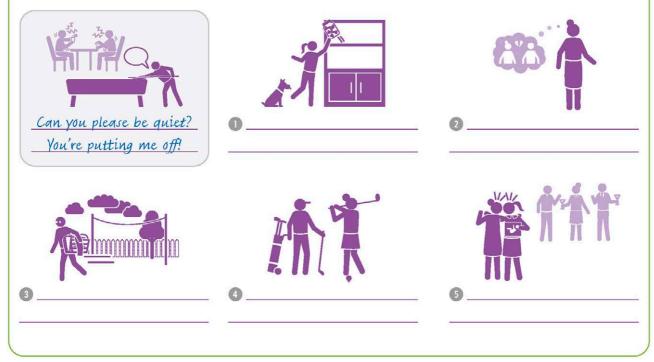
55.5 CROSS OUT THE INCORRECT WORDS IN EACH SENTENCE

Tom's moving to a smaller apartment so he's giving away / over / through some of his belongings.

- 1 The café on the high street is taking / putting / giving out samples of their new range of cookies.
- 2 Denise got / took / put a jar down from the shelf to give her dog a biscuit.
- Ingela is upset about her divorce, but she's trying to put / take / give it behind her.
- Seeing the black clouds, Tim went outside to take the washing on / off / in.
- 5 My son had been asking for an ice cream all day. I finally took / gave / put in and bought him one.

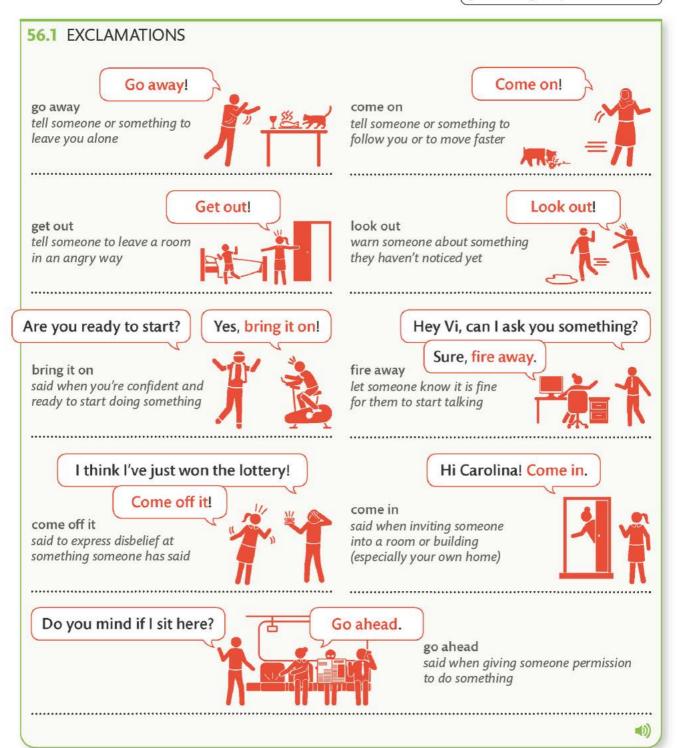


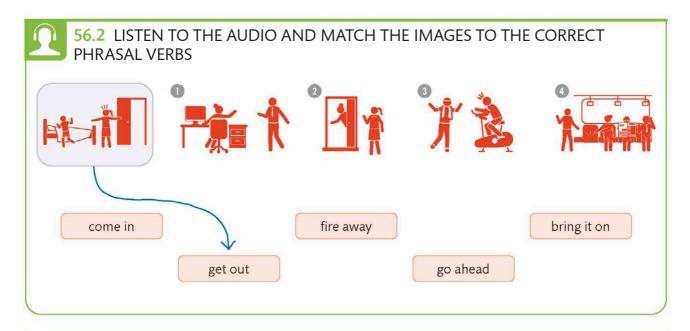
55.7 LISTEN TO THE AUDIO AND WRITE THE SENTENCES BELOW THE IMAGES



56 Exclamations

See also: come in 4 come on 27, 52 get out 9, 53 go ahead 54 go away 54





Aa 56.3 WRITE THE CORRECT PHRASAL VERB NEXT TO ITS DEFINITION

said to express	disbelief at sor	nething someone	has said	= _	come off it
tell someone or	something to	=			
2 warn someone	about someth	= _			
3 said when giving someone permission to do something					
4 let someone kn	ow it is fine fo	r them to start tall	king	= _	
5 said when you're confident and ready to start doing something					
o tell someone to leave a room in an angry way					
🕖 tell someone or something to follow you or to move faster					
8 said when inviti	ing someone i	nto a room or buil	ding	= _	
go ahead	come	e on	look out	come in	go away
	get out	<u>come off it</u>	bring it on	fi	re away



R1 VERBS AND PARTICLES

A single verb can be followed by different particles or prepositions, which can change the meaning of the verb. In each of these sentences, "break" carries a sense of separation or damage, but the particles change the meaning into something different each time.

Maria and Pablo broke up.

Maria and Pablo ended their relationship.

My car broke down. My car stopped working.



The handle broke off the vase.

The handle separated from the vase.

Ted broke down and started to cry.

Ted became very emotional and started to cry.

A thief broke into my house.

A thief entered my house illegally.

Gustav broke out of prison.

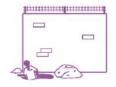
Gustav escaped from prison.

'Break into" and "break out of" have opposite meanings.



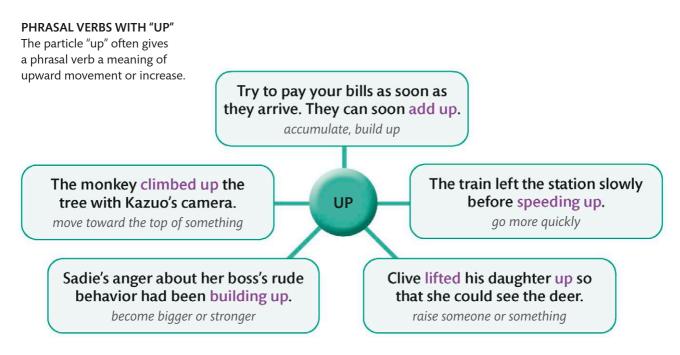






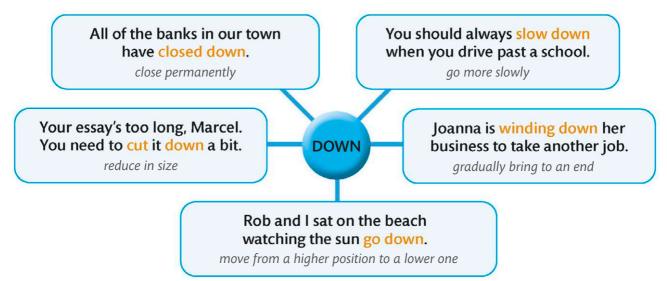
R2 COMMON PARTICLES

Phrasal verb particles often bestow a similar meaning or range of meanings no matter which verb they are used with.



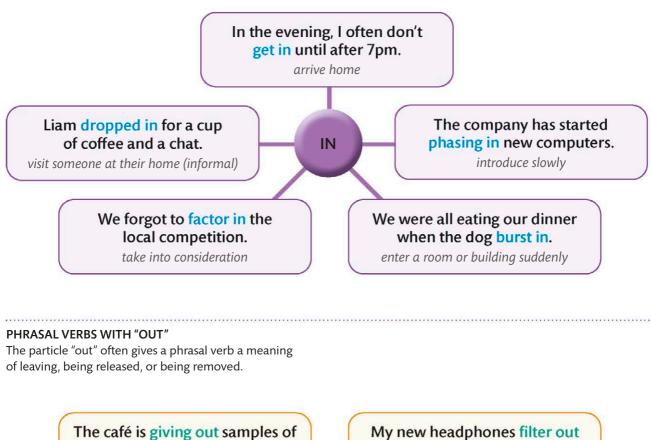
PHRASAL VERBS WITH "DOWN"

The particle "down" often gives a phrasal verb a meaning of downward movement, reduction, or action coming to a stop.



PHRASAL VERBS WITH "IN"

The particle "in" often gives a phrasal verb a meaning of entering or becoming part of something.



their new range of cookies.

give something to many people

The new phone model came out today.

be released

My new headphones filter out background noise.

remove or block something

I'm so glad that they're phasing these old models out.

replace slowly

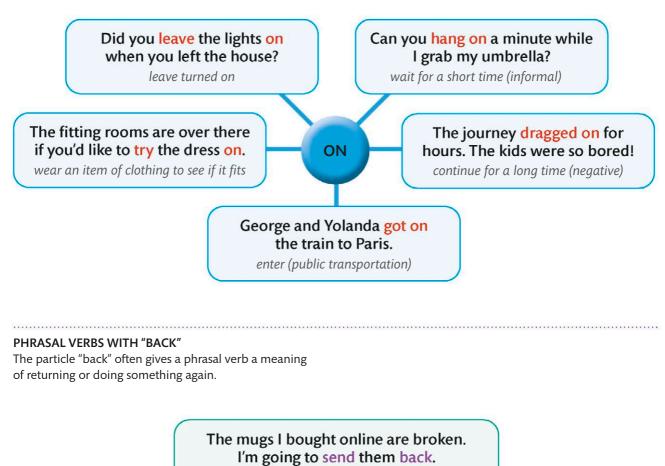
Fleur and Clare were getting ready to go out for the evening.

OUT

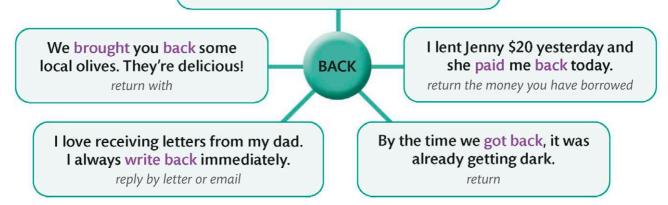
go somewhere with someone

PHRASAL VERBS WITH "ON"

The particle "on" often gives a phrasal verb a meaning of continuation or physically being on something.



return an item to the seller by mail



R3 COMMON SEPARABLE PHRASAL VERBS

Some phrasal verbs can be separated by the object of the verb (see page 14). In these cases, the verb is first, then the object, then the particle. This separation can often be optional, unless the object of a separable phrasal verb is a pronoun, in which case it must go between the verb and the particle.

PHRASAL VERB	DEFINITION	SAMPLE SENTENCE
bring around	persuade someone to support your idea	Al's speech brought many people around to her idea
call off	cancel an event	Our manager was busy, so she called our meeting of
chop up	cut into small pieces	Chop the onions up and then fry them for 10 minutes
clean up	make tidy again	Can you help me clean the kitchen up please?
cross out	draw a line or lines through a word	I crossed out the wrong word and wrote the right on
give away	give something to someone for free	Tom is giving some of his furniture away .
give up	stop doing something	Martha used to play the violin, but she gave it up .
hand out	distribute	The teacher handed some worksheets out .
leave out	exclude, not include	To make this recipe vegetarian, leave the meat out
let in	allow to enter	I let the cat in when it started to rain.
let out	allow to leave	I let the cat out every morning after I've woken up.
make up	invent a story to explain something	I don't believe Gio's story, I think he made it up .
miss out	forget to include someone or something	I thought I'd counted everyone, but I missed you o
push back	postpone	Claude is unwell, so needs to push our meeting ba
put back	return an object to its original place	Paul and Sally put their furniture back in its place.
put in	place inside	Lisa puts her rabbit in its cage each evening.
put on	place something onto a surface	Liam put the cake on a stand.
take out	take someone on a date	Phil took me out to an expensive restaurant.
take out on	behave in a bad way to someone	Stop taking it out on me. It's not my fault!
throw away	discard, put in the trash	If the chicken smells bad, you should throw it awa
throw on	put a piece of clothing on quickly	Tom threw a jacket on and ran for the bus.
try out	try a new product to see what it is like	Marta couldn't wait to try her new games console o
turn on	make something start working	If you're bored, turn the television on .
write down	record information by writing it	I wrote a few ideas down before starting my essay.

R4 COMMON INSEPARABLE PHRASAL VERBS

Some phrasal verbs cannot be separated (see page 15). Their object always comes after them, even if it is a pronoun.

PHRASAL VERB	DEFINITION	SAMPLE SENTENCE
carry on	continue doing something	The children carried on misbehaving.
catch up with	talk to friends who have not talked to recently	I caught up with some friends yesterday.
come across	find something by chance	I came across some old photographs while cleaning up.
cut back on	reduce the amount of money you spend	The government wants to cut back on spending.
deal with	manage or solve a problem	We learned how to deal with difficult customers.
get at	imply, try to say something indirectly	Sorry, I'm not sure what you're getting at .
get off	exit (public transportation)	George and Yolanda got on the train to Paris.
get on	enter (public transportation)	Gine got off the bus when it arrived at her stop.
get on with	concentrate on doing something	I need to get on with my homework.
get out of	exit (a car or taxi)	Be careful when you get out of the car.
get over	recover, feel well again	It took me a long time to get over the last cold I had.
go over	review	Remember to go over your answers carefully.
go with	look good with another piece of clothing	Does this scarf go with my jacket?
hear from	receive news from	Have you heard from your cousins recently?
keep up with	run at the same speed	Slow down! I can't keep up with you!
live up to	be as good as people had hoped	The movie really lived up to everyone's expectations
look after	care for, take responsibility for	My mother looks after my children when I'm at work.
look for	search for something	Peter is going to look for a job when he leaves school.
look forward to	wait for something with excitement	George was looking forward to going to the beach.
look up to	admire someone	Lots of young people look up to sports stars.
pull through	survive a serious illness or operation	It was a risky operation, but Josh pulled through .
run out of	not have any more of something	We've run out of food. Let's go to the store.
turn up	be found (usually by accident)	I lost my passport, but I'm sure it'll turn up soon.
weigh in on	add your opinion to an ongoing discussion	The professor weighed in on the political debate.

R5 COMMON PHRASAL NOUNS

Some nouns are based on phrasal verbs (see page 16). They are often either combined into one word or joined by a hyphen.

PHRASAL NOUN	DEFINITION	SAMPLE SENTENCE
breakdown	when something (e.g. a vehicle) stops working	A breakdown on the highway caused heavy traffic.
br <mark>eak-</mark> in	the act of entering a building illegally	There's been a break-in at the local bank.
breakup	the end of a romantic relationship	After their breakup , John and Helen stayed friends.
checkout	the place in a store where you go to pay	Jenny went to the checkout to pay for her groceries.
checkup	an evaluation (especially for your health)	Terry went to the dentist for a checkup .
cover-up	the act of hiding information from people	A newspaper exposed the company's cover-up .
crackdown	the act of strictly enforcing a law	There's been a crackdown on littering in the town.
falling-out	an argument or disagreement	Idris and Giovanni had a falling-out .
getaway	a vacation	Ellen and Piers went to Mexico for a short getaway .
get-together	a social gathering	I'm having a get-together for my 30th birthday.
giveaway	an event where free items are distributed	The bakery did a giveaway to attract more customers.
go-ahead	permission to do something	My manager gave me the go-ahead to leave early.
input	a contribution of information or an opinion	I asked for my teacher's input on my essay.
intake	the amount of something that is taken in	You should limit your daily intake of sugar.
kickoff	the start of a sport match (e.g. soccer)	Liverpool are playing soccer tonight. Kickoff 's at 7pm.
letdown	a disappointment	I thought I'd like that movie, but it was a real letdown .
mix-up	when things are mistaken for each other	This isn't what I ordered. There's been a mix-up .
outset	the beginning	Harry has worked hard from the outset .
printout	a physical copy of an electronic document	Jim gave everyone a printout of the presentation.
setback	a hinderance or delay	There were a lot of setbacks during the project.
sleepover	when you sleep at someone else's house	Phoebe went for a sleepover at Eliza's house.
stopover	a stop somewhere on your way elsewhere	Our flight to Los Angeles had a stopover in New York.
takeout (US) / takeaway (UK)	food that you buy and take elsewhere (especially your own home) to eat	I don't want to cook. Let's order some takeout instead.
workout	a period of exercise	Dimitri was exhausted after his workout .

R6 COMMON PHRASAL ADJECTIVES

Some adjectives are based on phrasal verbs (see page 17). They are often either combined into one word or joined by a hyphen.

PHRASAL ADJECTIVE	DEFINITION	SAMPLE SENTENCE
backup	supporting or alternative	I always make a backup copy of all my files.
beaten-up	old and in a bad state	Ken's finally getting rid of his old, beaten-up car.
broken-down	(usually about a vehicle) no longer working	A broken-down truck caused delays on the highway.
bygone	of the distant past	These old photographs are from a bygone era.
drawn-out	lasting a very long time (negative)	Buying a house can be a stressful, drawn-out process.
follow-up	following	My doctor and I scheduled a follow-up appointment.
getaway	used to escape	The thieves escaped in a getaway car.
incoming	arriving	Everyone rushed to prepare for the incoming storm.
knockdown	lower than usual or before	Kemal sold some of his jewelry at a knockdown price.
leftover	remaining after the rest has been used	There's some leftover chicken in the fridge.
made-up	invented, not true	Wayne is always telling his friends made-up stories.
off-putting	unattractive, unappealing	I found the violence in the movie very off-putting .
ongoing	in progress	There's an ongoing investigation into their finances.
outdated	out of date, old-fashioned	I'm replacing my outdated computer with a new one.
outgoing	sociable, extroverted	Kerry is a very friendly and outgoing person.
outspoken	opinionated, vocal about your opinions	My dad is very outspoken about environmental issues.
outstanding	excellent	Chris's professor told him his essay was outstanding .
outstretched	stretched out as far as possible	Finn approached me with his arms outstretched .
run-down	in a poor condition	Paolo is renovating an old, run-down house.
stressed-out	anxious about something	Somrita is stressed-out with work at the moment.
tired out	exhausted	Vi is feeling tired out after a long day at work.
upcoming	taking place in the near future	The country is preparing for the upcoming election.
uplifting	inspiring, cheerful	Jo was feeling sad, so she watched an uplifting movie.
worn-out	exhausted, extremely tired	Gerry was completely worn-out after his run.

Answers

01

1.3

- People left the stadium in large numbers.
- 1 He has been flattering him for a favor.
- ③ They think they are better than her.
- I found the portrait by chance.

1.4

I Jordan's aunts fuss over him when they visit.

 I found it hard to fit in with the art class.
 Nuwa gathered up the plates from the table.

Sandra was asking after you at the park.

1.5

 Some of the older children have been ganging up on me and calling me names.
 Ava lost her passport ages ago It turned up when she was cleaning the living room.
 Adi has got a temper. He turned on me the instant I suggested he buy a new suit.
 Mel lent Dave her lawnmower a month ago, and she finally got it back from him.

1.6

turn up
 watch over
 turn on
 wear down
 pack into

1.7

 Some of the older children have been ganging up on me and calling me names.
 Mel lent Dave her lawnmower a month ago, and she finally got it back from him.
 I got my son a puppy. After asking me for months, he finally wore me down!
 Hundreds of people packed into the town hall to watch the debate.

Barney really looks up to his grandfather. He loves listening to his stories.

02

2.3

I let the cat in when it started to rain.

② Olly's dog ran away last week while they were at the park.

My mother looks after my children while I'm at work.

2.4

After a few days, Olly's dog came back all by herself.

Issmine takes after her mother. They're very similar people.

I let the cat out every morning after I've woken up.

Albert's parents named him after his great-grandfather.

S After traveling for a few years, Bill settled down and bought a house.

Oclin lives with his son in a house at the edge of town.

2.5

Lisa puts her rabbit in its cage each evening before bed.

Will and Joe are identical twins. It's almost impossible to tell them apart.

After traveling for a few years, Bill settled down and bought a house next door to his parents.

Liam gets on very well with his elder sister. They're always laughing

together.

Siona's cat doesn't like strangers, but he's warming to Dan.

Inny's grown out of her old toys, she prefers playing video games now.

2.6

Will and Joe are identical twins. It's almost impossible to tell them apart.

Lisa puts her rabbit in its cage each evening before bed.

Jasmine takes after her mother. They're very similar people.

I let the cat out every morning after I've woken up.

Jenny's grown out of her old toys, she prefers playing video games now.

03

3.3

A3 **B**2 **G**1 **D**5 **B**4 **B**6

3.4

My brother set me up with a woman who works at his office.

Iack and Ula really care for each other. They've been together for 50 years.

They started going out with each other when they were at school.

Misha stood by Colin when he decided to quit college.

3.5

go off 2 bring together 3 fizzle out
 set up 3 drift apart 3 finish with
 care for

3.6

My best friends and I have stuck together since high school.

Por our first date, Phil took me out to an expensive restaurant.

Bernadette confided in Martha that she was in love with Pavel.

Luisa has finished with Ben. He's very upset.

6 Ken stuck by Cath when her restaurant went bankrupt.



4.3

show around (2) invite along (3) show out (3) snoop around (5) stay over

4.4

- He arrived at 6am.
- ⑦ They gave me a tour.
- 3 They brought their kids with them.
- We'd like you to come to our home.
- Ite visited me at my home.

4.5

On her way home from the gym,
 Miriam stopped off at the supermarket.
 My father came into the house and took off his coat.

Omar told us to come over any time after 2pm.

After chatting on the doorstep, Malik invited me in.

We ended up staying over at Beth and Omar's house.

While everyone was in the

garden, I found Klaus snooping around inside.

4.6

My new neighbors, Kaito and Leiko, had me over for dinner last night.

We chatted for hours, and he suggested I stick around for dinner.

③ On our way home from the beach, we called in to see Grandma.

Omar told us to come over any time after 2pm.

(3) While you're in town, try to swing by. It would be good to see you.



Amara let her little sister tag along when she went to the ice rink.

2 Ella likes to get together with her friends at the ice cream parlor.

I hate to tear you away, but we're going to miss the last train.

4 Katie asked Lisa if she wanted to come out to play.

Soe suddenly took off without saying where he was going.

5.4

Charlie stormed **out of** the store when the manager refused to give him a refund.
 As I was leaving for the art exhibition, I asked Joe if he wanted to come **along**.
 Lots of guests were milling **around**, waiting

for Raj to make his speech. ④ Vincent and Maya decided to stay in. They

ordered pizza and watched a movie. (5) We headed off to the beach early because

we wanted to avoid the crowds. Once a year, my school friends and I go

out for a meal together to catch up.

5.5

shoot off

- 1 mill around
- Iiven up
- Ø stay out

5.6

Nadiya had to dash off to pick up the kids from school.

The carnival was amazing. We stayed out until dawn.

If and Clare were getting ready to go out for the evening.

Our local hotel has a large room that it hires out for parties.

06

6.2

All the children at the party had dressed up as dinosaurs.

Maurice hung up his coat as he walked in.
 Angelica helped her son to button up his

shirt as he got ready for school. I hope this juice stain comes out when I

wash my shirt.

6.3

Marlon zipped up his leather jacket and walked toward the door.

Gemma's shoes go really well with that dress.
 Arnie's so proud of his new jacket. He's been showing it off to everyone.

3 Zane folded up his clothes and put them in

the wardrobe.

6.4 (A 3 (B 6 (G 1 (D 4 (B 7 (5 2 (G 5

6.5

Mirek did up his coat to keep out the icy breeze.

Kelly stopped to tie up one of her shoe laces.
 The sun is really strong today, so make sure you cover up.

Gio's grown out of his sweater, so he's going to give it to his little brother.

6 Alex put on her prettiest dress to go out for her wedding anniversary.

07

7.3

Heavy traffic has had a strong effect on the city's air quality.

Old cell phones aren't as good as today's smartphones.

 Due to her injury, Colleen had to accept the fact that she couldn't play in the match.
 To get into college, you'll need to get better results than you got last year.

7.4

Sanjay got 100% on his exam. He more than measured up to his parents' expectations.

The new action movie really lived up to the crowd's expectations.

The discovery of some ancient ruins has led to an increase in tourism.

The invention of the computer brought about the end of the typewriter.

The heavy rain resulted in floods throughout the city.

08

8.5

not wake up when your alarm rings

👩 go to bed

📵 go to bed later than usual

- 🕚 take a lying position
- 🚯 do small tasks in a relaxed way
- 🚳 make yourself look clean and tidy
- get out of bed

8.6

sleep over 2 sleep in
 get in 4 get up
 go off

8.7

🕕 wake up

- Part (to)
- 🚯 doze off
- 🚺 sit down
- 🜀 set about

8.8

After a short break, Ramone got on with cleaning the bathroom.

Martina stayed up late studying for her exam the following morning.

I tried to wake Mia when I saw she had dozed off at her desk.

Quite a few people nodded off during the speech.

09

9.3

I got lost driving to your house. I had to pull over and ask for directions.

2 Tanya turned off the main road and drove along the track to the beach.3 The helicopter took off from the top of

the skyscraper.

Gina got off the bus when it arrived at her stop.

The train left the station slowly, before speeding up as it headed to the coast.

9.4

Jen turned back when she realized that she had forgotten her phone.

I pulled up by the train station to let my daughter out.

3 Sally picked her friends **up** outside the movie theater at 9pm.

When you reach the castle, turn onto the highway and head west.

Jamie dropped me off at the train station on his way to work.

Angelo left his house and got into the taxi.

Marion didn't notice the motorcycle as she pulled **out of** the junction.

As the movie star got out of the limousine, photographers surrounded him.

We pulled in at a small roadside café, where we could have some breakfast.

The plane touched down in Dubai at 9pm in the evening.

You should always slow down when you drive past a school.

G Clive tried to restart the motorboat's engine after it cut out without any warning.

9.6

get on (2) slow down (3) break down
 drive off (5) turn onto



10.2

 The fitting rooms are over there if you'd like to wear the clothes to see if they fit.
 The mugs I bought online are broken. I'm going to return them to the seller by mail.
 I bought my new laptop online, and went to collect it from my local store.

Before buying a new car, it's worth visiting several stores to compare prices.

I went to the market to buy some bread, but all the bread had been sold.

10.3

line up 2 stock up (on) 3 cross off
 sell out (of) 5 snap up

10.4

Marta couldn't wait to try out her new games console.

Remal knocked down the price of jewelry by 15% to attract shoppers to his new store.

Use put the melon in his basket and checked it off his shopping list.

Aisha decided to splash out on clothes for her summer vacation.

Illie used her credit card to pay for the scarf.

10.5

 Aziz had been looking around the store for ages, but couldn't find a shirt he liked.
 Shoppers had already snapped up all the bargains at the sale by the time I'd arrived.
 Once Ellie had found a scarf that she liked, she went to check out.

Carla didn't like the sweater she'd bought,

so she decided to take it back.

Ioshua crossed off each item on the shopping list as he found it.



11.2

Today started off nicely, so we ate our breakfast on the terrace.

After days of bad weather, the rain finally started to let up.

Ohris and Mel had to leave the beach when it started bucketing down.

The weather's been awful, but it's finally starting to brighten up.

11.3

Minutes after Ben had lit the grill, the sky clouded over.

People go ice-skating when the lake freezes over in the winter.

The wind's picking up. It's perfect weather for flying a kite.

Alice likes to sit on the balcony when the weather cools down in the evening.

11.4

 As soon as the storm had blown over, the hikers left the cave and continued walking.
 As dark storm clouds rolled in from the east, Arthur tried to get home before the rain started.

It looks like the weather's clearing up. We'll be able to start the game again soon.

O By the end of May, the weather starts

to warm up and the tourists start to arrive.

Once the storm had calmed down, Grace checked her house for damage.

11.5

A 4 B 1 G 7 D 2 B 6 B 3 G 8 B 5

12

12.4

A 5 B 1 C 7 D 4 B 2 F 6 G 3

12.5

When Amy zoomed in, she noticed the red car in front of the restaurant.

Some criminals hacked into our computer system and stole the new designs.
 Pete scrolled up to the top of the document to find the company's address.

document to find the company's address.

12.6

You should shut down your computer at night to save electricity. Olick on the link at the bottom of the page to see the answers.

I back up all my photos in case my computer breaks.

Always make sure you log out of your account after using it.

Intersection of the started started started started in new computers. They look great!

12.7

I type out my essays because it's quicker than writing them by hand.

I printed out a copy of the contract for the clients to sign.

Our company hired a technician to set up the new printer.

④ You have to type in your password to access the website.

6 Amy zoomed out to look at the whole picture at once.



13.3

One of my old school friends is a candidate for mayor.

2 The police stopped people from entering the area where the crime had

taken place.

3 After robbing the store, the thieves escaped in a stolen car.

Be aware of pickpockets when you're on the train!

(5) The police are becoming stricter on illegal parking in the city.

6 Activists are asking the government publicly to protect the country's forests.

13.4 A 7 B 1 C 4 D 2 C 6 C 3 C 5 C 8

13.5

The police ordered the criminal to hand over the stolen money.

Senators voted on the new law after a long debate.

Innice is leading a campaign to stamp out littering in the park.

While I was driving home, the traffic police pulled me over for speeding.

⑤ Dan tipped off the police about the location of the stolen artworks.

13.6

vote for (2) turn to (3) track down
 beat up (5) bring in (6) call for



- The company reduced in value.
- 1 Tommy had to spend a lot of money.
- I inherited a lot of money.
- Patrick put money into a bank
- ③ We paid Wayne what we owed him.

14.3

- 🌒 pay up 👩 wipe off 🚯 run up
- O chip in Olive on
- 🙆 save up

14.4

- Sara has finally coughed up the money I lent her last year.
- ② I've decided to **cut back on** spending by bringing my own lunch to work.
- The food was excellent, but we were shocked when the bill came to more than 6200.
- than \$200.
- The cost of the new stadium has already run into the millions.
- Iry to pay your bills as soon as they arrive. They can soon add up.

14.5

The cost of the new stadium has already run into the millions.

- 1 The food was excellent, but we were
- shocked when the bill came to more than \$200. Tara and Ali are saving up for a new house.
- They try to save \$300 each month.
- Tommy had to fork out more than \$600 to get his car repaired.
- Bete went to the ATM to take out some cash.

15

15.3

- Move more quickly, Oliver.
- I have more time for my studies.
- 🚯 I began to love Phil.
- 4 He makes lectures last longer.
- I like to pass the time by reading.
- He had no more time.
- Your session has ended due
- to inactivity.

15.4

drag out
hurry up
wait for
break up
while away

15.5

- The journey dragged on for hours. The kids were so bored.
- Commuting to and from work really eats into my time.
- Cleaning the house took up all of Liam's weekend.
- The deadline for the project crept up on us.

15.6

- The service here is terrible! It's holding everyone up.
- Time's getting on now. Let's hurry home before it gets dark.
- Can you hang on a minute while I grab my umbrella?
- The doctor's busy today, but I'll try to fit you in tomorrow.

16

16.4

A 6 B 1 G 4 D 2 B 7 B 5 G 3 B 8

16.5

- In my country, the clocks go forward by one hour in the spring.
- The clocks go back by one hour in the fall.
- Elly and George are looking forward to going to the beach later.
- Claude is unwell today We'll have to push our meeting back to tomorrow.
- S Finding my old toys brought **back** happy memories of my childhood.
- The building project has just begun
- Months of construction work
- lie ahead.
- We are planning to turn the store back into a house and live there.
- 8 All the streets were decorated in the weeks leading up to the festival.

16.6

- This dress takes me back to my childhood in the 1960s.
- Ø Kira had dreamed of becoming
- a great actor, but her plans didn't
- pan out.
- Peter reminds me of you when you were a little boy.
- Many of the buildings in my city
- date back to the 19th century.
- 5 The house was turned into a convenience store in the 1980s.

16.7

The doctor's off tomorrow, so could we bring your appointment forward to today?
 Colin is working hard because the deadline

for his article is coming up.

③ Roland looks back on his college days with pleasure.

All the streets were decorated in the weeks leading up to the festival.

I like to listen to music and think back to my days as a musician in Paris.

6 The building project has just begun. Months of construction work lie ahead.



17.3

Take traffic delays into consideration when estimating how long the journey will take.

We've been meaning to get a new kitchen for years, but haven't found the time for it.

Giovanni forgot about the art project, but he managed to do it without preparation.

The two directors had several meetings

- to make the new contract more definite.
- I asked Sabrina if she wanted to go
- camping, but she rejected the idea.
- 6 The negotiating teams stayed up to discuss and reach an agreement on a new treaty.

17.4

They stayed up until after midnight
 hammering out a new treaty.

Oleo pretended to be sick to get out of going out.

Oexter was going to ask Becky out, but he chickened out.

④ You need to think ahead and save money for the future.

17.5

You should plan ahead before setting off on a long car journey.

- Seb said he'd help me paint the house, but he went back on his promise.
- **(1)** Look ahead and picture what you want to be doing in five years' time.
- The store weaseled out of giving us a refund by claiming we had broken the vase.
 Ed had promised to do a bungee jump with me, but backed out at the last minute.

17.6 (A 6 B 5 C 1 D 3 B 2 B 7 C 4



- The soup has a tomato and basil flavor.
- Marcus used his telescope.
- Robert searched for his glasses.
- O Please listen to me!

18.5

- stink out
- 🕖 look at
- Iisten out for
- Iisten in on
- Sniff around
- Iook through

18.6

sniff around
 look at
 look out over
 look away

18.7

- Iisten in (on)
- Ø stink out
- Iook out for
- I hear about
- 6 listen up
- 6 hear out
- 🕖 look on

18.8

- Alex's cookies smelled of cinnamon. I asked to try one.
- What a set of the s
- Oayita listened to the radio while she ate her breakfast.
- Iteration is the second sec
- Sarah and Dionne looked into the well. There was no sign of the bottom.



19.3 A 2 **B** 5 **G** 1 **D** 3 **B** 4

19.4

- Kazuo got the monkey to climb down by offering it a banana.
- ② The explorers walked into the cave.
- Oug dropped back to help one of the other hikers, who had injured himself.
- As we came down from the summit, the weather became much worse.

In the saleswoman came up to Fabio and asked if he needed any help.

O Clive lifted his daughter up so that she could see the deer.

19.5

 When I heard someone calling my name, I turned around.

Martin was exhausted, and began to fall behind the other runners.

Olive lifted his daughter up so that she could see the deer.

Janine grabbed her coat and walked out of the room.

Oug dropped back to help one of the other hikers, who had injured

himself.

19.6

Tanya turned away as the nurse gave her the injection.

The monkey climbed up the tree with Kazuo's camera.

Helen told her son to get down from the garden wall.

As the train went through the mountain range, Ted took some photographs.

20

20.3

 Leo is the youngest in his class, but manages to keep up with his classmates.
 She's looking into how astronauts might travel to Mars one day.

Sam has dived into his new project. He spent all weekend working on it.

The library was full of students swotting

- up on English grammar.
- At the start of your presentation, lay out the main points you are going

to discuss.

20.4

Noah is majoring in international politics at college.

I kept making mistakes, so I decided to start over.

Patsy's research focuses on space travel.

G Fiona worked through the problems in her code to fix the issues.

20.5

- work through
- move on to
- count toward

- Mark down
 focus on
- 🚳 lay out

20.6

A 5 B 1 G 8 D 3 B 4 B 2 G 7 B 6



21.3

- Schools close in July.
- 2 Marco did not punish Gio and Carmen.
- Osia reprimanded the children.
- O Rosie responds rudely to her teachers.

21.4

After the class, Arun packed up his things and got ready to leave.

2 Miguel handed in his assignment just before the deadline.

8 Ramu's working on a huge painting of New York.

The teacher handed out the worksheet to each student.

21.5

not stand for
 hand in
 drop out
 play up

21.6

hand out (to)
 wipe off
 not stand for
 drop out
 turn to

21.7

Good morning class. Please take out your books.

2 The kids have been playing up all morning.

3 Despite the teacher's warnings, the children carried on misbehaving.

You've spent too much time goofing off this semester, Jesse.

Mateo and Juanita are very naughty, but Martina lets them get away with it.



22.4

Ted used to be very proactive, but he's been **slacking off** lately.

I've got lots to do! I need to knuckle down and get it finished.

3 Angela meets up with her colleagues once a week to discuss all their new ideas. Our manager was busy, so she had to **call** off our meeting.

Innie's been slogging away trying to finish writing her presentation.

🚳 Kamal's manager chased up the report,

which was already a week late.

I clock in at 9am every morning.

22.5

A, G, D, B, G, O

22.6

I'm not feeling very well today, so I'm going to call in sick.

I've been very busy lately, but I have next week off work.

I clock off at 5pm every afternoon.

Ola is carrying out a survey about worker satisfaction.

22.7

The applications for the new manager position are piling up. I'd better start looking through them.

Fiona was struggling to finalize the company's accounts, but she kept plugging away at them.

Obbie took the afternoon off so she could go to the dentist.

O Despite the storm, the engineers soldiered on and installed the new phone line.

23

23.2

- go back to
- O draw on
- 6 head up
- Stick with

23.3

Elliot found the job easily.

- (2) Katie makes use of her experience.
- Naina is planning to become a
- teacher.
- I went back to work.
- Diana leads the new department.
- Ochad is looking for jobs in the media.
- Olivia is trying to become a journalist.

23.4

- stick with
- apply for
- take over
- go back towind down

23.5

get into
 burn out
 branch out (into)
 put off
 cash in on
 fall back on
 set out

24

24.2

 The bank agreed to write off the debt, saving Ethan's company from bankruptcy.
 We are proud to announce that our two banks are entering into a partnership.
 Mario's gas station has just gone under. It had been struggling for a long time.
 Katie's trying to drum up interest in her café by offering free samples of her cakes.

24.3

Marco's garden center is doing well. It turns over almost \$250,000 a year.

We need the CEO to sign off on this important decision.

In the board has finally come to a decision about the new logo for the company.

Illie's company deals in antiques. She sells pieces from all over the world.

S Could you draw up a contract for our new clients?

The company is facing difficulties. We may need to lay off some staff.

24.4

- fall through
- or come to
- sign off
- drum up
- G enter into
- o profit from

24.5

Our business is growing, so we are taking on more staff.

A new bookstore is opening up in our neighborhood.

Ohrissie has just started up her own hair salon. It opened last week.

Gemma has bought out all the other partners.

Al's store is selling off a lot of its stock.

Alan's sportswear company profited from the cold weather.



25.3

The number of people buying clothes online shot up last year.

Provide the children up into two equal teams.

 Shreya counted up the number of people wanting coffee and went to make some.
 When Georgia was paying her check, she added on a 20% tip.

25.4

3 B 1 **G** 6 **D** 2 **B** 4 **B** 5

25.5

Katie's bills have been stacking up. She's in a lot of debt now.

The company's share price has been falling, but it's finally starting to bottom out.

3 The temperature varies a bit in the summer, but it **averages out at** about 25°C.

We estimated the cost of the project to be £14,900, but rounded it up to the nearest thousand.

If you want to set yourself a budget, start by **adding up** all your monthly expenses.

25.6

(at) (a) level out (b) count out (c) add up (c) average out (c) average out (c) add up (c) average out (c) ave



26.4

scrape by (2) carry off (3) win out
 sail through (5) run into (3) give up
 screw up

26.5

screw up
 carry off
 win out
 come off
 run into

26.6

My teachers told me I'd never amount to anything, but now I'm a lawyer.

2 Anita's hard work has paid off. The dress looks beautiful.

Many smaller stores have lost out since the supermarket opened in town.

In Nia built on her experience working at a

hotel to set up her own guesthouse.

- Baving supportive parents really
- contributed to my success.

Clive muddled through the interview without any preparation. He was shocked when he got the job.

When I didn't get into college, I started my own successful business. Everything worked out in the end!

The Scottish team pulled off an amazing victory, scoring two goals in the last four minutes.
 When AI saw how many people were making money by selling things online, he decided to get in on it.

(5) Kwase **sailed through** his driving test. He didn't make any mistakes.

27

27.4

If you're bored, turn on the television. There's a good movie on tonight.

- When Ben got home, he realized that he'd forgetten his keys and was lacked out.
- forgotten his keys and was **locked out**. (3) My parents have decided to **move away**
- and live in the country.
- When Elsa heard her favorite song on the radio, she **turned up** the volume.
- 6 The street lights come on at dusk, when the sun sets.
- The lights in the house went out, so Clara lit some candles.

We finally sold our house. We're moving out today.

27.5

- 🕦 go off
- 1 move in
- lock out
- 🚳 turn on
- 🙆 turn down

27.6

27.7

turn off
 lock in
 leave on
 turn down
 come on



28.3

put back
 chop down
 pull up
 take out
 clear out
 wash up

28.4

Nousha's room looked much nicer after she'd put up some pictures.

Paul spent the whole afternoon pulling up weeds.

Starl swept up the trash from the party and put it into bags.

After finishing the gardening, Scott put his tools away.

Isson told me to mop up the water that I'd spilled on the floor.

28.5

The tree in our backyard died, so we had to chop it down.

I'm digging up the lavender bushes so I can move them to a different part of the garden.

I wipe down the table each evening after we've eaten.

We need to **tidy up** before the guests arrive.

In the hedge in Doug's yard was getting too big, so he cut it back.

28.6

On Tuesday mornings, I take the trash out.

If the chicken smells bad, throw it out.

- Ian hung his washing out to dry.
- We cleared out the garage this weekend.
- S There was a mess to clean up after the party.

29

29.3

I always cut off the fat from the meat before cooking it.

My breakfast typically consists of bread and cheese, served with coffee.

3 Nadiya left the cherry pie on the windowsill to cool down.

Before serving the curry I made sure to fish out any bones.

My sister can whip up a tasty meal in

minutes from just a few ingredients.

29.4

- Chop up
- 🕗 set aside
- Cut off
- O mix in
- 🚯 pour in
- 🚯 finish off
- 🕖 fish out
- Cool down
- 🕐 leave out

29.5

Patrick broke up the chocolate before adding it to the cake mixture.

2 My sister can whip up a tasty meal in minutes from just a few ingredients.

The sauce boiled over, leaving a mess on the stove top.

I always measure out all of my ingredients before trying a new recipe.

(5) We managed to fill up three jars with the cookies we'd baked.

29.6

After chopping the vegetables, set them aside.

Out off the fat from the meat before cooking it.

When the meat is cooked, pour in the stock.

Mix in the eggs with the other ingredients.
 Finish off the stew by adding chopped parsley.

Before serving, make sure to **fish out** any bones.

1 For a vegetarian version, leave out the meat.



30.3

I washed down my pizza with a cold drink.

Our restaurant can cater for about 100 customers at a time.

After the wedding, we all drank to the bride and groom.

Lisa shared out the chocolates, giving the children two each.

I was going to make a lasagna, but we've run out of pasta.

30.4

Paul and Sarah ordered two hamburgers and sodas to take away.

② The café was about to close, so we drank up and got ready to leave.

I washed down my pizza with a cold drink.

After a long day at the beach, my kids wolfed **down** their dinner.

One of the second of the se

30.5

run out of 2 go off 3 eat up
wash down 3 go together

30.6

eat out (2) top up (3) drink to (4) eat in
(5) go together



Ken's currently working toward getting a black belt in judo.

② Nathan told his daughters to stop lazing about, and help to tidy the house.

Ical park to wind down.

I recently got back into cycling. I hadn't done it since I was a teenager.

(5) On Friday evenings, Josh likes to kick **back** and watch some television.

O Anastasia absolutely lives for skiing. She goes to the mountains whenever she can.

31.4

 Adi's painting skills are really coming along. He might become an artist one day.
 I found running very hard when I started, but I get a lot of satisfaction out of it now.
 Learning the piano isn't easy, but if you stick at it, you could become a great pianist.
 Fabio could have been a great guitarist, but he threw it all away by never practicing.

31.5

curl up
 start out
 sit around
 live for

31.6

 I spend most Sundays lying about the house.
 Aden needs to loosen up and dance with us.

On my days off, I like to sit around the garden.

Uuiza spent the evening curled up on the couch.

6 After a stressful day, I take a bath to chill out.



32.2

heal up
 throw up
 flare up
 come around
 seize up
 go around

32.3

Elaine's rash began to clear up after she started using the cream.

- I think I'm coming down with the flu.
- Ella's been throwing up all day.

My son passed on the virus to his sisters.

It's taken me weeks to get over this cold, but I finally feel better.

32.4

Paola's hay fever usually flares up in the spring.

After a few hours, the swelling had started to go down.

Oanny's thumb swelled up after he was stung by a wasp.

My brother's a nurse. He cares for sick people at the local hospital.

I was very sad to hear that your

grandmother has passed away.

32.5

care for (2) feel up to (3) go around
 wear off (5) pull through

33

33.3

After finishing the race, Sandra warmed down by stretching her legs.

Iamal was completely wiped out after cycling up the mountain.

Clara was sent off the pitch after pushing over another player.

Five runners have gotten through to the final. Whoever wins this race will win

the trophy.

My sister is a judo champion She ranks among the best in the country.

I struggle to keep up with my brother. He's much fitter than I am.

33.4

Before playing a game of soccer, I always warm up by jogging slowly.

Por this yoga position, you have to stretch your arms out as far as you can.

Pete wanted to start playing baseball, so he signed up for his school team.

Angela knocked Kirsten out in the first round of the competition.

My knee injury kept me from completing the marathon this year.

33.5

Clara was sent off the pitch after pushing over another player.

② The crowd cheered Tony on as he approached the finish line.

I picked up my bow and aimed another arrow at the target.

I Playing tennis all afternoon with Gus has worn Charlie out.

S Leo works out at his local gym every morning.

33.6

keep up (with)
 warm up
 size up
 turn around
 burn off
 cheer on
 work off

34

34.4

The new music channel is aimed at people who like jazz.

② At the start of the horror movie, scary music started to **fade in**.

My new headphones help me concentrate by filtering out background noise.

This new TV show feeds on people's

curiosity about aliens.

6 The noise from the parade faded away as it moved away from us.

I tune into my favorite radio show every Sunday morning.

34.5

This new TV show feeds on people's curiosity about aliens.

I tune into my favorite radio show every Sunday morning.

The architects have mocked up a model of the new museum.

O The new music channel is aimed at people who like jazz.

Greg and Chloe colored in pictures of dinosaurs after their trip to the museum.



35.2

- get around
- 2 check in
- get back from
- 🕘 put up
- 🚯 soak up

35.3

- We brought you back some local olives.
- ② They checked out of the hotel.
- Marimar and I went off to Miami recently.
- It was great to get away for a few days!

35.4

On our way to Barcelona, we stopped over in a hotel for the night.

- Whenever we set out on a hike,
- we always take a compass and a map.

We set off for Chicago at dawn when there would be less traffic.

 When she arrived at the hotel, Julia went to the reception to check in.

S We managed to put the tent up even though it was raining heavily.

35.5

When Krishna arrived at the villa, the party had begun.

We're packing in lots of sightseeing during our vacation.

It was great to get away for a few days.

We've been in Cyprus for a few days, but we're **heading for** Athens on today.

On your way to London, you'll pass

by Cambridge.

36

36.2

Kirsty talked the workers through the new software system.

Shona wanted to dye her hair purple, but her sister talked her out of it.

Oiana is always rambling on about how

things were better when she was a child.

Ounce Toby still talks down to me like I'm

a child, even though I'm 25.

Shut up and listen to me for once!

My kids talked me into getting a puppy.

36.3

- drown out
- 1 mouth off
- I ramble on
- 4 tone down
- 6 talk down
- 🚳 launch into

36.4

A 6 B 1 C 2 D 4 B 3 F 5

36.5

I think you should tone down your language.

Andy blurted out the name of the winner by mistake.

The lecturer **droned on** for what felt like hours.

Marco is always talking at people and not letting them speak.

I After the concert, I struck up a

conversation with the guitarist.

36.6

Ben's not keen on buying a new car. I'm trying to **talk** him **round**.

When soccer came up in conversation, Bill

and I realized we support the same team.

Oraig was trying to tell a joke, but

tailed off as he realized that no one was listening.

was listening.

While Julia was explaining her idea, Rupert cut in to tell her she was wrong.

Simone spent the whole of lunch mouthing off about how much she hates her new boss.

37

37.3

- make written notes
- @ reduce in size
- In the second second
- O write something quickly or roughly
- Interpresent, be an abbreviation for
- 🚳 read with great attention
- complete a form

37.4

Before you can use the gym, you need to fill in this form.

As the judge read out the names of the winners, Pablo waited hopefully.

When completing the form, Damian wrote in his age.

Alexandra flicked through a magazine while she waited to get her hair cut.

37.5

Max read through the full report before giving his opinion.

Ted always writes out his essays instead of typing them.

IVFO" stands for Unidentified Flying Object.

The journalist jotted down the details as

Dan described his role in the new movie. S Fatima **read up** on ancient Greece

before her history exam.

37.6

I'll try to cut out 500 words from my essay if it is too long.

Adventures in the Wilderness should make for interesting reading!

Paco read the book and noted down the most important points.

We pored over the old document looking for clues.

38

38.4

 Rob wants to follow up on the conversation we had about the new logo.
 Claudia sent wedding invitations out to all her friends and family.

Oave passed on a message telling me that Rob had called.

Sorry, I can't hear you very well, I'm afraid. You keep breaking up.

I've called Olly a few times this evening, but I can't get through.

Could you please speak up? I can't hear you very well!

38.5

Chris emailed me a week ago, but I only just remembered to email him back.

Murat completed all the forms and sent

them off to the passport office.

I love receiving letters from my dad. I always write back immediately.

Glaudia sent wedding invitations out to all her friends and family.

38.6

put through
 pick up
 call back
 speak up

38.7

Anna works from home on Tuesdays, so she will dial into the meeting.

I'll put you through to Mr. Yamamoto now, madam.

Our company is trying to reach out to new customers by offering discounts.

After chatting for over an hour, Simon and I said goodbye and hung up.

I Hi Laura, sorry I'm cooking at the moment, can I **call you back** in 10 minutes?



39.4 (A)3 (B)1 (G)7 (D)2 (B)5 (D)4 (G)8 (D)6

39.5

When my husband suggested buying a new kitchen, I did what he suggested.

When I told my friends I was starting my

own business, they all offered support.

3 They gave us too much information during the training course. Experts believe that Joan Miró created this painting because of the distinctive style.
 The artist's feelings of anger are communicated strongly in this painting.

39.6

SEPARABLE: bombard with bounce off think over think through put to

INSEPARABLE:

run with come across touch on come up with get behind

39.7

 The creative manager asked her team to throw out as many ideas as they could.
 It finally dawned on me that Claude was the killer.

We have ruled out three of the candidates. It's a choice between Danny and Carmen.

Ted has come up with some good ideas for a new logo.

Selma is very creative. She thinks up lots of wonderful dishes.



40.2

- expand on
- Ø dumb down
- Come back to
- Opoint out
- go back over

40.3

put across
 dumb down

- goint outgo back togo back over
- go back over



41.3

- see throughgloss over
- 3 cover up

add up
fall for
make up
level with

41.4

- make out
- 2 level with
- 8 mess around 9 add up
- add upput on
- Catch on

41.5

I think she knows more than she's letting on.

We fell for the salesman's talk. The car we bought broke down after a few days.
When it came out that he was bankrupt, I was shocked!

Conan finally owned up to breaking

the window. He'd been denying it all morning.

In CEO has been playing down the company's financial problems.

I've been trying to find out from Nisha who Sammy's dating.

Josie tried to explain away the damage to my car by saying it was just a small scratch.

42

42.2

Helen has put me onto this great new hair salon. I'm going to check it out.

Lisa's speech in favor of a new nature reserve has brought many people around to the idea.

Sendra was very nervous, but was happy to see her friends rooting for her.

Output the state of the stat

42.3

Kendra was very nervous, but was happy to see her friends rooting for her.

② Rahul was skeptical about electric cars until the salesman reasoned

with him.

Intervention of the second second

approached the end of the tightrope. (1) He eventually won him over by explaining

how eco-friendly they are.

(5) My son was upset, so I bought him an ice cream to **buck** him **up**.



43.3

During the debate, she hit out at her opponents.

I can count on my sister to comfort me when I'm upset.

Paul usually shrugs off criticism of his cooking.

Carla stood up to the bullies and told them not to be mean.

6 He pulled her up on her attitude towards the environment.

43.4 3, **G**, **D**, **G**, **G**, **O**

43.5

Everyone agrees with John that Sian should get the job.

② Everyone criticized Magda's art, but

she rose **above** it and is a successful artist now. **1** The workers are pushing **back on** the

Ine workers are pushing back on management's policies.

They disagreed with each other about what color to paint the kitchen.

43.6

- My aunt disapproves.
- Paulina always supports our boss.
- Iaura opposed Ankita's proposals.
- Carla defended herself.
- ③ They need to solve small problems.

43.7

I think Sonia has something against me.
 She never wants to talk to me.
 Martin and Simon disagreed with each other about what color to paint the kitchen.
 Our local representative has come out against the plans for a new housing development.

Onna bought her brother some chocolates to make up for the things she had said to him.

Terry's colleagues always make fun of his shirts, but he just laughs it off.



44.4

back off 2 speak out 3 take back
 stay out of 5 patch up 3 base on
 stick up for

247

44.5 3 86 91 02 95 94

44.6

back off (2) stay out of
 back up (3) stick up for
 fall out (with) (3) lash out (at)
 back down

44.7

When Pete showed Martin the facts, Martin had to climb down and admit he was wrong.

② The manager laid into the players after they lost another match.

They had fallen out when they both applied for the same job.

Craig's parents finally caved in and bought him a games console.

Sorry, I'm not sure what you're getting at.

45

45.3

- Ed's become stronger.
- ② She has helped me manage my problems.
- Mathy is trying to recover from it.
- O Anna became happier.

45.4

- work through
- 🕗 crack up
- Settle down
- Iight up
- 🚯 burst out

45.5

Donny's face lit up when he saw the presents waiting for him on the table.
 Jack's a very private person, but he finally opened up and told me how he feels.
 When Linda feels stressed, she listens to music to help her calm down.

The children burst out laughing when the clown pretended to fall over.

45.6

I've been checking up on Andrei every day since he lost his job.

Craig had had a bad day at work, but watching a funny movie cheered him up.
Hiro's jokes are hilarious. He really cracks

me up.

Wana was upset, but she brightened up when I bought her tickets to a concert.

45.7

Sophie needs to lighten up. She's still studying even though it's her

birthday today.

I really feel for Kim. She's been so upset since her cat went missing.

1 Kathy is finally moving on after her

breakup with Jamal last year.

Petra's been sulking for days. I wish she'd snap out of it.

46

46.2

My husband tenses up whenever I try to talk about money with him.

This song is so moving. It always sets me off.

Troy freaked out when he noticed the enormous spider climbing up the wall.

Clare flew into a rage when her computer crashed and lost all her work.

Stop taking it out on me. It's not my fault the weather is awful.

My grandchildren love to wind me up.

They're always playing tricks on me.

46.3

- Sadie's anger about her boss's rude
- behavior had been building up.

Tarnal and Sam choked up when the hero died at the end of the movie.

When Lisa walked onto the stage she froze up. She couldn't say anything!

He eventually broke down and admitted that he was really upset.

My manager blew up when I told him that I'd left my work laptop on the train.

46.4

Bella welled up when Pete asked her to marry him.

It eventually spilled over, and Sadie told her how she felt.

Chris had been bottling up his

emotions for a long time.

Work has been weighing on me a

lot recently.

S Clare flew into a rage when her computer crashed and lost all her work.

46.5

- get down
- 2 wind up
- 🚯 break down
- O blow up



47.2

Sonia opted out of the boat trip. She always gets sea sick.

Wasmin has been toying with the idea of getting her hair cut short.

The workers wanted a 5% pay raise, but settled for 3%.

Shona regrets her decision to quit, but she's going to have to live with it.

S After a lot of thought, Rob went **for** the fish instead of the steak.

47.3

- decide on
- Ø factor in
- I mull over
- O pick out
- opt outlean toward

47.4

weigh up
 narrow down
 pick out
 sleep on
 lean toward

47.5

Moving to New Zealand next year hinges on us saving enough money.

② Can you tell us how you settled on a winner?

- Isa found it hard to choose a dress, but
- eventually decided on the red one.

Stephen is banking on this new recipe to impress his guests.



48.2 (A 3 (B 5 (G 1 (D 4 (B 2

48.3

I was relying on Selma to bring candles for the cake, but she let me down.

I'll never live down the time I dropped Erin's birthday cake in the middle of her party.

S Coralie's graph didn't make sense, so she looked through the data again to see where she'd **slipped up**.

When Chris got home from work, he realized that he had mixed his bag up with Simon's.

The spelling mistake in Juanita's homework jumped out at me.



After the leak in the room above, it looked like the ceiling might fall in.

② The dog knocked over the plant pot as it chased the cat.

Jorge took the old clock apart to fix it.
When I got home, I found that the dog had torn a cushion apart.

49.5

A 3 B 1 G 4 D 6 B 2 B 5

49.6

- 🌒 smash up
- 🕗 wear out
- Bang into
- Itrip over
- 🚯 fall in
- 🕜 break off

49.7

- I banged into the door while leaving the house.
- Olin accidentally drove into a tree and smashed up his van.
- Or a state of the state of t
- The old book came apart in the librarian's hands.
- I the drain was clogged up with old leaves, so I had to unblock it.
- Sanjay's old car is **falling apart**. He's had it since he was a teenager.
- The old manor house Andrei wants to buy looks as if it's about to fall down.

50

50.2

A 5 B 1 G 6 D 4 B 2 B 3 G 8 B 7

50.3

- Whenever Gitanjali has a problem, she goes to her grandmother for advice.
 While climbing the mountain, we had to
- deal with strong winds and heavy rain. (3) The proposals for a new highway have
- encountered a lot of local opposition.
- One of the pipes was leaking, so we asked a plumber to fix it.
- Writing your thesis is easier if you separate it into small sections.

It's taken me all evening to find out how to turn on this new television.

50.4

SEPARABLE: break down thrash out brush aside think through

INSEPARABLE: turn to come up against crop up get around

50.5

turn out
 think through
 sort out
 clear up
 brush aside
 thrash out
 check out

51

51.3

I didn't mean to tell the team that it was your birthday. It just slipped out.

The movie star tried to hush up the fact that she had a new boyfriend.

Iessica has been keeping the name of her new boyfriend from me.

 I was bowled over when Nadia announced that she had been accepted into dance school.
 Mollie crept up on her grandfather while he slept in the garden.

51.4

Clara can't believe she passed her exams.
 It's going to take a while for it to sink in.
 People have woken up to the fact that we need to look after the environment.

 I was shopping at the antiques market when I stumbled upon a valuable necklace.
 My best friend sprang it on me last night

that she's moving to Canada.

I was taken aback when Tia and Juan told me they were getting married.

51.5

play along
 bump into
 cotton onto
 give away

51.6

 I stumbled upon a valuable necklace at the antiques market.

Isssica has been keeping the name of her new boyfriend from me.

Mollie crept up on her grandfather while he slept in the garden.

We were all eating our dinner when the dog burst into the room.



52.4

- be removed
- 2 appear (on screen)
- I do something to solve a problem
- 4 have an opinion of something
- 🚯 go toward a place
- 🔞 escape with something
- 🕖 abolish, no longer need or use

52.5 (A 6 (B 5 (C 1 (D 3 (B 2 (D 4

52.6

Riva was disappointed with her wedding cake, and insisted it be done over.

With hot weather expected, thousands of tourists made for the coast.

Lots of talented people make up our circus's team of acrobats.

O Natsuo came across the room to speak to us.

- Interpretation of the second secon
- to **do about** the litter problem.
- Luanne struggled to make out what the train conductor was saying.
- No matter how much we clean it, this graffiti won't come off the wall.

52.7

 Hetty's career as a musician came about after a producer saw her performing.
 Derek sat down in front of the TV when the ten o'clock news came on.

3 Luanne struggled to **make out** what the train conductor was saying.

 When I tried to log in, a message came up saying that my account had been blocked.
 Lots of talented people make up our circus's team of acrobats.



53.3

 Cheryl's dog keeps getting over the fence into the neighbor's backyard.
 Harry burned the dinner and set off the smoke detector. S As Martin walked home late at night, fear began to set in.

It's almost eleven o'clock. We should get down to work.

Mary set out all her qualifications and experience in her resume.

Lee's speed sets him apart from the other players in the tournament.

53.4

SEPARABLE: set back set on get across get together

INSEPARABLE: get around get up (from) get to set in

53.5

set on 2 get to 3 set back
 get back at 3 get across
 get together 9 set up

53.6

Lee got his fishing rod out of the garage and carried it to his car

The security guard threatened to set his dog on us if we didn't leave immediately

3 Can you help me get the shopping in, please?

Before accusing Simon, the police had to get their facts together.

S As soon as we got to the ski resort, we went straight to the slopes.

54

54.2

My daughter attends ballet classes every Saturday morning.

There's something happening next door.
 I can hear loud music.

James reviewed the company's accounts to check for mistakes.

Help yourself to some cakes. There are enough for everyone.

Malachai experienced a period of unhappiness after his dog died.

6 After I got back from the dentist, it took a couple of hours for the pain

to disappear.

54.3 A 5 B 1 C 2 D 6 C 4 C 3 C 8 C 7

54.4

Michelle and I go back years. I've known her since kindergarten.

Ø My new trainer is called Zachariah, though he usually goes by Zac.

Buying water in plastic bottles goes against my principles.

As soon as I realized Orla had forgotten her bag, I went after her.

The children watched the hot-air balloon slowly go up into the air.

54.5

Parents often have to go without sleep when they have a new baby.

Help yourself to some cakes. There are enough to go around.

Kelly's decided to go for the job at the software company. It's very well paid.
 Rob and I sat on the beach watching the

sun **go** down. ③ A team of firefighters went **into** the

burning building.

③ All the money we make today will go toward funding the new school library.

DEven though it was a cloudy day, Ramon decided to go **ahead** with the picnic.



55.4

Cassie followed the instructions carefully

to put her new wardrobe together.
① The waste collectors came to take away

the bags of trash.

Martha played the violin as a child, but gave it up when she left school.

The police stopped the criminal, and took the stolen money from him.

S Liam finished decorating the cake and put it on a stand.

55.5

The café on the high street is giving out

samples of their new range of cookies. Denise took a jar **down** from the shelf to give her dog a biscuit.

Angela is upset about her divorce, but

she's trying to put it behind her.

G Seeing the black clouds, Tim went outside to take the washing in. My son had been asking for an ice cream all day. I finally gave in and bought him one.

55.6

 The fitness instructor put the class through a tough training program.
 Scarlett had to put up with busy trains every day on her way to work.

Angela is upset about her divorce, but she's trying to put it behind her.

Amara took her mother aside to tell her that she was pregnant.

Intersection of the street of the street

out free samples of their new cakes. Bliza has really taken to golf. She never thought she'd like it.

Jim's mother asked him to take

his younger brother along to the skate park.

55.7

Denise took a jar down from the shelf to give her dog a biscuit.

Angela is upset about her divorce, but she's trying to put it behind her.

Seeing the black clouds, Tim went outside to take the washing in.

Eliza has really taken to golf. She never thought she'd like it.

G Amara took her mother aside to tell her that she was pregnant.



56.2

fire away ② come in ③ bring it on ③ go ahead

56.3

go away
look out
go ahead
fire away
bring it on
get out

🕖 come on \, 🔕 come in

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drag into 44.2 drag on 15.1 drag out 15.1 draw on 23.1 draw out 15.1 see also drawn-out R6 draw up 24.1 drawn-out R6 dress up (as) 6.1 drift apart 3.1 drink to 30.2 drink up 30.2 drive off 9.2 drone on 36.1 drop back 19.1 drop in 4.1 drop off 8.4, 9.1 drop out 21.1 drown out 36.1 drum up 24.1 dumb down 40.1

Е

ease off 11.1 eat in 30.1 eat into 15.1 eat out 30.1 eat up 30.1 egg on 42.1 email back 38.3 end up 17.1, 35.1 enter into 24.1 even out 25.1 expand on 40.1 explain away 41.2

F

face up to 7.1 factor in 47.1 fade away 34.3 fade in 34.3 fall apart 46.1, 49.3 fall back on 23.1 fall behind 19.1, 20.1 fall down 49.3 fall for 3.2, 41.2 fall in 49.3 fall off 49.3 fall out 44.3, 49.3 see also falling-out R5 fall over 49.3 fall through 24.1 falling-out R5 farm out (to) 24.1 feed on 34.2 feel for 45.2 feel up to 32.1 fight back 43.1 figure out 50.1 fill in 37.1, 40.1 fill up 29.1 filter out 34.3 find out 41.1 finish off 29.2 finish with (UK) 3.2 fire away 56.1 firm up 17.1 fish out 29.1 fit in 1.1, 15.1 fizzle out 3.2 flare up 32.1 flick through 37.2 flood back 16.2 flood in 1.1 fly into 46.1 focus on 20.1 fold up 6.1 follow up (on) 38.2 follow-up R6 fork out (for) 14.1 freak out 46.1 free up 15.1 freeze over 11.1 freeze up 46.1 freshen up 8.1 frown on 43.1 fuss over 1.1

G

gang up (on) **1.1** gather up **1.2** get across **53.1** get ahead (at) **23.1** get around 35.1, 50.1, 53.1 get around to 17.1 get at 44.1 get away 13.1, 35.1 getaway R5, R6 get away with 21.2 get back (from) 1.2, 35.1 get back at 53.1 get back into 31.1 get back to 38.2 get back together 3.2 get behind 39.1 get by 14.1 get down 19.1, 46.1, 53.1 get down to 53.1 get in 8.1, 9.1, 53.1 get in on 26.3 get into 23.1, 31.1 get off 9.1, 22.1 get on 2.1, 9.1, 15.1 get on with 8.3 get out 9.1, 53.1, 56.1 get out of 17.2, 31.1 get over 32.1, 45.2, 53.1 get over with 53.1 get through (to) 33.1, 38.1 get to 46.1, 53.1 get together 5.1, 53.1 get-together R5 get up 8.1, 53.1 give away 51.1, 55.3 giveaway R5 give in 55.3 give out 55.3 give up 26.2, 55.3 gloss over 41.2 go about 54.1 go after 54.1 go against 54.1 go ahead 54.1, 56.1 go-ahead R5 go along 54.1 go along with 43.1 go around **32.1**, **54.1** go away 54.1, 56.1 go back 16.3, 35.1, 54.1 go back on 17.2 go back over 40.1

go back to 23.1 go by 15.1, 54.1 see also bygone R6 go down 12.1, 32.1, 54.1 go for 47.1, 54.1 go forward 16.3 go in(to) 54.1 go into 23.1 go off 3.1, 8.1, 27.3, 30.1, 35.1 go on 54.1 see also ongoing R6 go out 3.2, 5.1, 27.3, 54.1 see also outgoing R6 go over 54.1 go through 19.1, 54.1 go through with 17.1 go to 54.1 go together 30.1 go toward 54.1 go under 24.1 go up 54.1 go with 6.1 go without 54.1 goof off (US) 21.2 grow into 6.1 grow out of 2.1, 6.1 grow up 2.1

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hack into 12.1 hammer out 17.1 hand in (to) 21.1 hand out (to) 21.1 hand over 13.1 hang on 15.2 hang out 5.1, 28.1 hang over 50.1 hang up 6.1, 38.1 have (something) against 43.1 have off 22.3 have over 4.1 head for 35.1 head off (to) 5.2, 8.1 head up 23.1 heal up (UK) 32.1 hear about 18.1 hear from 3.1

hear out **18.1** heat up **29.1** hinge on **47.1** hire out (UK) **5.1** hit out at **43.1** hold up **15.2** hurry up **15.1** hush up **51.1**

impact on **7.1** improve on **7.2** incoming **R6** input **R5** intake **R5** invite along (to) **4.1** invite in **4.1** invite over **4.2** iron out **43.2**

join in **33.1** jot down **37.1** jump out (at) **48.1**

К

keep at **31.1** keep from **33.1, 51.1** keep up (with) **20.1, 33.1** kick back **31.2** kickoff **R5** knock down **10.1** knockdown **R6** knock out (of) **33.1** knock over **49.1** knuckle down **22.3**

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land in **48.1** lash out (at) **44.1** laugh off **43.2** launch into **36.1** lay into **44.1** lay off **24.1** lay out 20.2 laze about 31.2 lead to 7.1 lead up to 16.1 lean toward 47.1 leave behind 48.1 leave on 27.3 leave out 29.2 leftover R6 let down 48.1 letdown **R5** let in 2.2 let off (with) 21.2 let on 41.1 let out 2.2 6.1 let up 11.1 level out 25.1 level with 41.1 lie ahead 16.1 lie around 31.2 lie down 8.2 lift up 19.1 see also uplifting R6 light up 45.1 lighten up 45.1 line up 10.1 listen in (on) 18.1 listen out for 18.1 listen to 18.1 listen up 18.1 live down 48.1 live for 31.1 live off 14.1 live on 14.1 live up to 7.2 live with 2.1, 47.1 liven up 5.1 lock away 27.1 lock in 27.1 lock out 27.1 log in(to) 12.1 log out (of) 12.1 look after 2.1 look ahead 17.1 look around 10.1 look at 18.3 look away 18.3 look back (on) 16.2

look down on 1.1 look for 18.3 look forward to 16.1 look into 18.3, 20.1 look on 18.3 look out 56.1 look out for 18.3 look out over 18.3 look over 18.3 look over 18.3 look up 20.1 look up 20.1 look up to 1.1 loosen up 31.2 lose out (to) 26.2

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made-up R6 major in (US) 20.1 make for 37.2, 52.2 make into 34.1 make of **52.2** make off with 52.2 make out 41.2, 52.2 make up 41.2, 44.3, 52.2 see also made-up R6 make up for 43.2 mark down 20.2 measure out 29.1 measure up (to) 7.2 meet up (with) 22.2 mess around 21.2, 41.2 mess up 49.1 mill around 5.1 miss out 48.1 mist over 46.1 mix in 29.1 mix up (with) 48.1 mix-up R5 mock up 34.1 mop up 28.1 mount up 25.1 mouth off 36.1 move along 19.1 move away 27.2 move in(to) 27.2 move on 20.2, 45.2 move out (of) 27.2

muddle through **26.1** mull over **47.1** multiply by **25.2**

Ν

name after 2.1 narrow down 47.1 nod off 8.4 not agree with 30.1 not stand for 21.2 note down 37.1

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object to **43.1** occur to **39.2** off-putting **R6** open up **24.1, 45.2** opt out **47.1** outdated **R6** outspoken **R6** outspoken **R6** outstanding **R6** outstretched **R6** outstretched **R6** outset **R5** own up (to) **41.1**

Р

pack in 35.1 pack into 1.1 pack up 21.1 pan out 16.1 part with 1.2 pass away 32.1 pass by 35.1 pass on 32.1, 38.2 pass out 32.1 patch up 44.3 pay back 14.1 pay for 10.1 pay in(to) 14.1 pay off 14.1 26.1 pay up 14.1 pencil in 22.2 perk up 45.1

phase in **12.3** phase out **12.3** phone around **38.1** pick out **47.1** pick up **9.1**, **10.1**, **11.1**, **28.1**, **31.1**, **38.1**

pile up 22.3 pin down 17.1 pitch in 28.1 plan ahead 17.1 play along 51.2 play down 41.2 play up (UK) 21.2 plug away (at) 22.3 plug in(to) 27.3 point out 40.1 polish off 30.1 pop in (UK) 4.1 pore over 37.2 potter about 8.2 pour down 11.1 pour in 29.2 press on 19.1 print out 12.2 printout R5 profit from 24.1 pull in(to) 9.2 pull off 26.1 pull out (of) 9.2 pull over 9.2, 13.1 pull through 32.1 pull together 2.1 pull up 9.2, 28.2 pull up on (UK) 43.1 push back 16.3, 43.1 put across 40.1 put away 28.2 put back 28.1 put behind 55.1 put down 55.1 put down to 26.3 put forward 39.1 put in 2.2 see also input R5 put off 23.1, 55.1 see also off-putting R6 put on 6.1, 27.3, 41.2, 55.1 put onto 42.1

put out **55.1** put through **38.1**, **55.1** put to **39.1** put together **55.1** put up **28.1**, **35.1** put up to **42.1** put up with **55.1**

R

ramble on 36.1 rank among 33.1 reach out (to) 38.3 read out 37.2 read through 37.2 read up on 37.2 reason with 42.1 reflect on 39.3 remind of 16.2 result in 7.1 ride on 26.3 rise above 43.2 roll in **11.1** roll out 12.3 root for 42.1 round down (to) 25.1 round up (to) 25.1 rub (it) in 48.1 rule out 39.1 run away 2.2 rundown R6 run for 13.2 run into 14.1. 26.2 run out (of) 15.1, 30.1 run up 14.1 run with 39.1

S

sail through 26.1 save up 14.1 scrape by 26.1 screw up 26.2 scribble down 37.1 scroll down (to) 12.2 scroll up (to) 12.2 see through 41.1 seize up 32.1 sell off 24.1 sell out (of) 10.1 sell up 24.1 send back 10.1 send off 33.1. 38.3 send out (to) 38.3 serve up 30.1 set about (UK) 8.3 set apart (from) 53.2 set aside 29.2 set back 53.2 setback **R5** set in 53.2 set off 35.1, 46.1, 53.2 set on 53.2 set out 23.1, 35.1, 53.2 set up 3.2, 12.1, 53.2 settle down 2.1, 45.2 settle for 47.1 settle in(to) 27.2 settle on 47.1 settle up (with) 14.1 shake off 32.1 share out 30.1 shine through 45.1 shoot down 43.1 shoot off (UK) 5.2 shoot up 25.1 shop around 10.1 show around 4.1 show off (to) 6.1 show out 4.1 shrug off 43.2 shut down 12.1 shut up 36.1 side with 43.1 sign off on 24.1 sign up (for) 33.1 sink in 51.2 sit around 31.2 sit down 8.2 size up 33.1 slack off 22.3 sleep in 8.4 sleep off 8.4 sleep on 47.1 sleep over 8.4 sleepover R5

sleep through 8.4 slip out 5.2 51.1 slip up 48.1 slog away (at) 22.3 slow down 9.1 smash up 49.2 smell of 18.2 smooth over (with) 44.3 snap out of 45.2 snap up 10.1 sniff around 18.2 snoop around 4.1 soak up 35.1 soldier on 22.1 sort out 50.1 speak out 44.1 see also outspoken R6 speak up 38.1 speed up 9.1 spell out 40.1 spill out (of) 1.1 spill over 46.1 splash out (on) 10.1 spring on 51.2 spur on 42.1 spy on 18.3 stack up 25.1 stamp out 13.1 stand by 3.1 stand down 23.1 stand for 37.2 stand up 19.1 stand up to 43.1 start off 11.1 start out 31.1 start over (US) 20.1 start up 24.1 stay in 5.1 stay out 5.1 stay out of 44.2 stay over 4.2 stay up 8.3 stick around 4.1 stick at 31.1 stick by 3.1 stick together 3.1 stick up for 44.2 stick with 23.1

stink out 18.2 stir up 16.2 stock up (on) 10.1 stop off 4.1 stop over 35.1 stopover **R5** storm out (of) 5.2 stressed-out **R6** stretch out 33.2 see also outstretched R6 strike up 36.1 string along 41.2 stumble upon 51.2 sum up 20.2 suss out (UK) 41.1 sweep up 28.1 swell up 32.1 swing by 4.1 swot up on (UK) 20.1

Τ

tag along 5.1 tail off 36.1 take aback 51.2 take after 2.1 take along (to) 55.2 take apart 49.2 take aside 55.2 take away 25.2, 30.1, 55.2 see also takeaway (UK) R5 take back 10.1, 16.2, 44.3, 55.2 take in 6.1. 51.2. 55.2 see also intake R5 take off 5.2, 6.1, 9.1, 22.1, 55.2 take on 24.1 take out 3.2, 14.1, 21.1, 28.1 see also takeout (US) R5 take out on 46.1 take over 23.1 take to 55.2 take up 15.1, 31.1, 55.2 talk at 36.1 talk down to 36.1 talk into 36.1 talk out of 36.1 talk over 22.2. 36.1 talk round (UK) 36.1

talk through 36.1 taste of 18.2 tear apart 49.2 tear away (from) 5.2 tear up 49.2 tell apart 2.1 tell from 13.1 tell off 21.2 tense up 46.1 text back 38.3 think ahead 17.1 think back (to) 16.2 think of 39.3 think over 39.3 think through 39.3, 50.1 think up 39.3 thrash out 50.1 throw away 28.1, 31.1 throw on 6.1 throw (oneself) into 23.1 throw out 17.1, 39.1 throw together 17.1 throw up 32.1 tidy up (UK) 28.1 tie up 6.1 time out 15.1 tip off 13.1 tired out R6 tone down 36.1 top up 30.2 touch down 9.1 touch on 39.1 toughen up 45.2 toy with 47.1 track down 13.1 trip over 49.1 try on 10.1 try out 10.1 tune in(to) 34.2 turn around 19.1, 33.1 turn away 5.2, 19.1 turn back 9.2 turn back into 16.3 turn down 27.3 turn in 8.4 turn into 16.3 turn off 9.2. 27.3 turn on 1.1, 27.3

turn onto **9.2** turn out **50.1** turn over **24.1** turn to **13.1, 21.1, 45.2, 50.1** turn up **1.2, 4.1, 27.3** type in **12.2** type out **12.2** type up **37.1**

U

upcoming **R6** uplifting **R6** urge on **42.1**

vote for **13.2**

vote on **13.2**

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wait around (for) 15.2 wait for 15.2 wait up 2.1 wake up 8.1 wake up to 51.2 walk around 19.2 walk in(to) 19.2 walk into 23.1 walk off 19.2 walk out (of) 19.2 walk over 19.2 warm down 33.2 warm to 2.2 warm up 11.1, 33.2 wash down 30.2 wash up (UK) 28.1 watch out (for) 13.1 watch over 1.1 water down 44.3 wear down 1.1 wear off 32.1 wear out 33.2, 49.2 see also worn-out R6 weasel out of 17.2 weigh in (on) 44.1 weigh on 46.1

weigh up **47.1** well up **46.1** while away **15.1** whip up **29.1** win back **3.2** win out **26.1** win over **42.1** wind down **23.1**, **31.2** wind up **46.1** wipe down **28.1** wipe off **14.1**, **21.1** wipe out **33.2** wolf down **30.1** work around **50.1** work off **33.2** work on **21.1** work out **20.1**, **26.1**, **33.2** workout **R5** work through **20.1**, **45.2** work toward **31.1** worn-out **R6** wrap up **6.1** wriggle out of **17.2** write back **38.3** write down **37.1** write in **37.1** write off **24.1** write out **37.1** write up **37.1**

Z zip up 6.1 zoom in 12.2 zoom out 12.2

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